

PARENTING AN ANXIOUS CHILD

A PARENT WORKSHOP



MONDAY 29TH APRIL
9AM - 10.30AM

Come along to our parent workshop to learn more about how to support your child with anxiety and worries.

Sefton Mental Health Support Team will be there to help you understand how anxiety affects children and give you tips and strategies to help manage your child's anxiety.

HOLY FAMILY HIGH SCHOOL
SEE YOU THERE!