

Holy Trinity Menu Spring 2023

Week One

4 Jan/23 Jan/20 Feb/13 Mar

Monday

Jacket potatoes with tuna, baked beans, cheese 7
Salad, sweetcorn cobs
Yoghurts 7

Tuesday

Cottage pie 2, 7
Vegetarian cottage pie 2, 4, 7, 13
Peas, carrots, gravy 2
Syrup sponge with custard 2, 4, 7

Wednesday

Turkey meatballs with pasta
Vegetarian meatballs with pasta 2, 4, 7, 13
Garlic bread, mixed vegetables, salad 2, 7
Fresh fruit

Thursday

Roast pork with Yorkshire pudding 2, 4, 7
Quorn roast 4, 7
Roast potatoes, carrots, cauliflower, gravy 2, 14
Homemade shortbread 2, 7

Friday

Baked breaded fish 2, 5
Vegetarian sausage rolls 2, 4, 13
Chunky chips, peas, sweetcorn
Squeezy jellies

*Gluten/dairy free options available
Fresh seasonal veg, salad and bread available*

Week Two

9 Jan/30 Jan/27 Feb/20 Mar

Monday

Chicken goujons with a dipping sauce 2, 7
Vegetarian dippers 2
Wedges, sweetcorn
Yoghurts 7

Tuesday

Sausage and mash 7, 14
Vegetarian sausage and mash 2, 7
Peas, carrots, gravy 2, 14
Chocolate sponge with custard 2, 4, 7

Wednesday

Macaroni cheese 2, 7
Garlic bread, mixed salad 2, 7
Fresh fruit

Thursday

Roast chicken with Yorkshire pudding 2, 4, 7
Quorn roast 4, 7
Roast potatoes, carrots, broccoli, gravy 2, 14
Warm cookies 2, 4, 7, 10, 13

Friday

Fish fingers 2, 5
Vegetarian sausage rolls 2, 4, 13
Chunky chips, peas, beans
Mousse 7

*Gluten/dairy free options available
Fresh seasonal veg, salad and bread available*

Week Three

16 Jan/6 Feb/6 Mar/27 Mar

Monday

Margherita pizza 2, 7
Jacket potatoes and mixed salad
Herbie diced potatoes, baked beans 2
Yoghurts 7

Tuesday

Chicken curry 2
Sweet and sour stir fry noodles 2, 4
Savoury rice, naan bread 2, 7
Jam sponge with custard 2, 4, 7

Wednesday

Pasta bolognese 2
Vegetarian bolognese 2, 4, 7, 13
Garlic bread, seasonal vegetables 2, 7
Fresh fruit

Thursday

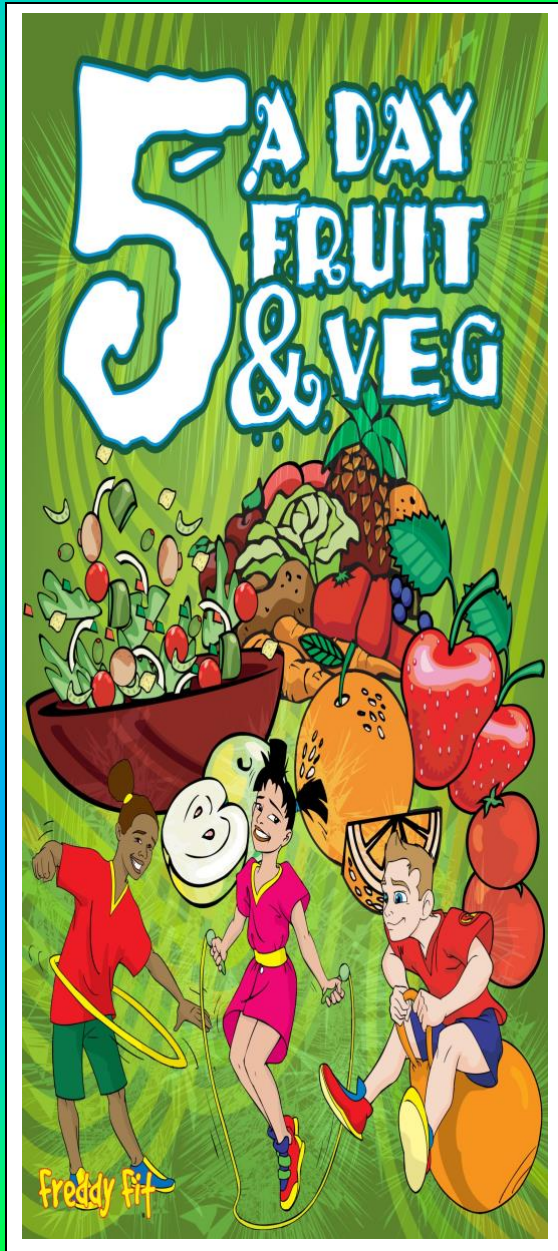
Roast turkey with Yorkshire pudding 2, 4, 7
Quorn roast 4, 7
Roast potatoes, carrots, cabbage, gravy 2, 14
Cinnamon buns 2, 4, 7, 9, 10, 12, 13

Friday















A fillet of fish 2, 5
Vegetarian sausage rolls 2, 4, 13
Chunky chips, spaghetti hoops, peas
Mini muffins 2, 7

*Gluten/dairy free options available
Fresh seasonal veg, salad and bread available*

Spring 2023



Allergens Key

	1	Celery
	2	Cereal containing gluten
	3	Crustaceans
	4	Eggs
	5	Fish
	6	Lupin
	7	Milk
	8	Molluscs eg fish/snails/ squid/welks/oysters
	9	Mustard
	10	Nuts
	11	Peanuts
	12	Sesame seeds
	13	Soya
	14	Sulphur dioxide

Holy Trinity School

Menu

Spring 2023

Balanced

Good Quality

Nutrition

Compassion

Respect

Truth

Service

Forgiveness



Blessed George Napier Catholic School