

At Holy Family, we know that sometimes our pupils cannot come to school because they are really unwell and the right thing to do is keep them off. Medical advice is clear however that children with mild illness will often be well enough to attend - for example if they have a cough, or cold, without a temperature.

The NHS guidance below is designed to support parents in their decision making about mild illness.



**NHS**

# Do I need to keep my child off school?



## Chicken Pox

At least 5 days from onset of rash and until all spots have crusted over

## Conjunctivitis

No need to stay off but school or nursery should be informed

## Diarrhea & /or Vomiting

48 hours from last episode

## Respiratory Illness

(e.g colds & flu) Can return when no longer have a high temperature and well enough

## Glandular Fever

No need to stay off but school or nursery should be informed

## Hand, foot & mouth

No need to stay off if well enough, but school or nursery should be informed

## Impetigo

Until lesions are crusted & healed or 48 hours after commencing antibiotics

## Head Lice

No need to stay off but school or nursery should be informed

## Measles

4 days from onset of rash

## Mumps

5 days from onset of swelling

## German Measles (Rubella)

5 days from onset of rash

## Scarlet Fever

24 hours after commencing antibiotics

## Scabies

Until after first treatment

## Slapped Cheek

No need to stay off but school or nursery should be informed

## Threadworms

No need to stay off but school or nursery should be informed

## Tonsillitis

Can return when no longer have a temperature and well enough, school or nursery should be informed

## Whooping Cough

48 hours after commencing antibiotics

Use this guide to find out when they should stay off, and when they can go back if they are well enough to do so.

**For more information visit**

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>