



Holy Family Catholic High School

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Monday, September 21, 2020

Confirmed COVID-19 case - Information for parents in other year groups

Dear Parent,

This morning, we have been informed that we have had a confirmed case of COVID-19 in **Year 8**. The pupil in question tested positive over the weekend. We have followed national guidance and this year group will now stay at home, self-isolate and return to school on Thursday 1st October. We are continuing to monitor the situation and are working closely with Public Health England.

This letter is to inform you of the current situation and provide advice on how to support your child. The **school remains open for all other year groups** and providing your child remains well, they can continue to attend school as normal. We will keep this under review and inform you of any further developments.

What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared as advised in <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>.

You should arrange for testing for your child via <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or 111.nhs.uk and inform school if your child receives a positive result.

All other household members who remain well must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- loss of, or change in, normal sense of taste or smell (anosmia)

Children may also display gastrointestinal symptoms.

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 119.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- wear face covering when social distancing is not possible, on public transport and in shops.

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,

Mr Symes

Headteacher