

## Scheme of Work: Football



Key Stage: 4	YEAR: 11	DURATION: 6 LESSONS
<p><b>AIM:</b> Pupils will focus on developing more advanced skills and apply them in game situations in order to beat opponents. Pupils will work in groups, taking on a range of roles and responsibilities to help each other prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and detailed decision making.</p>		
<p style="text-align: center;"><b>PRIOR LEARNING</b></p> <p>It is helpful if pupils have:</p> <ul style="list-style-type: none"> <li>➤ Collaborated with and led others and used and interpreted rules</li> <li>➤ Experienced a wide range of skills and techniques in football</li> <li>➤ Experienced different roles in a team</li> <li>➤ Played competitively</li> </ul>	<p style="text-align: center;"><b>LANGUAGE FOR LEARNING/ICT/CITIZENSHIP</b></p> <p>Understand, use and spell correctly terms such as: Possession, Attacking, Defending &amp; Placement. Pupils should be able to use the correct terms when officiating. Pupils can use ICT to analyse performance. Pupils are able to work with others and use effective communication skills.</p>	<p style="text-align: center;"><b>RESOURCES</b></p> <ul style="list-style-type: none"> <li>➤ Balls</li> <li>➤ Bibs</li> <li>➤ Cones</li> <li>➤ Information on local clubs and facilities</li> </ul>
<p><b>Key Concepts and Processes:</b></p>		
<p style="text-align: center;"><b>Develop Technique:</b></p> <p>Pupils will further develop the ability to beat opponents and teams using strategies and tactics. Pupils will perform and replicate the skills of passing, control, dribbling, shooting, heading and defensive movements. Pupils should evaluate performances giving constructive feedback and develop the ability to become a reflective learner.</p>	<p style="text-align: center;"><b>Resilience &amp; Independence</b></p> <p>Pupils will further develop mental capacity &amp; creative thinking when devising new tactics. Use football to develop observation skills on peer performances, skills and techniques as well as observing the use of tactics. Development of coaching role and leading part of the session to gain vital communication and leadership skills.</p>	<p style="text-align: center;"><b>Improve Performance</b></p> <p>Pupils will develop advanced principles of play when selecting and applying tactics for defending and attacking. Passing, shooting, control, heading defensive will be developed through small sided games and conditional situations. Pupils will demonstrate high quality performances and accurate replication throughout.</p>
<p style="text-align: center;"><b>Tactics</b></p> <p>Pupils will create new defensive and attacking strategies to improve their team performance. Pupils should be able to recognise the importance of responding to changing situations within the game in attack and defence. Pupils will be constantly faced with strategic and tactical decisions based on movement of the ball into space and choice of skill execution. Opportunities to referee/coach pupils or small groups will develop communication and decision making skills.</p>	<p style="text-align: center;"><b>Making Informed Choices About Healthy, Active Lifestyle</b></p> <p>Suggest any Football clubs within the community and suggest coaching or refereeing awards. Develop a deeper understanding of stretches for all major muscle groups and those specific to Football. Discuss the negative effects of dehydration and the importance of diet to a Football player. Discuss the types of training a football player will use to improve fitness. Discuss the benefits of being healthy and living an active lifestyle both during school and post 16.</p>	<p style="text-align: center;"><b>Evaluating and Improving</b></p> <p>To improve analytical skills and to develop either their own or others performance (self and peer assessment). To develop leadership and more advanced skills. Appropriate questioning on teaching points of the skills and processes developed. Provide opportunities for pupils to assessment own performance and implement strategies for improvement. Observation and peer assessment. Pupils will develop capacity to self-assess, assess others and to coach.</p>
<p><b>Cross Curricular Links:</b> Literacy (key words), Maths (scoring), Citizenship (sportsmanship), Science (bodily functions and healthy lifestyle consequences), ICT (Research about football stats and potential governing body awards/courses).</p>		

LESSON	LEARNING OBJECTIVES PUPILS SHOULD LEARN	TEACHING ACTIVITIES	LEARNING OUTCOMES	POINTS TO NOTE/ DIFFERENTIATION
1	<b>Keeping Possession</b> <b>The Importance of Warm Up</b> To be able to perform basic skills to retain ball possession. To understand the benefits of strategic and tactical approaches to beat the opponent. To appreciate the need to make adjustments and adaptations when performing in order to beat the opposition.	i) Warm Up. ii) 3v1 in grids. Aim to play 10 passes without interception – keep possession. iii) Conditioned Games	Pupils understand and apply tactics for keeping possession and good support play. Pupils realise the need for Warm Up.	Pupils should lead warm up and cool down.  High levels of activity on all lessons.  Understanding of rules and tactics.
2	<b>Ball control</b> <b>Effects of Warm Up on the Body</b> To be able to beat opponents using dummies & fakes at speed and with accuracy. To understand the importance of width and playing into space in order to attack. To understand the	i) Warm Up. ii) Keep ball in the air using variety of body parts. iii) Conditioned games – Only score with header/volley iii) Keeping possession. Use small grids 4 vs 2. keep ball. v) Cool Down	Pupils able to use a variety of body parts to control a ball. Pupils understand the effects of Warm Up on the body.	Use of ICT to research rules.  Access to local clubs and governing body Award Schemes.
3	<b>Shooting</b> To understand and perform attacking principles and strategies found in Football e.g. shooting low and with accuracy. To be able to perform angled shots to beat opponents and disguise attacking strategies.	i) Warm Up. ii) Pupils perform different styles of shot – placement, power, curl. iii) Conditioned games.	Pupils can use a variety of techniques when attempting to score a goal. Discuss the effects of training on footballers and importance.	
4	<b>Organising a Small Sided Tournament</b> To create and run small sided games in a tournament format. Pupils will make decisions and plan tournament layout encouraging creativity.	i) Warm Up. ii) Pupils to organise themselves into even teams, time-keep and officiate their own games	Pupils develop leadership skills and understanding and application of fair play	
5	<b>Organising a Small Sided Tournament</b> To understand the importance of effective communication with others. To create and run small sided games in a tournament format.	i) Warm Up. ii) Pupils to organise themselves into even teams, time-keep and officiate their own games	Pupils develop leadership skills and understanding and application of fair play	
6	<b>Game Situations/Refereeing</b> To understand the importance of effective communication with others. To be able to adapt when working individually, in groups and teams.	Warm Up Appropriate to football. ii) Pupils arrange themselves into even teams. iii) Select tactics to beat opposition. Games are officiated by a pupil to develop there leadership skills through game situations. Pupils understand the importance of fair play.	Pupils select and apply tactics and techniques to beat and defeat opponents. Pupils develop teamwork skills and leadership skills. Pupils develop knowledge and understanding of the rules in football.	