

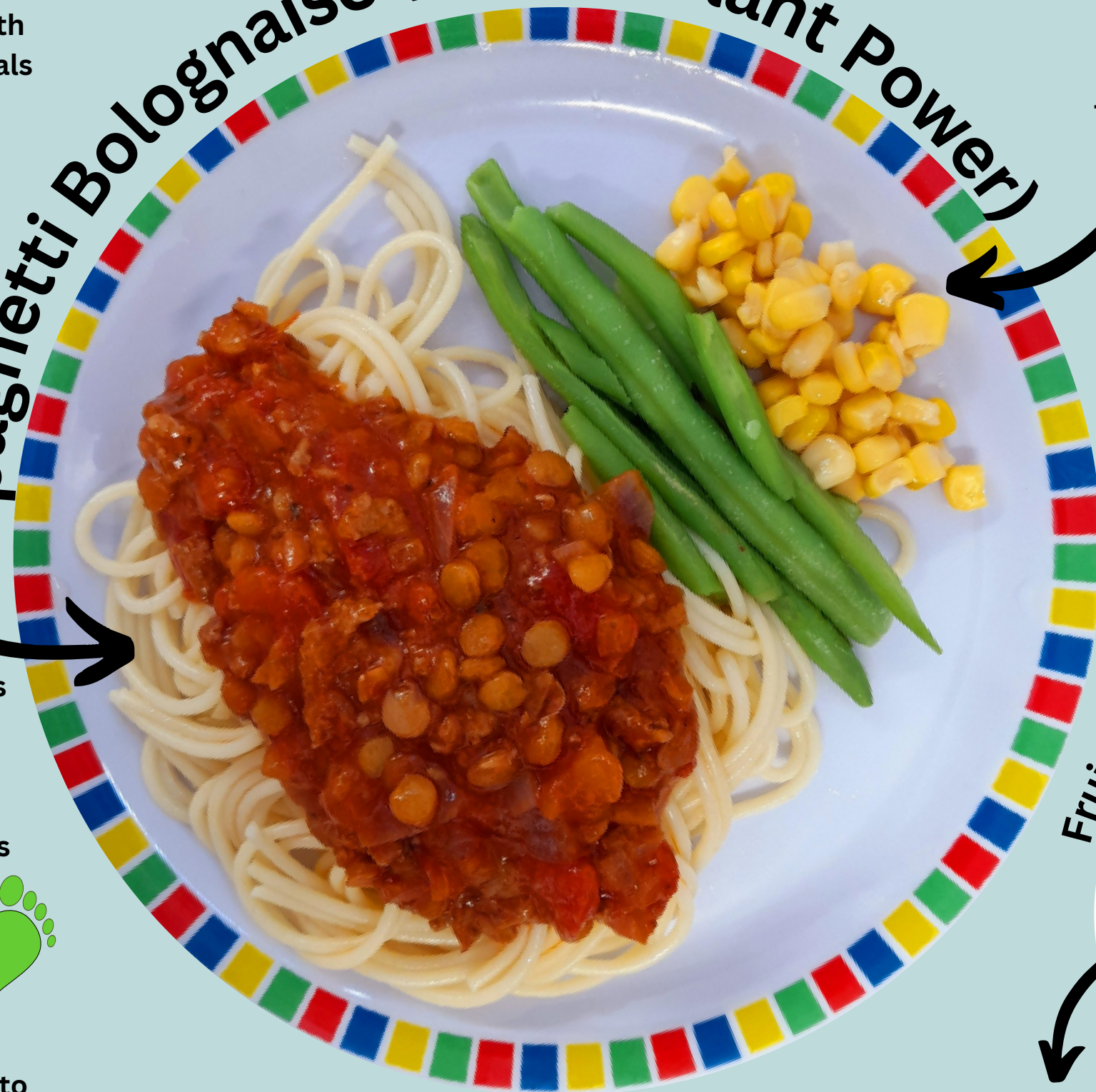
My caterlink School Lunch



Water is served with all our meals

All our meals contain a portion of carbohydrates and a portion of protein. All meals are portioned in line with the School Food Standards regulations.

Spaghetti Bolognaise (Added Plant Power)



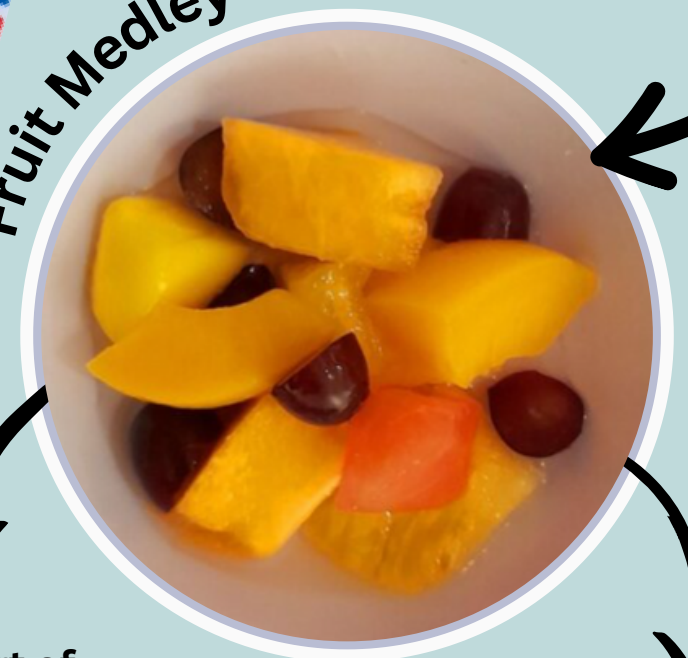
Two different vegetables are offered with all our meals. Totalling at 50g.



Salad is available each day, with five different vegetables on offer!

We provide homemade desserts, lots of which are made with 50% fruit to count toward the 5-a-day guidelines.

Fruit Medley



A dessert of fruit & yoghurt is also offered daily.

Some desserts also contain hidden wholegrains for fibre!

50/50 wholemeal bread is freshly baked everyday in our kitchens and served alongside our meals for children to enjoy.



Scan the QR code to explore the School Food Standards we adhere to.

My caterlink School Lunch



Water is served with all our meals

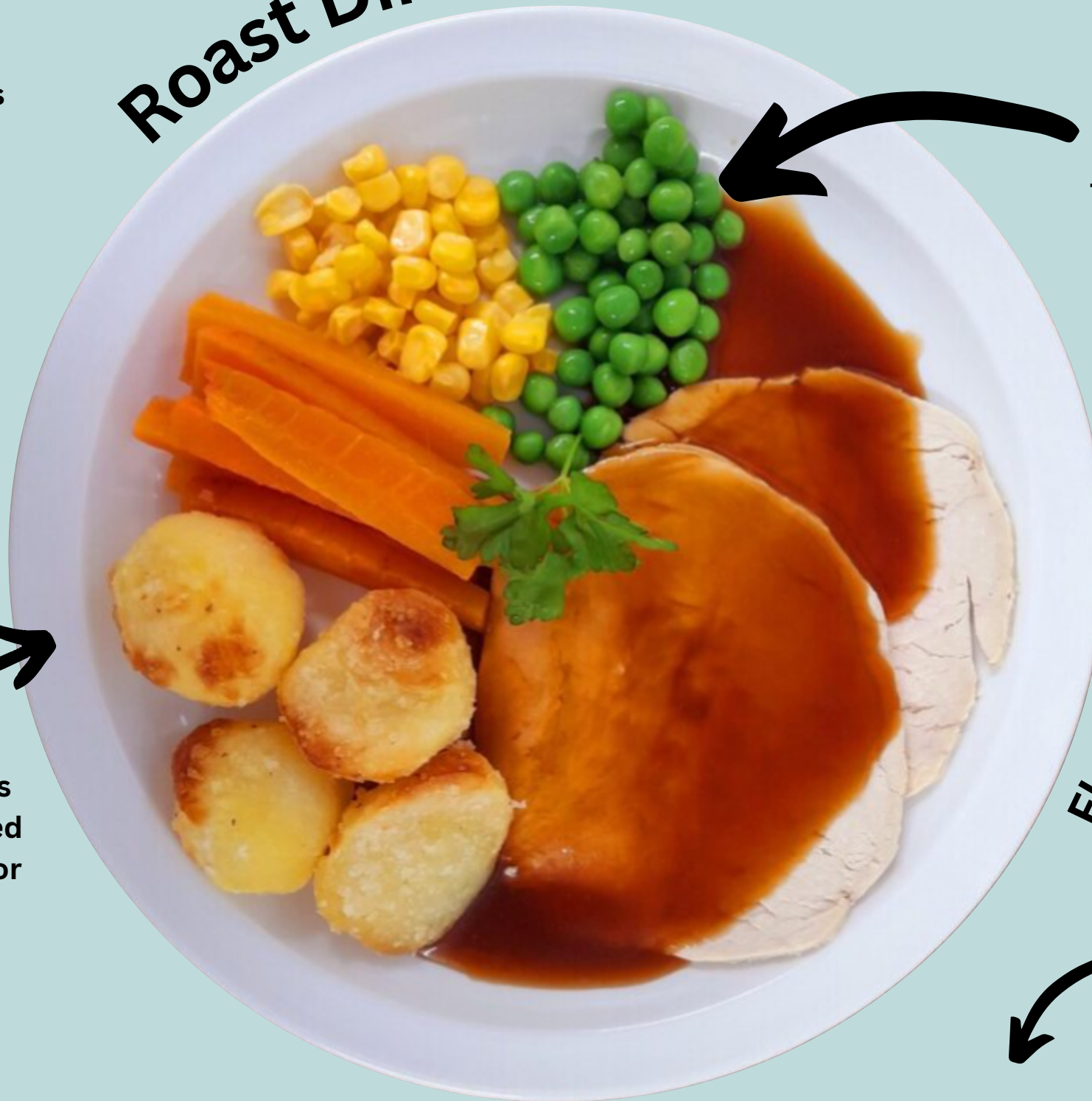
All our meals contain a portion of carbohydrates and a portion of protein. All meals are portioned in line with the School Food Standards regulations.

We work with local butchers to ensure our meat is sourced in the UK and has Red Tractor Assurance



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Roast Dinner



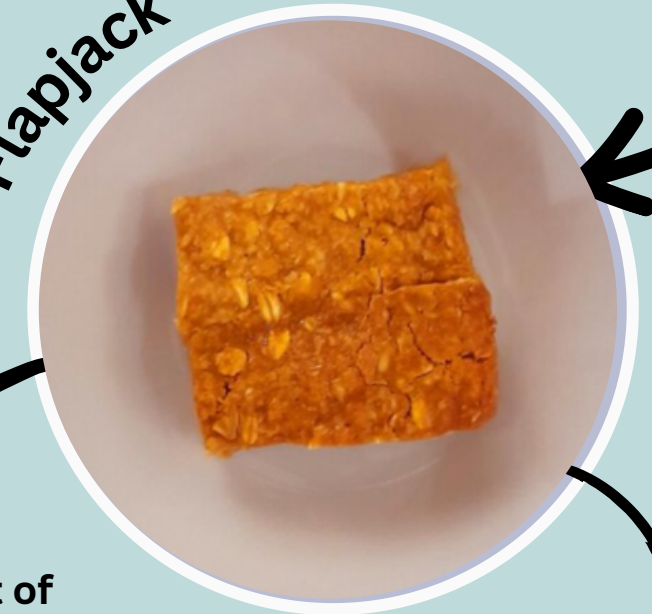
Two different vegetables are offered with all our meals. Totalling at 50g.



Salad is available each day, with five different vegetables on offer!

We provide homemade desserts, lots of which are made with 50% fruit to count toward the 5-a-day guidelines.

Flapjack



A dessert of fruit & yoghurt is also offered daily.

I contain hidden wholegrains for fibre!

50/50 wholemeal bread is freshly baked everyday in our kitchens and served alongside our meals for children to enjoy.



My caterlink School Lunch



Water is served with all our meals

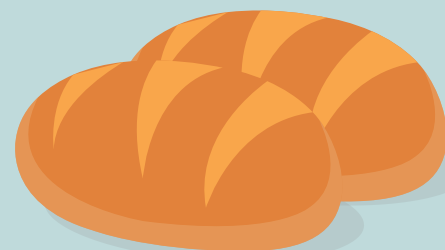
Lentil & Sweet Potato Curry

All our meals contain a portion of carbohydrates and a portion of protein. All meals are portioned in line with the School Food Standards regulations.

Our latest menu contains 20 different vegetables across each week, and provides an average of 2.5 portions of veg (125g) in every meal!



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50/50 wholemeal bread is freshly baked everyday in our kitchens and served alongside our meals for children to enjoy.

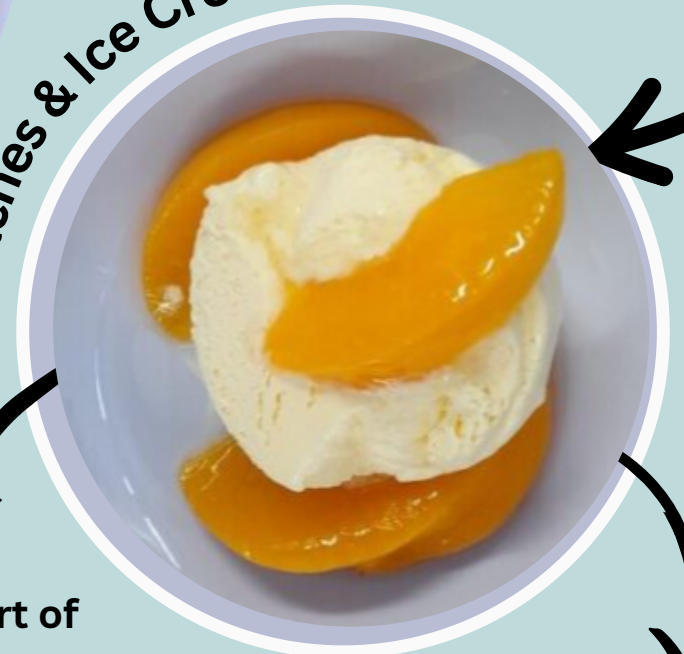
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Salad is available each day, with five different vegetables on offer!

We provide homemade desserts, lots of which are made with 50% fruit to count toward the 5-a-day guidelines.

Peaches & Ice Cream



A dessert of fruit & yoghurt is also offered daily.

Some also contain hidden wholegrains for fibre!

My caterlink School Lunch



Water is served with all our meals

Sweet Potato & Spinach Tart

All our meals contain a portion of carbohydrates and a portion of protein. All meals are portioned in line with the School Food Standards regulations.

All of our eggs are from free range hens!

Our vegetarian meals contain lots of different protein sources including eggs, cheese, lentils, chickpeas, soya mince, Quorn, pea protein and beans

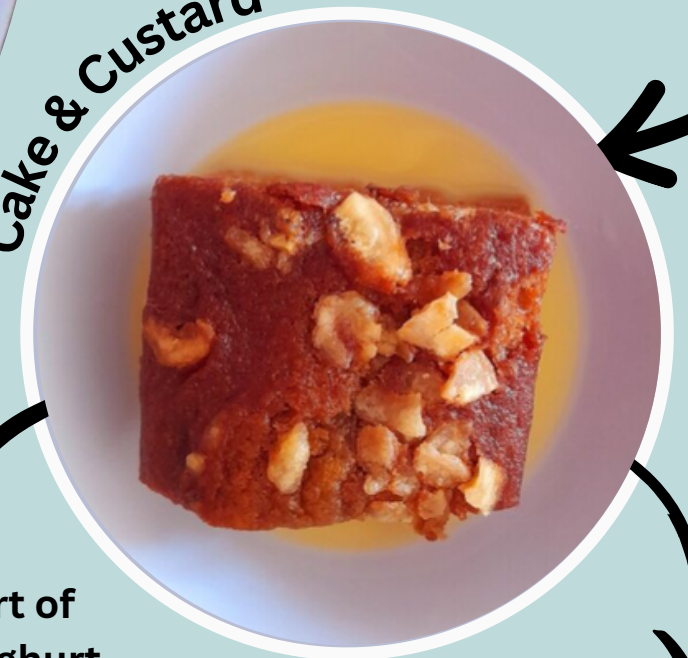
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Salad is available each day, with five different vegetables on offer!

We provide homemade desserts, lots of which are made with 50% fruit to count toward the 5-a-day guidelines.

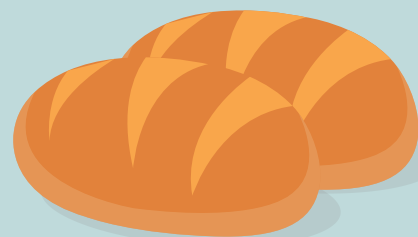
Cake & Custard



A dessert of fruit & yoghurt is also offered daily.

I contain hidden wholegrains for fibre!

50/50 wholemeal bread is freshly baked everyday in our kitchens and served alongside our meals for children to enjoy.



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My caterlink School Lunch



Water is served with all our meals

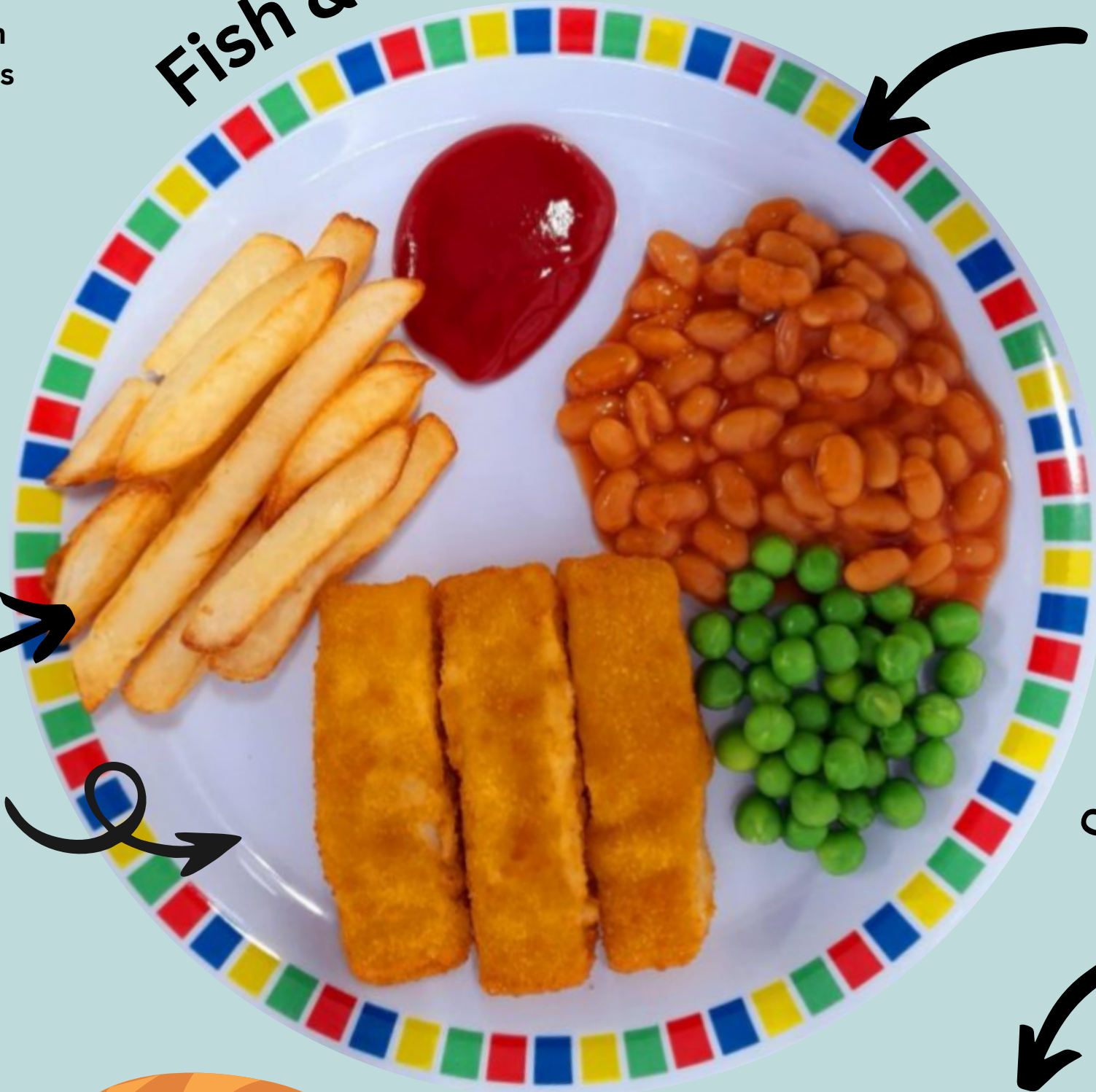
All our meals contain a portion of carbohydrates and a portion of protein. All meals are portioned in line with the School Food Standards regulations.

Our fish is sustainably sourced MSC fish

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Fish & Chips



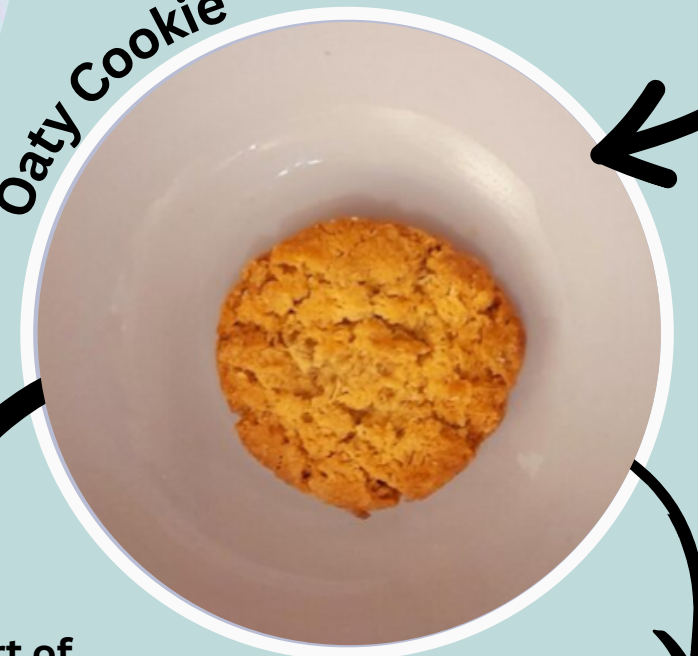
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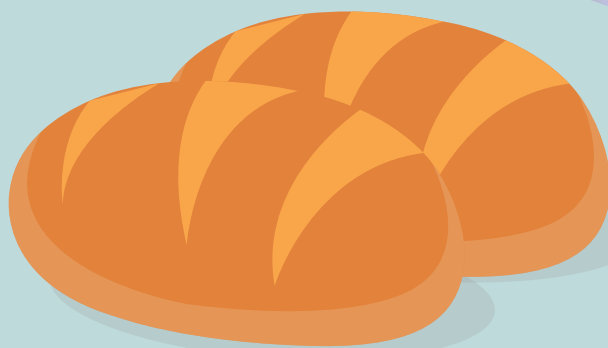
Oaty Cookie



A dessert of fruit & yoghurt is also offered daily.

I contain hidden wholegrains for fibre!

50/50 wholemeal bread is freshly baked everyday in our kitchens and served alongside our meals for children to enjoy.



My caterlink School Lunch



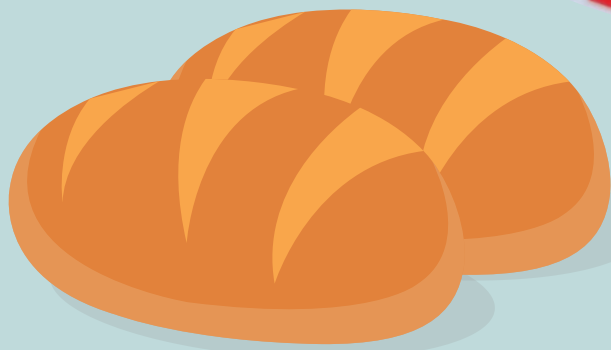
Water is served with all our meals

Chinese Vegetable Noodles

All our meals contain a portion of carbohydrates and a portion of protein. All meals are portioned in line with the School Food Standards regulations.

All of our vegetarian meals contain a source of protein such as black beans!

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50/50 wholemeal bread is freshly baked everyday in our kitchens and served alongside our meals for children to enjoy.

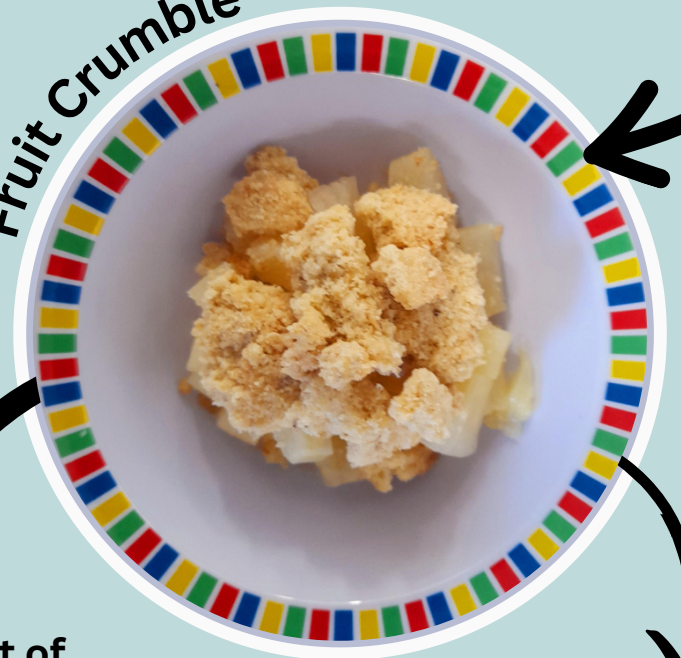
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Salad is available each day, with five different vegetables on offer!

We provide homemade desserts, lots of which are made with 50% fruit to count toward the 5-a-day guidelines.

Fruit Crumble



A dessert of fruit & yoghurt is also offered daily.

I contain hidden wholegrains for fibre!

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Five Bean Chilli



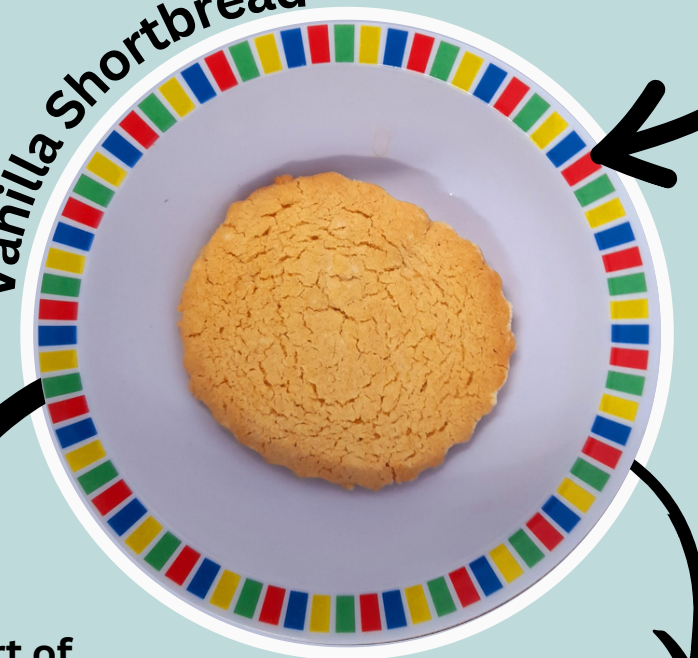
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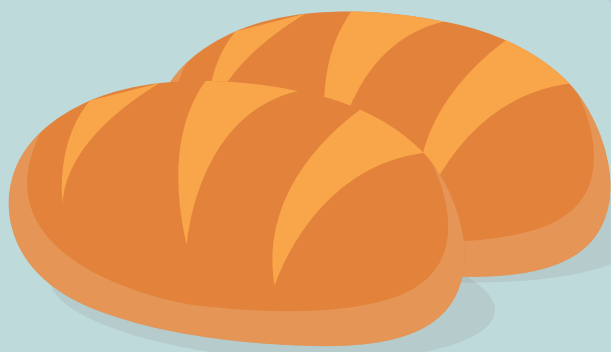
Vanilla Shortbread



A dessert of fruit & yoghurt is also offered daily.

Some desserts also contain hidden wholegrains for fibre!

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My caterlink School Lunch



Water is served with all our meals

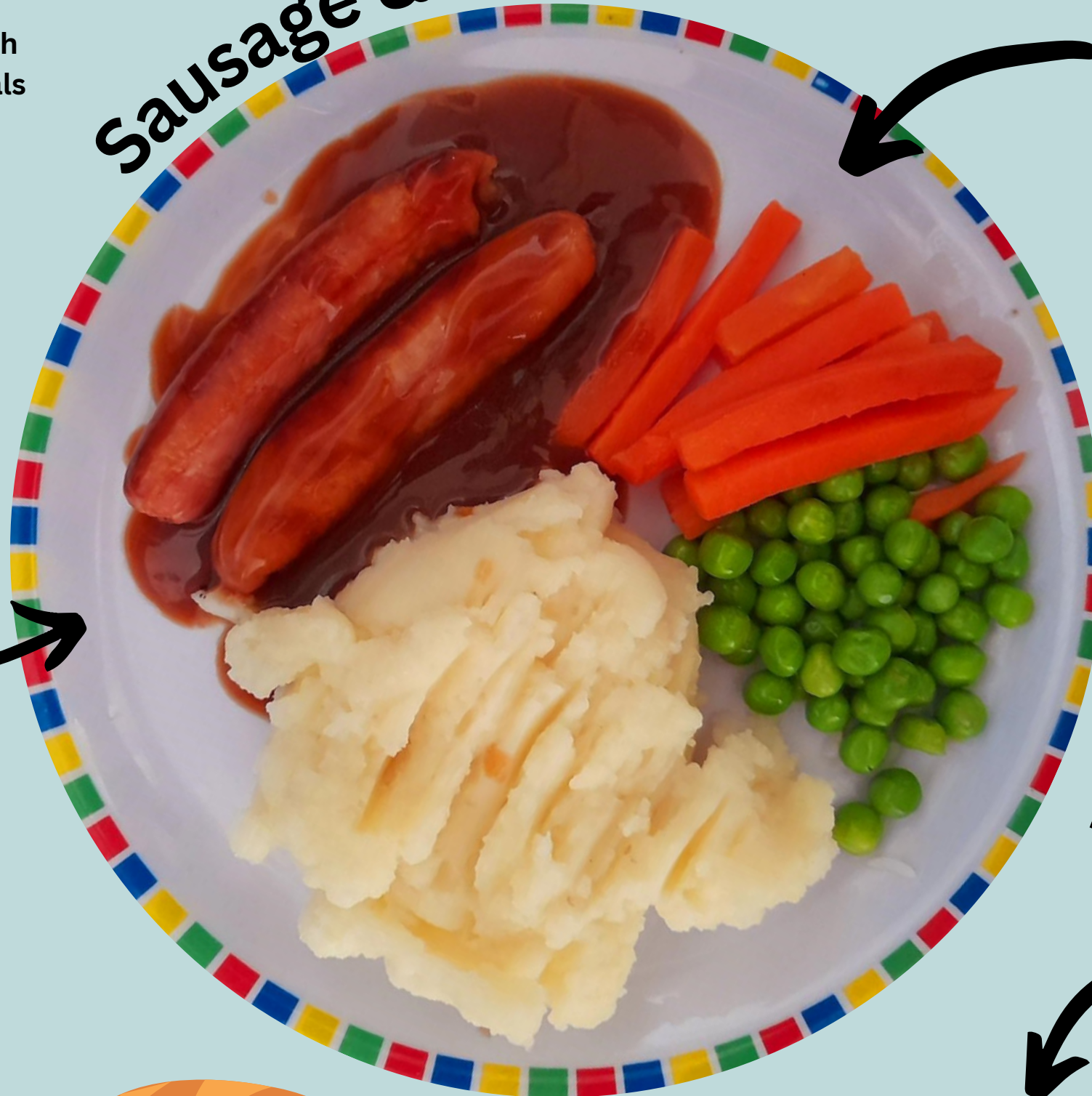
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Our meat products are sourced from local butchers

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Sausage & Mash



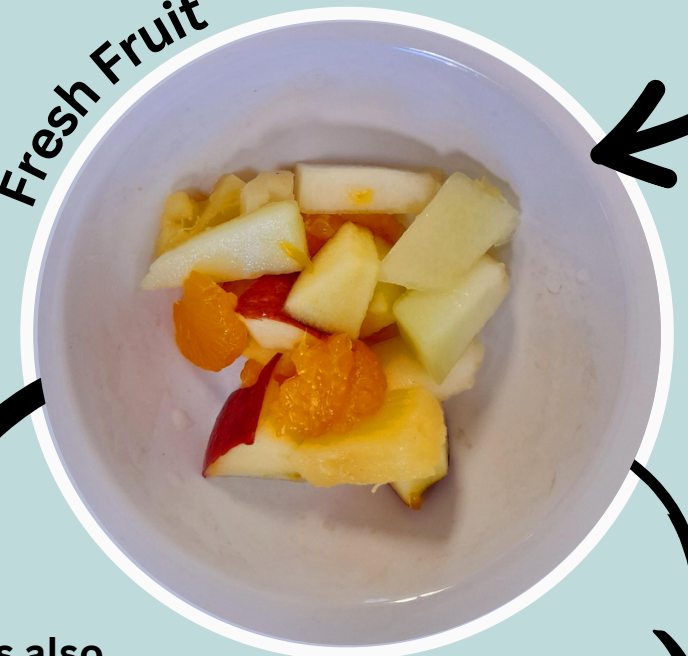
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Fresh Fruit



Yoghurt is also offered daily.

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