# Year 7 - PGL Trip

# Departure and arrival

- Wednesday 9th March- 9am
- Friday 11<sup>th</sup> March 5pm

#### PGL Address

# •PGL Boreatton Park, Baschurch, Shrewsbury, Shropshire, SY4 2BA

•01939 260 551

# What do you need to bring with you?

#### CLOTHING

- 1 or 2 sets of clothes for the evening
- Suitable nightwear
- Underwear & socks
- Trousers or leggings but not jeans as they get heavy and cold when wet
- Fleeces/jumpers
- Long sleeved shirt/T-shirts
- T-shirts, tops and a waterproof jacket as your arms will need to be covered to do some activities.
- Your socks will need to cover your ankles to do some activities.
- Warm coat and hat and gloves.

# Lost Property

We recommend you write a list of what you pack to check before you come home.

If you do leave anything behind PGL will return lost items if found. (Please contact school)

Postage will be charged for returning lost items.

#### Footwear

- Two pairs of trainers and one pair of dry shoes
- One for activities and another for watersports (old)
- One pair of dry shoes for evening activities

## Other items

- 2 towels 1 for showering 1 old one for activities
- Reusable drinks bottle
- Small rucksack/bag (labelled with name)
- Bin bag for wet and dirty clothing
- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring aerosols)
- Sleeping bag or duvet and pillow

# DO NOT Bring

- Electrical devices (Mobile Phones)
- Computer games
- Jewellery/valuables
- Aerosols



- A packed lunch will be required for the first day.
- All food is catered for from the first evening.

# Dining and food

- Students will be able to choose from a variety of meals with a buffet to choose from
- All meals are freshly cooked, balanced and will give the students plenty of energy
- Selections include: Hot and Cold meals with vegetarian options, Homemade soup everyday, Self-service salad bar, Fresh fruit with every meal
- There is also support for fussy eaters!





#### Medical requirements

- Please note down all medical requirements throughout the trip.
- If any medication is to be administered, other than what we already have on record with school, please see me at the end.

# Boreatton Park - Shropshire



# The site





- All students will be staying in lodges that sleep 4-6 people
- Each room comes with its own bathroom

# Accommodation

## Sleeping arrangements

Each pupil has been given the opportunity to pair up with a friend.

Please see me at the end should you wish to discuss this.

# Activities

- Giant Swing
- Tunnel Trail
- Jacob's Ladder
- Sensory Trail
- Raft Building
- Abseiling
- Zip Wire
- Challenge Course
- Plus more...

# Activity Groups

- All pupils will be in random activity groups and not necessarily with all their friends.
- This is the purpose of the trip. It is a bonding retreat where they can forge relationships with peers beyond their friendship groups.

## Spending Money

- There is a shop on site to purchase souvenirs and sweets. However, all living expenses have been paid for.
- It is to your good judgement how much you give your child.

## Just like teachers...

- All PGL staff hold the Disclosure and Barring Service (DBS)
- Non UK residents are subject to the equivalent checks in their home country.
- Protecting Vulnerable Groups (PVG) Scheme in Scotland

# Can I contact my child while they are away?

- For many children, part of the learning experience is about being away from home, sometimes for the first time. We would ask parents to allow their children to settle in and enjoy the experience.
- In the case that you need to contact your child, please call or message the school mobile.

# Birthdays?

• Please let me know if there are any birthday celebrations during the stay?

# WIFI and signal.

- There is no WIFI on site for pupils.
- Signal, like everywhere in the UK, depends on many factors. Please do not rely on it.
- Teachers will connect to a limited WIFI throughout the day to check for messages.
- In emergencies when you can not get through directly, contact school or PGL (see slide three).

**Evening activities** 

CampfirePhoto challenge

## Expectations

- Excellent standards of behaviour are expected at all times.
- All requests made of pupils will be reasonable and fair and within the best interests of your child.
- Should behaviour fall below our fair expectations, you may be contacted to collect your child.

# Questions...

