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|  | Group 1 | Group 2 | Group 3 | Group 4 | Group 5 | Group 6/7 |
| Monday | Thrive | Sensory | Sensory diet | Yoga | Forest school(Matt/Kirsty) | Art- mindfulness |
| Tuesday | Sensory | Positive touch | CircuitTraining | Thrive | Art-mindfulness | Sensory diet |
| Wednesday | Sensory diet | Yoga | Thrive | Art-mindfulness | Sensory | Circuit training |
| Thursday | Art-mindfulness | Sensory diet | Yoga | Sensory | Circuit training | Forest school(Matt/Kirsty) |
| Staff and Students Dog Walking to the Beacon Country Park. LO’K, VG, SW – Pet Dogs. Thursday afternoon. |
| ThriveClass based(pastoral/Gareth b) | Sensory6A class room(Sarah/Amy) | Sensory dietFood tech(Kerry/Colleen/ LB) | Circuit trainingHall or outside(Phil/Ste C) | Art-mindfulnessArt room(Gill/Tam) | YogaAssembly hall(Kev/Colleen/Ryan) | Positive touchClass based(Claire/Sharon) |