

GET SUPPORT **FAST**



**Call the FAST Team
on 0151 934 4545**

We are changing how to access Early Help support.

From May 1st 2024, if you or a family you work with need support from our Early Help Service, you can ring the Sefton Family Advice and Support (FAST) team



We will have a discussion with you and see how we can help you across a range of different topics.

This could include help with:

- Maintaining Positive Relationships
- Managing Family Conflict
- Parenting

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