## SAVETHE DATE:

22 **APRIL** 

If we can't go to the event...we'll bring the event to you. Be part of something HUGE...take part in our School Games Nationwide Keepy Up Challenge. Do as many or as few as you can



**KEEP YOUR SPIRITS UP KEEPY UP** CHALLENGE

You can use any object (ball, soft toy, socks etc) and keep it up using any part/s of your body. Use your imagination











## YOUR SCHOOL GAMES ORGANISER NEEDS YOU...

Join together on 10am on 22<sup>nd</sup> April to see how many KEEPY UPS we can do across the Country to say

## KEEP YOUR SPIRITSUP

Tweet your videos/photos using: #keepyourspiritsup #StayHomeStayActive