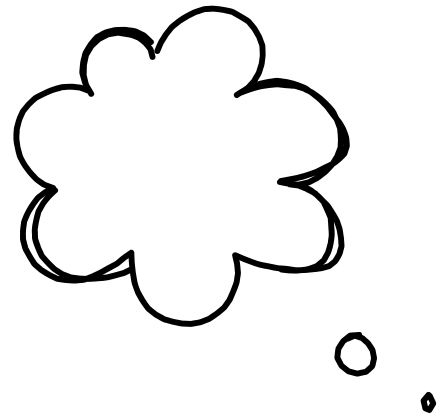


SUPPORTING YOUR CHILD WITH WORRIES AND ANXIETY WORKSHOP



MONDAY 30TH SEPTEMBER
9-10.30AM
HOLY FAMILY HIGH SCHOOL

Come along to the parent and carer workshop for Supporting Your Child With Worries And Anxiety delivered by the Mental Health Support Team

We will be there to help you understand how anxiety affects children and give you tips and strategies to help manage your child's worries.

SEE YOU THERE!