

Holy Trinity Autumn/Winter 2020

Week One

31 August/21 September

Monday

Margarita pizza 2, 7
Potato Wedges or Jacket potatoes, corn, beans 2
Chocolate cake & chocolate sauce 2, 4, 7

Tuesday

Beef Lasagne, 2, 7
Cheesy Jacket Potatoes 2
Garlic Bread 2, 7
Broccoli or carrots
Strawberry jelly

Wednesday

Roast chicken with Yorkshire pudding 2, 4, 7
Quorn roast 4, 7
Roast potatoes, cabbage, carrots, gravy 2
Shortbread 2, 7

Thursday

Hotdogs 2
Macaroni cheese, 2, 7
Beans or sweetcorn
Pancake with syrup 2, 4, 7

Friday

Breaded fish 2, 5
Vegetarian sausage rolls 2, 4, 13
Chunky chips or pasta, spaghetti hoops or peas 2
Chocolate Mousse 7

*Gluten/dairy free options available
Bread and yoghurt available every day*

Week Two

7 September/28 September

Monday

Pepperoni pizza 2, 7
Diced potatoes or Jacket potatoes, peas, beans
Lemon cake 2, 4, 7

Tuesday

Cottage Pie 2
Vegetarian Hotdog 2, 4, 7, 13
Cauliflower or peas
Yoghurts 7

Wednesday

Roast pork with Yorkshire pudding 2, 4, 7
Quorn roast 4, 7
Roast potatoes, cabbage or carrots, gravy 2
Chocolate Chip Cookie 2, 7

Thursday

Cheese and tomato swirl 2, 4, 7
Tuna and sweetcorn pasta 2
Mixed veg or sweetcorn
Iced smoothie

Friday

Breaded fish fingers 2, 5
Vegetarian sausage rolls 2, 7, 13
Chunky chips, pasta, beans, peas 2
Ice Cream 7

*Gluten/dairy free options available
Bread and yoghurt available every day*

Week Three

14 September/5 October

Monday

Margarita pizzas 2, 7
Diced potatoes, Jacket potatoes,
sweetcorn, beans 2
Ginger Cake 2, 4, 7

Tuesday

Beef meatball Pasta, or tomato pasta 2
Green beans or broccoli
Apple Crumble and Custard 2, 7

Wednesday

Roast gammon with Yorkshire pudding 2, 4, 7
Quorn roast 4, 7
Roast potatoes, cabbage, carrots, gravy 2
Flapjack 2, 7

Thursday

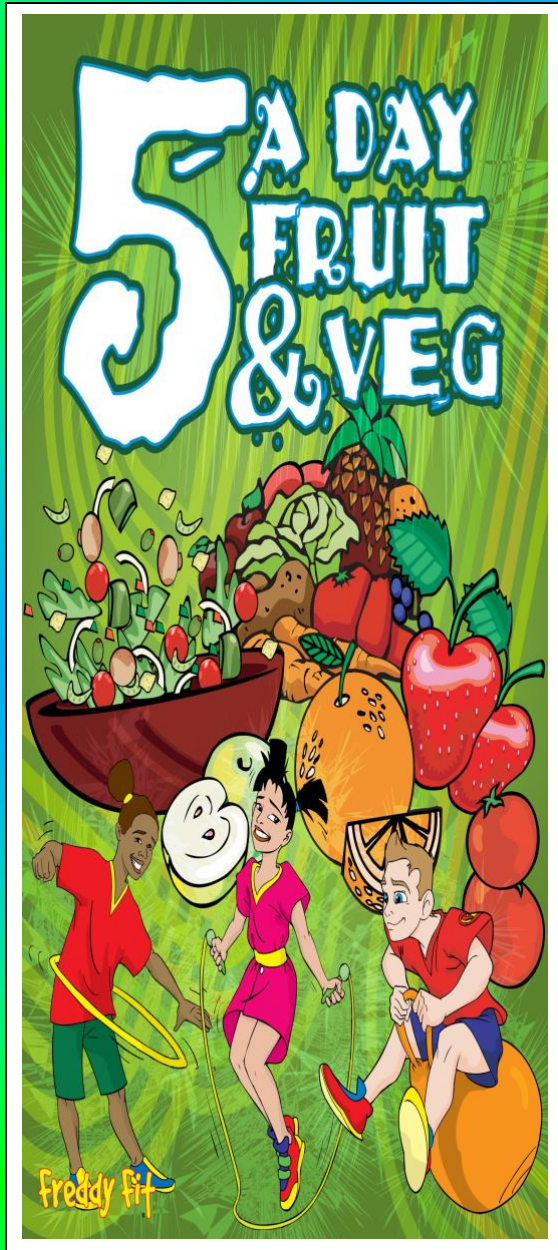
Jacket potatoes with beef chilli, tuna or cheese 2, 5, 7
Green beans, sweetcorn
Fruit and Oat Cookies 2

Friday















Breaded fish 2, 5
Vegetarian sausage rolls 2, 4, 13
Chunky chips, pasta, beans, sweetcorn 2
Blueberry Muffin 2 7

*Gluten/dairy free options available
Bread and yoghurt available every day*

Autumn 2020



Allergens Key

	1	Celery
	2	Cereal containing gluten
	3	Crustaceans
	4	Eggs
	5	Fish
	6	Lupin
	7	Milk
	8	Molluscs eg fish/snails/squid/whelks/oysters
	9	Mustard
	10	Nuts
	11	Peanuts
	12	Sesame seeds
	13	Soya
	14	Sulphur dioxide

Holy Trinity School

Menu

Autumn 2020

Balanced

Good Quality

Nutrition

Compassion

Respect

Truth

Service

Forgiveness



Blessed George Napier Catholic School