

Sports Studies

Why should I choose Sport?

At Sixth Form we offer both Physical Education A level as well as an Applied A-level in Sport. The department will be able to assess which course you are more suited to.

Do you have a wide-ranging interest in sport that you want to develop further? Are you prepared to be assessed in your practical performance, along with how you could improve another competitor's performance as well as through written evaluation in three different areas?

If you answer yes to these questions the traditional A level PE is a possible route for you to follow. However if you would like a more practical based course the CTEC Technical award in Sport might appeal to you.

This programme is designed to enable you to learn about the sports industry with an emphasis on practical, work-related projects and assignments. The course also includes two formal external examinations. You will develop skills that will help you to start or progress your career and/or continue your studies into higher education.

What can I expect to learn?

These are some of the topics you can expect to encounter in this course

The Body in Action
Health and Safety in Sport
Fitness for Sport
Business of Sport
Sports Nutrition
Psychology for Sports Performance
Technical and Tactical Skills in Sport
Sports Development
Sports Coaching
Anatomy
Physiology
Sport and Society
Movement Analysis
Analysis of Sports Performance
Organization of Sports Events
Rules, Regulations and Officiating in Sport
Work-based Experience in Sport



Where does this course lead?

Studying Sport at A Level can be a useful 'stepping stone' towards a career in the Leisure Industry, Teaching, Physiotherapy, Coaching and Sports Medicine, to name but a few.

Entry requirements:

You will need at least grade 4 or above in GCSE English, Maths and Science.