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## Holy Family Weekly Newsletter 05.02.2021

### We follow in Jesus' footsteps

Holy Family Church

Fr Peter Draper

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In this week's Gospel, Mark tells the story of Jesus curing Simon's mother-in-law, and how quickly news spread about Jesus the healer - he had the whole town knocking on his door! Mark also tells of Jesus' commitment to praying at all times.



Dear Jesus,

Thank you for all the people who help us when we are sick, the doctors and nurses and everyone who cares for us. We pray for all those who are ill at this time. Help us to remember how important it is to pray,

And help us to understand your guidance.

Amen

#### **REMOTE LEARNING**

The teachers and I can see superb engagement with Tapestry by the children although we are very much looking forward to welcoming our Holy Family family back into school, once it is safe to do so.

Please remember we are, as always, here for you - to help you and your families in any way that we are able to.

Take care everyone!

### February Half term

School will close for half term on Friday 12<sup>th</sup> February.

### Children's Mental Health Week

Children's Mental Health Week, an annual weeklong campaign run by children's mental health charity [Place2Be](#), began on Monday and will run until Sunday 7 February.

This year's theme is "Express Yourself" with the focus on children finding ways to share feelings, thoughts, or ideas through creativity. Mentally Healthy Schools have created a [toolkit of resources](#) for children, staff and parents to use during Children's Mental Health Week.

Throughout the week, we will be using our social media platforms to share a variety of mental health resources including 'wellbeing for education return' and the [children and young people's psychological first aid training](#) which is run by Public Health England.

### Welcome to Project Smile

The aim of this project is to encourage children to support each other throughout lockdown.

The pandemic is affecting everyone in different ways and hope that this project will inspire and support those who need it most.

[www.1decision.co.uk/project-smile](http://www.1decision.co.uk/project-smile)