### FIRST READING

### Exodus 22:20-26

The Lord said to Moses, "Tell the sons of Israel this, 'You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow or with the orphan: if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry, my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans."

'If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him." 'If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has: it is the cloak he wraps his body in. what else would he sleep in? If he cries to me, I will listen, for I am full of pity."

### RESPONSORIAL PSALM

### I love you, Lord, my strength.

Psalm 17

1 I love you, Lord, my strength, my rock, my fortress, my saviour My God is the rock where I take refuge; my shield, my mighty help, my stronghold. The Lord is worthy of all praise: when I call I am saved from my foes.

 Long life to the Lord, my rock! praised be the God who saves me. He has given great victories to his king and shown his love for his anointed.

### SECOND READING

1 Thessalonians 1:5-10

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and the Lord: and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread - and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God: and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

# Alleluia, alleluia! Open our heart. 0 Lord, to accept the words of your Son. Alleluia!

#### GOSPEL

### Matthew 22:34-40

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, "Master, which is the greatest commandment of the Law?" Jesus said, "you must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: You must love your neighbour as yourself. On these two commandments hang the whole Law and the Prophets also."

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Weekday Mass: Thur: 9.15am. (Other weekdays: 9.15am at St. Anthony's) Sacrament of Reconciliation: on request

### Holy Family Primary school: 727471 Covenant Books: 735993

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## Love

"A person is bored to death with a story they have heard repeated over and over but have never really listened to." [1] Is this true of ourselves and our listening to the Gospel stories? When we hear Jesus' familiar teaching "Love your neighbour as yourself" we almost always hear that wrong i.e. we hear "Love your neighbour as much as yourself." If we listen closely to Jesus however, there is no 'as much as' in his admonition. It is "Love your neighbour as yourself" or "Love your neighbour as being yourself—as a continuation of your very own being. It's a complete seeing that your neighbour is you. There are not two individuals out there; there are simply two cells of the one great Life.' [2]

'It is the same Source and the same Love that allows each of us to love ourself, others, and God at the same time! If we don't live from within our own centre of connection and communion with God, we'll go spinning around in many directions. The true goal of all religion is to lead us back to the place where everything is one, to the experience of radical unity with all of humanity and all of creation, and hence to the experience of unity with God.

How we embark on our journey of loving others is rooted in our personal experience of who we are. Love is not something we decide to do now and then. Love is who we are. When we get the "who" right and realise that who I am is love, then we will do what we came to do: Love God and love all that God has created. We are created in the image of God and God is love. This is the basis for the corporal works of mercy, for social justice. We were created by a loving God to be love in the world.' [3]

How can we possibly be bored if we truly listened to the words spoken in Scripture, if we truly listened to the Word? 'Love is our origin, Love is our sustaining ground and love is our destiny. We may ask ourselves, "What will become of me if I surrender to this Love which permeates every moment of our lives?" What will become of us if we don't?' [4]

[1] GK Chesterton. Adapted from [2] Cynthia Bourgeault, [3] Richard Rohr [4] James Finley

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## **DIARY AND MASS INTENTIONS** for the week beginning Saturday 24th October 2020

at 6.00pm	St. Ant	Dave Smith	
Sun 9.30am	St. Ant	John Rigby	30th Sunday of the Year
11.00am 5.00pm	H.Family St. Ant	For our parish For our parish	Collection: Sick & Retired Priests
Mon 9.15am	St. Ant	Private intention	Feast: Ss Chad & Cedd
Tue 9.15am	St. Ant	Relatives & friends Maire Salmon	
Wed 9.15am	St. Ant	Private intention	Feast: Ss. Simon & Jude
Thur 9.15am	H.Family	Private intention	
Fri 9.15am	St. Ant	Private intention	
Sat 6.00pm	St. Ant	Lily Morrison & Joe Morrison	
Sun 9.30am 11.00am 5.00pm	St. Ant H.Family St. Ant	Tom & Marie Hooper For our parish For our parish	All Saints Day

**Last Weekend:** Offertory £65; Attendance 41. Thank you for all your generosity.

Masses received this week: Tom & Marie Hooper, family & friends of Maire Salmon.

**Covenant Books:** The book shop at Holy Family has re-opened Thurs & Fri. 10am-4pm; Sat 10.00-12.30pm.

# Please remember in your prayers ....

Mildred and Harold Slack, Bill O'Shaughnessy, Malaya, Ray Mannion, Bill York, Lawrence Dunnagan, Trevor Hughes, Claire, Moyra Toner.

Also the isolated and lonely, all medical staff and carers and those in research, the Government and all world leaders, all who are assisting the public in any way.

### those who have died recently: John McDermott;

*and those whose anniversaries occur around this time*: Bob Fisher, Irene Walton, Lilly Hutchinson, Belle Duckworth, William McDonough, Winifred Joyce Shuttleworth, John W.S. Aspinwall, The Zalans , Ellen Cleminson, Joseph Melling, Winifred McCrink, May they rest in peace.

Father, may these, and all we have known who have gone before us, be received into the glory of the Resurrection, won for us by your Son Jesus, the risen Lord.

### **First holy Communions**

Earlier in the year the children prepared for, and received, the Sacrament of Reconciliation. Although things are still uncertain we're planning to start the first Holy Communion preparation after half-term, aiming to celebrate the first Communions on 13th December. This is subject to change, of course, and numbers will be limited but we'll do our best to make this a joyful celebration. Please pray for the children and their families at this important stage in their journey of faith.

### **Mass At Christmas**

We might just be able to accommodate all who come to Holy Family at the usual 11.00am Mass, though we'll probably be able to have a Vigil Mass at 8pm also. We can possibly have an audio link into the Pastoral Centre if there is an overflow. The biggest problem is at St. Anthony's because the 6pm Mass is always packed. We are proposing to add a second Vigil Mass at 8pm. There will also be the usual 9.30am Mass on Christmas Day at St. Anthony's but we do not think there would be need for an evening Mass on Christmas Day. Any comments or better suggestions are welcome.

### **Job Opportunities**

### 1. Transformational Coach. 35 hours per week

Intact and The Building Better Opportunities projects for Lancashire aim to support those most at risk of exclusion from the labour market and to identify, reduce and/or remove barriers to engagement and employment for participants. The post holder will be responsible for engaging, mentoring and progressing people furthest away from work to improve employment prospects and engage in work readiness activity. For an Application Pack please contact: Matthew Beck at Intact, 49 Whitby Avenue, Ingol or Tel: 01772 760760; or email: matthew.beck@intact-preston.org.uk quoting the above position, or visit our website at www.intact-preston.org.uk

**2.** Community CVS are recruiting for a **Volunteer Development Officer** (30hrs per week) for the Preston area on the Strengthening Communities Passport to Health and Employment Project, otherwise known as "Action for Jobs". Details from: Steve Foden on 07547566054, or email kate.lee@communitycvs.org.uk.

**NHS `TEST & TRACE' PHONE APP** – Many buildings, including our Church and Pastoral Centre now display the QR code which can be read by smart phones (with Bluetooth enabled) to record your attendance. The phone app will notify you if you have spent 15 minutes or more near anyone who has subsequently tested positive. We still take phone numbers manually for anyone not using the technology.

### **Diocesan Faith & Justice E-Bulletin**

This can be downloaded from https://tinyurl.com/yyq84etu Reports and newsletters are available at http://www.lancasterfaithandjustice.co.uk/newsletter/

**Baptisms** We are now limited to 6 people and masks have to be worn. There are other restrictions also. **Weddings** are similarly restricted to 15 people.

**Catholic Voice**—a new issue if our Diocesan Newspaper has been published but again it is only available online. There is a link on St. Anthony's website.

If you or a member of your household/bubble have any of the COVID19 symptoms you should not attend church. The obligation to attend Mass on Sundays remains suspended.