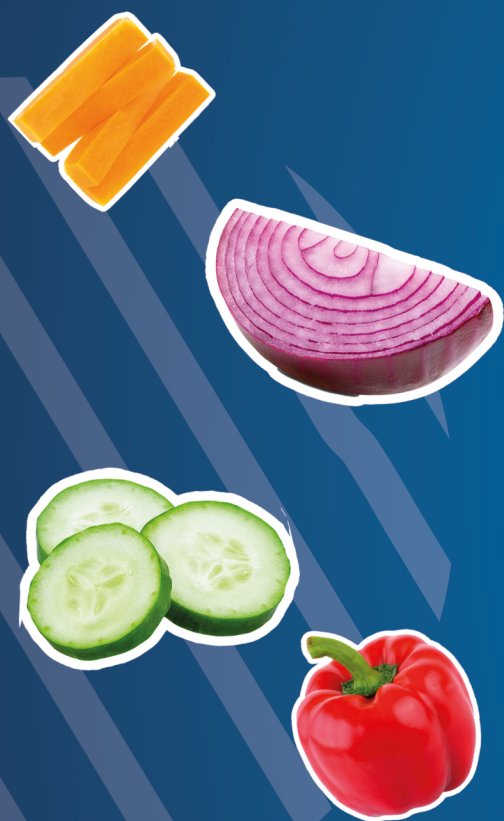


WEEKLY MENUS



BISHOP HOGARTH
Catholic Education Trust



Always Available
Unlimited Salad Bar,
Seasonal Fruit and Yoghurt



WEEK ONE

Week Commencing: 31/08, 21/09, 12/10, 02/11, 23/11, 14/12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tikka and 50/50 Rice	Ham Pizza and Wedges	Roast Pork, New Potatoes and Gravy	Pork Sausage, Mashed Potatoes and Gravy	Fish Fingers and Chips
Veggie Curry and 50/50 Rice	Cheese Pizza and Wedges	Quorn Roast, Gravy, Stuffing and New Potatoes	Veggie Sausage, Mashed Potatoes and Gravy	Quorn Nuggets and Chips
Macaroni Cheese	Tomato Pasta	Macaroni Cheese	Tomato Pasta	Macaroni Cheese
Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings
Sweetcorn	Peas	Carrot and Green Beans	Carrots and Peas	Baked Beans and Peas
Chocolate Muffins	Vanilla Cake and Custard	Strawberry Mousse	Ginger Biscuit	Chewy Cherry Cookie

WEEK TWO

Week Commencing: 07/09, 28/09, 19/10, 09/11, 30/11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Crispy Chicken Wrap with Salad, Mayo and Potato Wedges	Katsu Chicken with 50/50 Rice	Mince Beef Pie, Mash Potatoes and Gravy	Pasta Bolognese and Garlic Bread	Fish Fingers and Waffle Fries
Halal Crispy Chicken Wrap with Salad, Mayo and Potato Wedges	Halal Katsu Chicken with 50/50 Rice	Veggie Mince Pie, New Potatoes and Gravy	Cheese Pizza and Wedges	Quorn Nuggets and Waffle Fries
Tomato Pasta	Macaroni Cheese	Tomato Pasta	Macaroni Cheese	Tomato Pasta
Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings
Sweetcorn	Peas	Broccoli	Sweetcorn	Baked Beans and Garden Peas
Shortbread Biscuit	Chocolate Fudge Cake and Sauce	Sticky Iced Finger Bun	Jelly with Fresh Fruit	Mini Tubs of Ice Cream and Wafer

WEEK THREE

Week Commencing: 14/09, 05/10, 16/11, 07/12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Meatballs in a Tomato Sauce and Penne Pasta	Chicken Burger in a Bun with Salad, Mayo and Potato Wedges	Roast Chicken, Stuffing, Gravy, Yorkshire Pudding and New Potatoes	Minced Beef and Dumplings with Mashed Potatoes	Fish Cake and Curly Fries
Vegan Meatballs in a Tomato Sauce and Penne Pasta	Quorn Burger in a Bun with Salad, Mayo and Potato Wedges	Quorn Roast, Stuffing, Yorkshire Pudding and New Potatoes	Veggie Mince and Dumplings with New Potatoes	Quorn Nuggets, Curly Fries and Ketchup
Macaroni Cheese	Tomato Pasta	Macaroni Cheese	Tomato Pasta	Macaroni Cheese
Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings
Peas	Sweetcorn	Carrots and Cabbage	Baked Beans and Sweetcorn	Garden Peas and Baked Beans
Lemon Drizzle Cake	Chocolate Crunch and Custard	Sprinkle Cake and Custard	Crunchie Biscuit and Apple Slices	Caramel Mousse

Children get 2 courses and 2 sides, a trip to the salad bar and bread, with a drink of milk or chilled water for the price of a school meal. We offer three main course choices every day, one of which is always vegetarian, and there are always three choices of desserts (main dessert, fruit and yoghurt) all of which are suitable for vegetarians. Your child can also choose up to 5 portions of fruit and vegetables per day. Where else can you get that value? We also provide menus for diabetics, a gluten free, dairy free and vegan menu, other special diets, and halal meat where required. We are a nut-aware school. **Allergen information correct at time of print - please see staff for up to date information.**