**Simple shortbread**

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| **http://www.healingdaily.com/detoxification-diet/essential-fatty-acids-not-margarine.jpg** | http://kellys-expat-shopping.nl/files/2013/06/tate-lyle-caster.jpg | http://www.britishcornershop.co.uk/images/large/QWOP2151.jpg |
| **200g**margarine | **100g** caster sugar | **300g** plain flour |



1. Heat oven to 190C



2. Beat the sugar and margarine together until smooth with a spoon



3. Stir in the flour with a spoon so the mixture looks like breadcrumbs.



4. Put on the work surface and roll flat with a rolling pin.



5. Cut into circles with a cutter and put on a baking tray.



6. Bake in oven for 20 minutes and put on a rack to cool