

Holme Community School – Long Term Curriculum Planning

Curriculum Overview for PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1&2 (Cycle A)	Bounce Ball & Fundamental Skills (Baseline – Lost & Found)	Dance & Fundamental Skills (Moving along & rolling a ball)	Gymnastics & Tri Throlf	Fundamental Skills & Zog (Underarm throw)	Athletics & Net and Wall Games	Fundamental Skills & Striking and Felding (Catching and Bouncing a Ball)
Year 1&2 (Cycle B)	Fundamental Skills (Baseline – Supertato & Kicking)	Dance & Playground Games (Explorers & 20 th century playground games)	Gymnastics & Fundamental Skills (Catching and bouncing a ball)	Net and Wall Games & Fundamental Skills (Overarm Throw)	Athletics & Piggy in the Middle	Outdoor and Adventurous Activities & Striking and Fielding (Orienteering)
Year 3&4 (Cycle A)	Invasion Games (Rugby & Netball)	Creative Games & Dance (Tag and Target & Rock n Roll Dance)	Gymnastics & Swimming	Outdoor and Adventurous Activities & Swimming (Orienteering)	Dodgeball & Basketball	Striking and Fielding & Athletics (Rounders)
Year 3&4 (Cycle B)	Invasion Games (Basketball & Handball)	OAA & Dance (Teamwork and Problem-Solving & Sparks might fly)	Gymnastics & Swimming	Net and Wall Games & Swimming	Striking and Fielding & Dodgeball (Cricket)	Athletics & Striking and Fielding (Rounders)
Year 5&6 (Cycle A)	Invasion Games & Net and Wall Games (Rugby & Hockey)	Creative Games & Dance (Creating Invasion Games & Seaside Dance)	Gymnastics & Invasion Games (Netball)	Outdoor & Adventurous Activities & Tennis (Orienteering)	Athletics & Invasion Games (Badminton)	Striking and Fielding (Rounders & Cricket)
Year 5&6 (Cycle B)	Invasion Games (Badminton & Netball)	Dance & Teambuilding (Highwayman Dance & OAA Teambuilding)	Gymnastics & Orienteering	Invasion Games (Rugby & Creative Games)	Athletics & Net and Wall Games (Tennis & Athletics)	Striking and Fielding (Rounders & Cricket)