

Holme Community School – Long Term Curriculum Planning

Curriculum Overview for PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1&2 (Cycle A)	Bounce Ball & Fundamental Skills <small>(Baseline – Lost & Found)</small>	Dance & Fundamental Skills <small>(Moving along & rolling a ball)</small>	Gymnastics & Tri Throlf	Fundamental Skills & Zog <small>(Underarm throw)</small>	Athletics & Net and Wall Games	Fundamental Skills & Striking and Fielding <small>(Catching and Bouncing a Ball)</small>
Year 1&2 (Cycle B)	Fundamental Skills <small>(Baseline – Supertato & Kicking)</small>	Dance & Playground Games <small>(Explorers & 20th century playground games)</small>	Gymnastics & Fundamental Skills <small>(Catching and bouncing a ball)</small>	Net and Wall Games & Fundamental Skills <small>(Overarm Throw)</small>	Athletics & Piggy in the Middle	Outdoor and Adventurous Activities & Striking and Fielding <small>(Orienteering)</small>
Year 3&4 (Cycle A)	Invasion Games <small>(Rugby & Netball)</small>	Creative Games & Dance <small>(Tag and Target & Rock n Roll Dance)</small>	Gymnastics & Swimming	Outdoor and Adventurous Activities & Swimming <small>(Orienteering)</small>	Dodgeball & Basketball	Striking and Fielding & Athletics <small>(Rounders)</small>
Year 3&4 (Cycle B)	Invasion Games <small>(Basketball & Handball)</small>	OAA & Dance <small>(Teamwork and Problem-Solving & Sparks might fly)</small>	Gymnastics & Swimming	Net and Wall Games & Swimming	Striking and Fielding & Dodgeball <small>(Cricket)</small>	Athletics & Striking and Fielding <small>(Rounders)</small>
Year 5&6 (Cycle A)	Invasion Games & Net and Wall Games <small>(Rugby & Hockey)</small>	Creative Games & Dance <small>(Creating Invasion Games & Seaside Dance)</small>	Gymnastics & Invasion Games <small>(Netball)</small>	Outdoor & Adventurous Activities & Tennis <small>(Orienteering)</small>	Athletics & Invasion Games <small>(Badminton)</small>	Striking and Fielding <small>(Rounders & Cricket)</small>
Year 5&6 (Cycle B)	Invasion Games <small>(Badminton & Netball)</small>	Dance & Teambuilding <small>(Highwayman Dance & OAA Teambuilding)</small>	Gymnastics & Orienteering	Invasion Games <small>(Rugby & Creative Games)</small>	Athletics & Net and Wall Games <small>(Tennis & Athletics)</small>	Striking and Fielding <small>(Rounders & Cricket)</small>