

# Religious Education at Holy Family

Religious Education is the "core of the core curriculum" in a Catholic school (Pope St John Paul II). Through Religious Education, pupils study the Catholic tradition and come to an appropriate knowledge and understanding of the different religious dimensions of life. They are given the opportunity to examine their own religious attitudes and to respect the convictions of others. We teach tolerance and respect for other religions, traditions and cultures. Please see our British Values statement.

The curriculum planning wheels are used throughout the school and supported by materials from CAFOD, "The Way, The Truth and The Life" and "Come and See." All classes follow the Religious Education Curriculum Directory. Time spent on this area of the curriculum varies from 2 to 2.5 hours per week.

Religious Education is further enhanced and given expression through the liturgical life of the church by attendance and active participation in the Mass and the sacraments through the observance of religious services and festivals. At the beginning of each new term the whole school attend Mass with the parish and for the rest of the year one class each week attend.

The Catholic faith perspective is not an added extra, which we teach and offer to the children, it is integrated into the whole life of the school and into all the aspects of the curriculum. Please visit our Catholic Life page to find out more about how our faith is reflected in our school life.

Bound together as we are, by the unity of our faith, the children's education is developed in an atmosphere of caring, sharing and example.

# Human Relationships and Sex Education at Holy Family

At Holy Family Catholic Primary School we are inspired by Jesus to be the very best we can be. We look after one another and show respect and love through our relationships with one another. We use the term Human Relationships and Sex Education (HRSE) as we believe that relationships education is about all aspects of growing a fulfilled and happy life; sexual education is a dimension of this greater whole.

Any teaching about love and sexual relationships in school must be rooted in this belief which is expressed in the Church's teaching about relationships, marriage, sex and family life.

We encourage children from the earliest age to recognise that they are all children of God and that each person shares a God given dignity. As children mature, we encourage them to follow the example of Jesus and live lives inspired by the Gospel virtues, enabling them to follow His commandment to **"Love your neighbour as yourself"** (Mark 12:31). This is the basis for all relationships in our school where we model Christian Virtues. We follow the guidance of the Catechism of the Catholic Church and 'Fit for Mission? Schools'. For further details and information regarding the HRSE Policy, please [click here](#).