Physical Education

Vision: Our vision is to build the foundations for a lifelong love of sport, physical activity and a an awareness of a healthy lifestyle. We will improve the physical, social, emotional and thinking skills of the pupils in at Hollybrook Schools.

Intent: We aim to:

- Provide a broad and balanced curriculum with opportunities for *all* to be enjoyed.
- Encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills.
- Ensure that all pupils develop the fundamental skills and competence to excel in a wide range of physical activities.
- Educate children on the importance of physical education on their health and wellbeing.

Implementation: How will we achieve our aims?

Our P.E lessons are taught through Get Set 4 P.E. At The Hollybrook Schools P.E is broken down into concepts that run through and between all year groups. The children are taught the vocabulary, substantive knowledge and disciplinary knowledge for each concept. There is a clear progression for each concept that outlines what children will be taught in each year group. The children are offered opportunities for multi-sports competitions with local schools and as they progress through the school can become sports leaders.

What do Hollybrook pupils learn in P.E? (Disciplinary Knowledge)

Physical Attributes	Tactical Application	Teamwork	Emotional Responses
			