



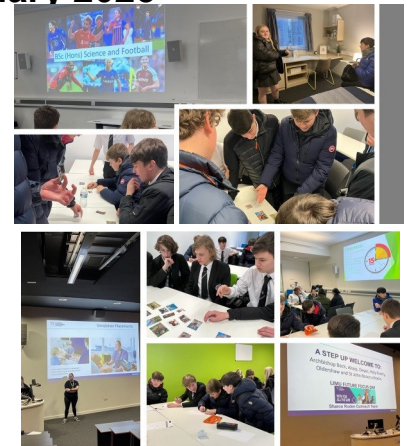
If any parents would like to volunteer to join a new Fundraising group please contact Sara Bailey, Clark to Governors ([clerktoadministrators@holyfamilyhighschool.co.uk](mailto:clerktoadministrators@holyfamilyhighschool.co.uk))

# Careers at Holy Family

@careersHFCHS

## Year 11 LJM University trip photos - step-up programme 10<sup>th</sup> January 2023

Selected Year 11 pupils have been taking part in the Liverpool John Moores Step-Up Programme. The Programme is designed to introduce pupils to higher education. Pupils got the opportunity to have a tour around a LJM campus and student accommodation and find out more about what university life is like. They also got to talk about student finance options and different routes to university. Pupils then got the opportunity to take part in taster sessions in Football and Science, Nursing, English, Law, Film Studies and Events Management. It was particularly helpful for pupils to hear first-hand the experiences of current students at LJM and to have the opportunity to ask them questions.



## Careers Event at The Walton Centre – 8<sup>th</sup> February

Mrs Hall took Year 12 pupils interested in a career in the NHS to the Walton Centre at Aintree Hospital. They were able to talk to people from a variety of roles within the NHS, including radiotherapy, estates, finance, physio, speech and language, dietetics, neurology and resus. It gave quite a few of them some inspiration as to what they want to do for their career. Students were quite surprised by the range of jobs on offer. The NHS is one of the largest employers in the world and offers wide variety of different roles.

## Career Breakfasts

On 7<sup>th</sup> March Zoe and Christine from HMRC came in to deliver a 'careers breakfast'. Over eighty pupils came along to listen to Zoe talk about the various roles available at HMRC and what the entail. Christine spoke about her experiences of working for HMRC and ways her employer has supported her and her neurodiversity. They also spoke about continuing professional



development within the civil service and the opportunities available.



Over fifty pupils attended a careers breakfast on 21st March with guest speakers from the civil service, Karen and Pauline. They talked about their career paths in the civil service and the different routes available.

Watch out for future Careers Breakfasts ...



## Year 10 Army Careers Talk—3rd March

Year 10 had a careers talk from Sgt White and Cpl Tamaiqelo from the Army. They discussed the various roles within the Army and the entry routes. They also explained the qualifications that can be gained in the Army such as apprenticeships and degrees. Year 10 were particularly keen to ask lots of questions about army life, routes into the army, career development opportunities and even opinions on current international relations.



## LFC Careers Pathways course

LFC have been working with selected Year 10 and 11 pupils. The pathways course is a series of six sessions which aim to develop awareness of the employment market and how to be more confident in preparing for work. Pupils developed greater levels of confidence and self-esteem through these practical workshops. They also developed employability skills and learned how to apply them. The course will end with a tour of Anfield, with an opportunity to meet the staff.



## Careers Fair

Over 40 people from 25 providers exhibited at our annual careers fair on March 29th. Every student in the school had the opportunity to visit the fair. Exhibitors were impressed by the manners of our students and by the questions they asked. Feedback from the students about the fair was positive too. Here is some feedback:

“It has given me lots of ideas about what I can do after I leave school.”

“I enjoyed finding out about courses I didn't know about”.

Exhibitors included LJMU, Hugh Baird, Edge Hill, Weightmans, Realise Training, Invest Sefton, Southport College, Big Science, LMU and many more. For a full list or more details please email [c.hall@hollyfamilyhighschool.co.uk](mailto:c.hall@hollyfamilyhighschool.co.uk)

## Hugh Baird Tour

Hugh Baird invited all of Year 10 and some Year 11 students to their Balliol Campus on March 30th. Students had a talk in the lecture theatre about courses on offer including A-Levels, Apprenticeships and T-Levels. They then had a personalised campus tour.



## History visit to Central Library – 24<sup>th</sup> January 2023

Mrs Hall took the Year 13 History class to Central Library in Liverpool to help them research their chosen History coursework essays. The historians are required to write a 3000-word essay on a topic of their choice relating to US Civil Rights. They learned how to search for books and journals and how to reference them. Topics ranged from the influence of music on Black civil rights, the impact of Martin Luther King, feminism in the US, and the role of the Black Power Movement.



## Sixth Form trip to Krakow, Poland—31st January 2023



## Music GCSE trip to Manchester

The GCSE music trip this year was to Manchester and over the three days we learnt a lot about the music industry and just how many opportunities it can give us in life.

As soon as we arrived and checked into the Premier Inn, we headed straight off to the RNCM (The Royal Northern College of Music) for a tour from the ambassadors. We had the opportunity to ask and learn about what life is like studying in the RNCM and all the different facilities and chances to perform within it. We learnt about the courses that the students can take and how welcoming they are to all.



We next made our way to watch an afternoon performance at Chetham's School of Music. We watched the students perform on the marimbas and kettle drums. In the evening we went to watch The Lion King. The show was packed with excellent music, amazing choreography and stage craft.

The next day, we returned to Chetham's to receive a tour of the school and library. The school had many practice rooms as each student receives a private lesson each week from one of the specialist teachers. We then had a tour of Chetham's Library, the oldest public library in England- founded in 1653. We were all fascinated by the incredible

history and beautiful architecture. We then went by tram to Media City where we had an incredible opportunity to watch the BBC Philharmonic Orchestra rehearse. We were astounded by their skill, and we were fortunate enough to see the violin soloist James Ehens play his Stratovarius violin (worth millions of pounds!)



Next we went to The Dog Bowl (bowling and retro arcade) where we enjoyed lots of games. After eating we went to the cinema to watch Whitney Houston.

For our final day in Manchester, we toured the Bridgewater Hall and were lucky enough to see the underneath of the building to view the foundations and how they were specially designed to keep any noises (or even vibrations of passing trams) from affecting the acoustics in the theatre. To finish our trip, we watched an afternoon performance from the RNCM.

Overall, the trip was filled with so many amazing opportunities to learn about the world of music and the wonderful people in it.

Erin Ryan

Year 9 student at Holy Family Catholic High School



## Sixth Form Science trip to Berlin – March

Our annual international Science study visit took some of our sixth form Scientists to Berlin this year, where they participated in a whole range of activities.

The first day started off with a walking tour of the city, taking in some of the iconic landmarks of Berlin. Students learned about the history of post war Berlin and the Berlin Wall. They visited the East Side Gallery – the longest open-air gallery in the world, Checkpoint Charlie, the Topography of Terror exhibition, Hitler’s Bunker, the Memorial to the Jews and the Brandenburg Gate. In between there were also visits to the German Technology Museum, the Spectrum Science Centre, the Futurium and Gunther Von Hagen’s Bodyworlds exhibition. A meal at the 60’s diner in the city centre topped off a packed day. In total, students walked around 15 miles and didn’t complain once despite the blisters!



Day two started early with a train journey to the Archenhold Observatory where students saw one of world’s largest refracting telescopes. They then enjoyed a planetarium show where they learned about celestial objects in the night sky. A further train journey then took students to the university laboratories at Glasernes where a four-hour lab session had them learning about PCR and using their practical techniques to take cheek samples and extract and analyse their own DNA. The evening was then spent at the Markthalle Neun food market where I hear the baklava was particularly nice!

Another early start to day three saw students travel to the outskirts of Berlin to the ISS Orbital Space Centre. After a talk about space, students were then invited to undertake astronaut training including a gyroscopic chair, reaction training and core stability control. From there a trip up the 368m TV tower in Alexanderplatz awaited. Afterwards, students were given the opportunity to visit the Neues Museum on museum island. The evening was then spent at a karaoke bar, where our self-proclaimed Holy Family Sixth Form choir gave renditions of several songs including “Ain’t no mountain high enough”, “Valerie”, “Bohemian Rhapsody” and “I’m still standing” which was quite apt considering the amount of walking everyone had done!



The final day was a trip to the Reichstag Parliament building where students climbed the spiral walkway inside the glass dome to take in more views of the city.

Students returned home tired after a most enjoyable trip.

Student quotes.....

“Everybody got to participate in the lab”

“Finding out I have heterozygous genes”

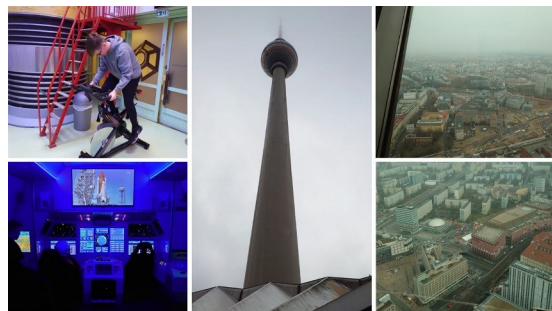
“Never a dull moment”

“The university trip was fun and also very informative”

“Memories for life!”

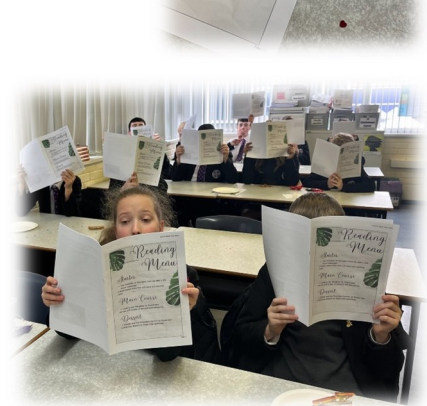
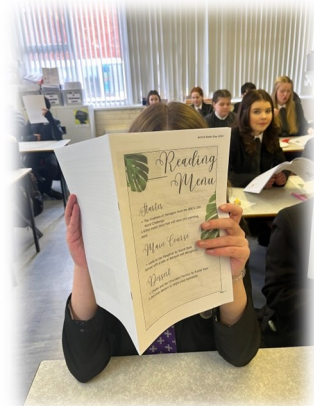
“Berlin was a great experience I saw and learned so much in the space of a few days”

“Fun and educational”



## World Book Day—1st March 2023

At Holy Family reading is a normal part of our day, but World Book Day offers us the opportunity to celebrate reading with the rest of the UK. The English Department created a reading menu of short stories for pupils to read and enjoy in lessons that day.



## Youth Participation Event - Crosby Lakeside

On Tuesday 21st March, a small group of Year 9 and 10 students took part in the SEND Young Person's Youth Conference at Crosby Lakeside. The day's focus was preparation for adulthood, with sessions on Employment/Education, Friends, Relationships, Independent Living and Good Health.

Pupils took part in various activities throughout the day. There were talks from Southport College and Hugh Baird College about the transition from High School. Pupils had the opportunity to voice any concerns or worries about the options and career choices available after school and got some really useful advice. This was followed by talks from Alder Hey and Edge

Hill University. Pupils also had a session with Sefton's Buddy Up service; a mentoring and befriending project which provides fun social opportunities designed to promote confidence and independence in young people with additional needs.

All in all, it was a great day and the children were a fantastic representatives for our school.



## Anti-Racist Bullying Behaviour Training

On Thursday 23<sup>rd</sup> March, our Anti-Bullying Ambassadors (Oliva Bradshaw, Isla Ambrose, Jodie Hunter, Zoe Bennett, Peter Glenton and Joseph Ramsay) spent the afternoon being trained on anti-racism by The Diana Award anti-bullying team. In an interactive Zoom training session with another school, the ambassadors learnt about the nature of racist bullying, its consequences and how to support those who are experiencing this form of abuse.

As always, they were a credit to themselves and the school. Well done!

For help and advice on bullying you can visit: <https://www.antibullyingpro.com/support>



## TATE TRIP

During this term Year 11 Art students have been focusing on their personal Exam project. We had a great day out to the TATE Liverpool and the docks to get inspiration for the exam themes. There was some fab work on at the TATE and the curators mentioned how wonderful it was to see all our students engage with the art pieces.



## DOT ART

Year 9 Art students have been working hard on their entries for this year DOT ART competition. You can see all entries through the link below...

<https://schools.dot-art.com/schools/holy-family-catholic-high-school-333/>

Once selection has been made the top 3 students will have the opportunity to win a place in the public exhibition in June.

## PRIDE

During our well-being day the lovely Art students created a mosaic 'PRIDE' piece.

This represents our school's expectations,

**P-Pride,**

**R-Respect,**

**I-Involved,**

**D- Determined and**

**E-Equipped**



Don't forget to follow us on Instagram [@holyfamilyhighschoolart](https://www.instagram.com/holyfamilyhighschoolart) to see all the current beautiful Art pieces produced by our students.

## Year 7 PGL

In March, Year 7 attended a residential to PGL in Shropshire. The pupils had a fantastic time on all of the adventure activities. They were abseiling down the giant tower and swooping down from the giant swing. We also had some unexpected snow where the pupils were able to spend lots of time building snowmen and having fun throwing snowballs. In the evening we played dodgeball and had a brilliant disco. Needless to say the whole trip was a huge success in what can only be described as a winter wonderland in March. Well done Year 7 on how well behaved you were as you conducted yourselves like true Holy Family pupils.





## Rewards trips—28th March 2023

### Year 7 at Knowsley Safari Park



### Year 8 at Ninja Warrior



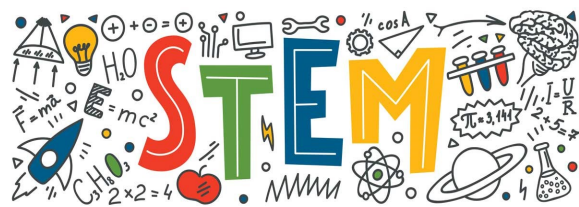
Rewards trips—28th March 2023

Year 9 at Wigan Roller Rink



Year 10 at Wigan Roller Rink

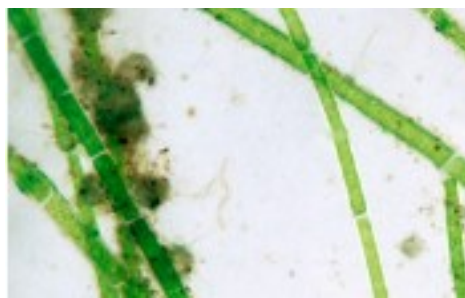
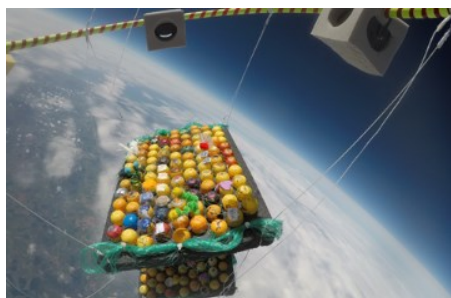




Our STEM Students have been excellent this term, they have been developing their understanding of the microscopic world. They have been looking at pond life and all the critters they could find, such as algae, elodea (pond weed), blanket weed, moss, they even spotted some larvae. They tested their skills on some ready-made slides of blood, muscle, samples from small intestines, different fabrics, and a variety of different plant stems.

MARSBalloon is an exciting project we have been running over the past few years for our enthusiastic STEM students. We have been carefully planning and preparing to send our next mini experiments into space, where they will experience Mars-like conditions. They will be exposed to an altitude of 30km, more than twice the height of commercial airliners, where they will be above 99% of Earth's atmosphere. Along the way they will experience conditions very similar to the surface of Mars including temperatures of  $-50^{\circ}\text{C}$ , pressures 1/100th that of sea level and an increased radiation dose. Our aim is to further future explorers' understanding of this strange and hostile environment and whether one day humans may find a home on another planet.

Our green initiative project has been through some challenging weather conditions, however the snowy, frosty will not stop our efforts. We are hoping for a warm spring to help our Silver Birch, Rowan and Wild Cherry trees thrive. Next up, we are participating in the RHS Big Seed Sow, across the nation schools and communities will be sowing seeds of all varieties. Watch this space for more green projects!



## Dates to Remember

Monday 17th April 2023	Summer term starts—week B
Thursday 20th April	Year 8 Virtual Parents' Evening
Friday 28th April	Liverpool Spring Careers Fair at Aintree (Y11-13)
Monday 1st May	Bank Holiday
Wednesday 3rd May	Year 7 Virtual Parents' Evening
Monday 1st May	Extra Bank Holiday to mark King's Coronation
Monday 15th May	External exams begin
Monday 29 <sup>th</sup> May – Friday 2nd June 2023	Half term