



# **Horizons Therapeutic Education Trust**

## **Uniform Policy**

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### Document Governance

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## **UNIFORM AT MISTERTON LEARNING CENTRE**

At the Horizons Therapeutic Education Trust provision, young people are encouraged to be themselves. We therefore offer a flexible uniform policy. However, clothing is not permitted to be dangerous or offensive. Tops must have straps and flat shoes are desirable.

The ethos of the provision is formal learning in an informal environment. This is an environment that is not a 'typical school'. Young people here have tools to help manage their emotions, cope with their trauma and be supported to build relationships and invest in their education in a way which supports them to think about what they want to do when they leave the Centre.

The Therapeutic Education Centre supports young people who are facing a range of difficulties which are likely to act as barriers to them feeling comfortable in a school uniform. Feeling uncomfortable is a huge barrier to engagement and learning. At the provision there is an acknowledgement that other schools and indeed workplaces will require young people to wear uniforms, and thus young people may need support to manage this.

Distress tolerance, and support with Employability programmes are in place to help young people to consider what they will need to wear/what is appropriate in environments once they leave the provision.