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Holy Family Weekly Newsletter 30.04.2021

We follow in Jesus' footsteps

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Laudato Si' - our assembly for this week

On Monday the Reception children celebrated assembly in the hall this was all about a very special letter written by Pope Francis. This is called Laudato Si' and is addressed to everyone in the world, asking us all to take care of our common home. The children listened carefully and were able to talk about how they can care for the earth. All children in school have been thinking about how they can live wisely, think deeply and love generously.

This week's prayer.....

We thank you Lord for all the people we share the world with. Help us to work together to take care of each other and our home, so that no one suffers.

<u>Hearing Tests Year 1&2</u>	<u>May Day Bank Holiday</u>
Thursday 18 th May	School is closed on Monday 3rd May for Bank
Please return the consent slip, if you have not already done	Holiday, we reopen Tuesday 4th May .

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Good Samaritan Awards YR - Sarah Y1 - Filip Y2 - Lennon Y3 - Karol	62 62 62 62 62

What tests are available:

There are two main types of test to check if you have coronavirus:

- 1. Polymerase Chain Reaction (PCR) tests are for people with symptoms and must be run through a laboratory to get a result.
- 2. Lateral Flow Device (LFD) tests which are commonly referred to as rapid tests are for people without symptoms and can yield results within 30 minutes of taking one.

The type of Covid-19 test you should take depends on whether you have any symptoms.

Testing for people without symptoms:

People who do not have any symptoms can test themselves for coronavirus with rapid tests. Free rapid testing is available to everyone in England, with people encouraged to test themselves twice a week.

How to get a rapid test

The main port of call for accessing rapid testing will usually be through your school or college. However, there are a number of other ways you can access rapid testing:

Order home testing kits online.

- Many business offer workplace testing programmes, on-site or at home.
- You can collect home testing kits at your local test site
- You can collect a box of 7 rapid tests to use twice a week at home at participating pharmacies. Find your nearest site.

What to do if you test positive using a rapid test

If you or your child's rapid test result is positive, you and your close contacts will need to self-isolate immediately and book a confirmatory PCR test via the NHS as soon as possible. You will need to communicate this with your child's school.

Testing for people with symptoms

If you or your child have one or more of the following Covid-19 symptoms you must isolate immediately and book a PCR test via the NHS:

- a high temperature
- a new, continuous cough
- loss or change to your sense of smell or taste

What to do if you don't have any classic Covid-19 symptoms

If you or your child have other new or unusual symptoms or if in doubt, you can still get a PCR test. However, you do not need to immediately self-isolate for 10 days. How to get a PCR test

If you or your child has any of the three classic symptoms, you can get a PCR test here: <u>https://self-referral.test-for-coronavirus.service.gov.uk/antigen/essential-worker</u>

If you or your child do not have any of the three classic symptoms, proceed through the questions and then tick the box that says: "My local council or health protection team has asked me to get a test, even though I do not have symptoms".

What to do if the PCR test is positive

If the result is positive, you and your close contacts must self-isolate immediately for 10 days from the day you took the test.

What to do if the PCR test is negative

If the result is negative, you do not need to isolate.

Outbreaks in education settings

In the event of an outbreak of Covid-19 at a school, your child may be asked to self-isolate for 10 days if they have come into close contact with a positive case