

YEAR A	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
EYFS	Gymnastics 'Fun gym shapes'	Dance 'On Parade'	Multi-skills 'Fundamentals 1'	Gymnastics 'Move and Hold'	Mayday/ Country Dance Dance Dance 'Toys'	Multi-skills 'Fundamentals 2' Games 'Sports Day preparation'
Year 1 & 2 (Y1 cycle)	Gymnastics 'Jumping Jacks Shapes'	Dance 'Moving Words'	Dance 'Weather'		Mayday/Country Dance Multi-skills 'Fundamentals 2'	
	Multi-skills 'Fundamentals 1'		Gymnastics 'Rock and Roll'		Fundamentals 'Unit 3'	Sports Day preparation
Year 3 & 4 (Y3 cycle)	OAA 'Co-op, comm's & consideration'	Games Ball Handling Y4 Swimming	Gymnastics 'Hand Apparatus'	Dance 'Machines'	Games - Striking and Fielding - Cricket	
	Gymnastics 'Patterns & Pathways'	Dance 'Solar System'	Games 'Invasion Games'	Athletics Challenges	Mayday/Country Dance	Games - Sports Day preparation
Year 5 & 6 (Y5 cycle)	Swimming (ALL)	Dance 'On the Beach' Swimming (non 25m)	Gymnastics 'Pair composition'	Dance 'Dance Styles'	Mayday/ Country Dance Games- Striking and Fielding - Cricket	
	Gymnastics 'Press and Go'	Games 'Invasion Games – Football'	Games 'Invasion Games – Netball'		Athletics Heptathlon	Games Sports Day preparation

YEAR B	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
EYFS	Gymnastics 'Fun gym shapes'	Dance 'On Parade'	Multi-skills 'Fundamentals 1'	Gymnastics 'Move and Hold'	Mayday/ Country Dance Dance 'Toys'	Multi-skills 'Fundamentals 2' Games Sports Day preparation
Year 1 & 2 (Y2 cycle)	Dance 'Great Fire of London'	Gymnastics 'Points of Contact'	Dance 'Magical Friendships'		Mayday/ Country Dance Games 'Fundamentals 2'	
	Games 'Fundamentals 1'		Gymnastics 'Ball, Tall and Wall'		Games 'Fundamentals 3'	OAA 'Trails, Trust and Teamwork' Games Sports Day preparation
Year 3 & 4 (Y4 cycle)	Gymnastics 'Principles of Balance'	Dance 'Rugby The Haka'	Gymnastics 'Rotation'	Dance 'Cold Places'	Games - Sports Day preparation	
	Invasion Games 'Ball on the ground'	Invasion Games 'Ball on the ground' Y4 Swimming	Games 'Net/Wall Games'	Games - Striking and Fielding – Rounders	Mayday/ Country Dance	Athletics Pentathlon
Year 5 & 6 (Y6 cycle)	Swimming (ALL)	Games Invasion Games – Tag Rugby Swimming (non 25m)	Gymnastics 'Group Work'	Dance 'Why Bully Me?'	Mayday/ Country Dance OAA - 'Co-op, comm's & consideration'	
	Gymnastics 'Body Symmetry'	Dance 'Match of the Day'	Games Invasion Games - Hockey	Striking and Fielding - Rounders	Athletics Decathlon Games Sports Day preparation	

