

Teaching and Learning about Human Relationships and Sex Education Year 2

Core Theme 1: Growing in love for myself and God

Core Theme 2 Growing in love for family, friends, faith and community

Core Theme 3 Growing in love for my character and well-being

	Objective	When covered?	Statutory Guidance and Context
Core Theme 1	<p>Know that they are special people made in the image and likeness of God.</p> <p>Know that they are individuals and that they have gifts and abilities.</p> <p>Know that their body is one of these gifts.</p>	Aut 1: The Chosen People	<p>Respectful Relationships: The importance of self respect and how this links to their own happiness. What is my God given gift?</p> <p>Being Safe: That each person’s body belongs to them.</p>
	Care about the feelings of others and know how Jesus cared for people	Spr 1: The Good News	<p>Caring Friendships: that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded. Stories about how Jesus helped those at the margins of society- Jairus’ daughter, healing a man with leprosy (Matthew 8)</p>
	Think about their behaviour, recognise the choices they make and how these affect other people	Spr 1: The Good News	<p>Respectful Relationships: The importance of respecting others , even when they are very different from them (eg physically, character, personality, background) or make different choices or have different preferences or beliefs. Story of the Ten Lepers</p>
	Know their responsibilities towards themselves, other people and creation.	Spr 2: Treasures	<p>Being Safe: What sorts of boundaries are appropriate in friendships with peers and others. What do we trash and treasure in God’s creation</p>
	<p>Science: Should be taught to notice that animals including humans have offspring which grow into adults. Growing into adults can include reference to baby, toddler, child, teenager, adult.</p> <p>The importance for humans of exercise, eating the right amounts of different types of food, and hygiene</p>	Science: Animals including humans	<p>Mental Well-being: The benefits of physical exercise, time outdoors, community participation, voluntary and service based activity on mental well-being and happiness.</p> <p>Healthy Eating: What constitutes a healthy diet, understanding calories and other nutritional content. Study of a balanced diet, creating healthy menus.</p> <p>Health & Prevention: About personal hygiene and germs including bacteria, viruses, how they spread and are treated, and the importance of handwashing.</p>
	Science: Pupils should be introduced to the processes of reproduction and growth in animals NB they should not	Science: Animals	Explaining the human life cycle.

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	be expected to understand how reproduction occurs.	including humans	
Core Theme 2	That they are responsible for their immediate environment	Spr 2: Treasures	<p>Physical Health & Fitness: The characteristics and mental and physical benefits of an active lifestyle.</p> <p>Examples include, keeping places tidy, choosing activities that keep them mentally and physically alert and being aware of how their behaviour can have positive and negative effects on the immediate and wider environment.</p> <p>How can we care for God's Creation Creation Collages</p>
Core Theme 3	The belief that they have a worth as a creation of God	Aut 1: The Chosen People	<p>What gifts do we bring to the world? How can we share the gifts given to us by God?</p>
	<p>Responsibilities for their own health which include physical health, such as why handwashing is important, why diet and exercise matter and the importance of dental care.</p> <p>Names for the main parts of the body (including external genitalia) and the similarities and differences between boys and girls, knowing they are equally part of God's creation.</p>	<p>Science: Animals including Humans PE PSHE</p>	<p>Mental Well-being: Simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests.</p> <p>Dirty Hands Experiment</p> <p>Covid Pandemic</p> <p>Taking care of our bodies- circle time</p>
	The rights and wrongs of keeping safe and rules for and ways of keeping physically and emotionally safe (including safety on line, responsible use of ICT, safety in the environment)	Computing PSHE	<p>Safer Internet Unit- making safety posters Circle time- dangers around us.</p>