



# Holy Family Catholic High School

Virgin's Lane, Thornton, Liverpool L23 4UL.  
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Headteacher: Mr M Symes BA(Hons), NPQH

Wednesday, 21 January 2026

Dear parents and carers,

This is a polite reminder to complete our Parent / Carer Questionnaire on Mental Health and Wellbeing, which will close on **Thursday 29th January**.

If you have already taken the time to complete the questionnaire, thank you — your input is greatly appreciated.

The purpose of this questionnaire is to help us better understand:

- Parent and carer awareness of the mental health and wellbeing support available in school
- Awareness of local and national services that can support children, young people, and families
- How confident parents feel in supporting their child's mental health and wellbeing
- The most effective ways for us to communicate information, resources, and support with you

Your responses are confidential and will be used to shape future communication, website content, and termly parent workshops, as well as to improve signposting to support available both in school and beyond.

The questionnaire is not about individual concerns and does not replace existing safeguarding or support processes. Instead, it helps us strengthen our partnership with families and ensure parents feel informed, supported, and confident in knowing where to seek help when needed.

We strongly encourage all parents and carers to complete the questionnaire before the closing date, as every response helps us build a clearer picture and improve how we support our school community.

Thank you for your time and continued support. Please find the link below:

[Parent / Carer Questionnaire: Mental Health and Wellbeing – Fill in form](#)

Kind regards,

Mrs Skillen

*Pastoral Manager (Inclusion Centre)  
Mental Health and Wellbeing Lead  
Emotional Literacy Support Assistant (ELSA)*