



PE POLICY

“We are Small but Mighty” – Holme mission

“To know. To Learn. To Lead.” – DEMAT mission



INTENT

At Holme C of E Primary School, we aim to develop a fun, high-quality physical education curriculum that inspires all pupils to succeed and excel individual's abilities in competitive sports and other physically-demanding activities. We will provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Our children will have opportunities to compete in sport and other activities that build character and help to embed values such as fairness and respect. PE at Holme is an imperative element of the curriculum, which develops a need for healthy life styles, a balanced diet, positive growth mind-set and the resilience to persevere with activities. The children have an opportunity to develop fundamental skills throughout the whole of their Primary PE journey. We are passionate about the need to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values.

FUNDING

Schools receive PE and sport premium funding based on the number of pupils in years 1 to 6. This funding must be used to make additional and sustainable improvements to the quality of PE and sport we offer.

We use the premium to:

- Develop or add to the PE and sport activities that we already offer;
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.

There are 5 key indicators that we should expect to see improvement across: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school;

- The profile of PE and sport is raised across the school as a tool for whole-school improvement;
- Increased confidence, knowledge and skills of all staff in teaching PE and sport;
- Engagement of all pupils in regular physical activity.

- Broader experience of a range of sports and activities offered to all pupils;
- Increased participation in competitive sport.

As part of the funding criteria we are required to publish details (on our website) of how we plan to spend the monies and a review of the impact on pupil outcomes.

IMPLEMENTATION

PE at Holme is taught by a combination of class teachers, PE specialists and qualified sports coaches. Children have equal opportunities to take part in a range of sports and physical activities within a supportive environment where effort as well as success is recognised. Children are encouraged to participate in exercise through-out the day during PE lessons, clubs, outdoor learning, lunch provision and special events. We also teach the children about the relevance of sport, fitness and exercise so they see the benefits of these in everyday life.

As a school we use the PE Cambridgeshire Scheme, to support our delivery of PE and teachers will make adaptations to suit the needs of their classes and individual children. The areas of physical activity (games, gymnastics, dance, athletics, swimming and outdoor activities) are set out in the Foundation Stage Curriculum and National Curriculum 2014. The PE curriculum at Holme Primary Academy is based on these requirements and is detailed on the 2 yearly planner. This Long term plan will ensure continuity and progression through school in order to continue to improve standards in PE.

Swimming will be available to Y4, 5 and 6 every year. This will enable all children at our school to have 5 half terms to achieve the National Curriculum standards for swimming and water safety.

RESOURCES

Resources for PE will be regularly checked and audited by the subject leader. It is everyone's responsibility to ensure resources are kept in a safe and tidy manner.

Teachers and coaches should ensure the correct use of equipment for the correct age and area of use (hall, field, playground).

Most resources will be stored in the indoor PE cupboard and it will be clearly labelled as to what they are and where they should be kept. Further resources, will be kept in the outdoor playground shed.

TIME ALLOCATION

EYFS	1 hour taught plus physical development activities within enhanced provision.
YEAR 1/2	2 hours taught

YEAR 3/4	2 hours taught
YEAR 5/6	2 hours taught

LUNCHTIMES

Lunchtimes will be fun, engaging and promote physical activity. Sports coaches and play leaders will lead sports and activities throughout lunchtimes. These will be varied and include team games, dance activities, competitions such as races, playground games and more.

ROLE OF THE SUBJECT LEAD

With the Head teacher, to share a role in the monitoring and evaluation of the PE curriculum throughout the school.

- To encourage other members of staff in their teaching of PE and to give support where appropriate.
- To encourage staff to work within the guidelines laid down in the PE policy.
- To keep up to date with current good practice and with national changes within the PE curriculum.
- To evaluate and update the Policy and Scheme and resources on a regular basis.
- To assist the Head teacher and Governors in the development of the School Improvement Plan.
- To manage a budget to purchase in line with the school's needs.
- To support members of staff in the use of effective planning, assessment and recording systems.
- To oversee an annual inspection of all PE equipment.
- To maintain a high standard of PE teaching in his/her own classroom and ensure that PE keeps a high profile within the school, through sports activities, external support, etc.

MONITORING AND EVALUATING PE

Summative and formative assessment in PE is carried out by class teachers:

- Informally during the course of teaching through observation.
- Throughout the unit, teachers should record assessment notes on their foundation grids, this will inform the following week's planning and help to make overall attainment judgements.
- Coaches and teachers will make assessment judgements together for units taught together.

ACCESSIBILITY and EQUALITY

In accordance with the school's Inclusion Policy, PE activities are differentiated to meet the needs of each pupil. Activities will be adapted to meet the needs of higher attainers, children with Special Educational Needs and Disability.

Teachers will ensure that all pupils have fair access to the PE curriculum, regardless of gender, race, or ability, in accordance with the school's Equality Policy.

HEALTH AND SAFETY

Everyone has a duty under health & safety guidelines to ensure PE activities are carried out with due regard to the safety of staff and pupils in line with school, Local Authority and Health & Safety Policies. Advice can be sought from the Local Authority's adviser, or the staff members responsible for Health & Safety. Reference should be made to the school's Risk Assessments. All staff have a copy of the Health and Safety Policy in school documentation file.

- Staff should carry out risk assessments with the children at the start of all PE lessons.
- All equipment, apparatus and environment should be checked before the start of every lesson by teacher and is the responsibility of the teacher
- Children should be given health and safety guidance through the lesson
- All jewellery should be removed and stored safely before each lesson
- If children wear stud earrings they should be taken out by the child. If this is not possible, the child should be given tape to cover their earrings. Children must place and remove the tape independently
- All long hair should be tied back
- School PE Kit should be worn for each lesson
- Children should not engage in physical activity without correct kit
- For indoor PE children should walk to the hall with suitable footwear on (pumps/trainers or school shoes)
- For gymnastics when the apparatus is being used, suitable footwear should be worn (pumps or barefoot only)
- All children with verrucas should wear pumps
- Children who do not have a PE kit will take part in the lesson as an observer rather than a participator. Parents will be informed after two consecutive occasions of no PE kit.
- Children will come to school in their PE kits.

When travelling to sporting activity, the appropriate risk assessments are completed and the following issues addressed:

- All children wear seat belts
- All supervising adults to be aware of risk implications
- All supervising adults that attend swimming to hold a current DBS
- All transporting adults to be fully insured
- Parent permission for taking children out of school obtained
- Parent permission for children to be transported by other parents
- After school competitions children to be transported by their parents or a responsible adult who the child's parents have given permission, if school are not providing transport. School to

be informed. Safe-practice standards are consistently applied by staff, students and other visitors, across all aspects of the school.

OUT OF SCHOOL PROVISION

Depending on the time of the year, Holme Primary Academy provides opportunities for children in wide variety of areas. These after school clubs are updated and changing according to the interests of the children. After school clubs are available for children to attend from Reception to Year 6 and if required there is a subsidiary available where finance may be an issue. All sports clubs are open to both girls and boys and are delivered by qualified coaches or teachers who deliver high quality sessions. The provision of Out of School Hours sports clubs is reviewed annually and registers are kept to ensure opportunities are provided for all children.

Policy updates by – Charlene Ferrara - September 2023

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