



## Message from the Headteacher

Dear parents,

I am writing to you today as I thought it would be lovely if all children could join in this assembly. The assembly has a live feel but has been recorded so that it's available to watch in advance and it will still be available after the premiere. I feel this will be an opportunity for pupils, both in and out of school, to share the same content and be inspired together.

- The content of this assembly:
- Introduction and welcome
- A film about CAFOD's work in Ethiopia
- A reflection on water
- Information about how to walk for water with CAFOD
- Prayers

Please click on the link below if you would like to join us.

Our school community looks forward to joining others for CAFOD's Water of Life national assembly. We'll travel to a place called Afar in Ethiopia, one of the hottest regions on earth, to meet people who make long journeys to collect water because it is so scarce.

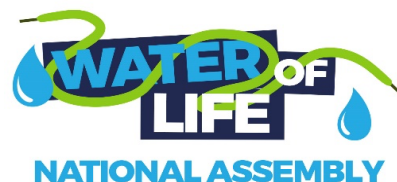
Please follow the link

[www.cafod.org.uk/schoolstogether](http://www.cafod.org.uk/schoolstogether) at 9.30am (primary) on 28 January and we'll find out how, even though we are all apart, we are still connected.

For Twitter:

Join @CAFOD's next national assembly Water of Life, and walk for water this term to show how even though we are apart, we are still connected. [cafod.org.uk/schoolstogether](http://cafod.org.uk/schoolstogether)

Join @CAFOD's national assembly, Water of Life, on Thursday 28 January. Find out how by walking for water this term we can show we are all connected, even though we are apart. [cafod.org.uk/schoolstogether](http://cafod.org.uk/schoolstogether)



**CAFOD** Catholic Agency for Overseas Development

no one  
beyond reach

**I'M WALKING  
FOR WATER**  
WITH CAFOD

I have also attached to this early newsletter free courses for parents to help get through lockdown. All the courses are free.

I hope you all enjoyed the snow at the beginning of the week it was a beautiful distraction. Thank you again for all your support and the wonderful work you are continuing to do with your children.



# Oxfordshire Adult Learning

PROVIDED BY ABINGDON & WITNEY COLLEGE



## FREE courses available to Adults in Oxfordshire

We are delighted to be able to offer FREE short online courses\* designed to support you and your family through the coming weeks.

\*All courses delivered remotely via Microsoft Teams.



### Basic Drawing and Painting with your children

A short series of sessions with our expert tutor. A chance to get you, the parent /adult carer creating beautiful simple projects together with your child. Bringing the fun back to learning whilst creating an opportunity to help your child's development.

Please note this course is for adults to attend alongside children up to the age of 16.

**Date: Wednesday 3<sup>rd</sup> February – 24<sup>th</sup> February (4 Weeks)**

**Time: 13:30-15:00**



### An Introduction to Mental Health Understanding

In this challenging time, everyone is aware that an individual's mental health is under constant pressure. This course is designed to help you appreciate what mental health is, the negative and positive impacts to mental health and most importantly give tips on how to combat some of the challenges involved.

**Date: Thursday 4<sup>th</sup> February – 11<sup>th</sup> February (2 Weeks)**

**Time: 10:00-12:00**



### Getting through together

This supportive course is aimed at parents to provide them with the tool kit to increase resilience. Looking at how people cope when isolated; We aim to develop a positive environment allowing people to share experiences and working together to create solutions.

**Date: Thursday 4<sup>th</sup> February – 4<sup>th</sup> March (5 Weeks)**

**Time: 12:30-13:30**



### Out of Lockdown into life

Tired of being restricted but knowing full well that restrictions still occur in our society; This course is designed to help you develop techniques that will overcome frustrations in today's 'new world' but still keep you safe as we move forward.

**Date: Friday 5<sup>th</sup> February – 19<sup>th</sup> February (3 Weeks)**

**Time: 10:00-12:00**

You can choose to enrol onto one, some or all the above courses.

To register your interest, please email  
[oal.southandeast@abingdon-witney.ac.uk](mailto:oal.southandeast@abingdon-witney.ac.uk)

Please visit our website for more information  
[www.abingdon-witney.ac.uk](http://www.abingdon-witney.ac.uk)

## DATES FOR YOUR DIARY

<b>Dates for Spring Term</b>	
Friday 12 <sup>th</sup> February	Break up for Half Term
Monday 22 <sup>nd</sup> February	Return to School
	Multi Faith Week
<b>Wednesday 31<sup>st</sup> March</b>	<b>School Closes for Easter at 12.05pm</b>
Monday 19 <sup>th</sup> April	Return to School
Monday 17 <sup>th</sup> May	Reception and Year 6 Height and Weight Checks