

Year	Autumn		Spring		Summer	
	1 st Half	2 nd Half	1 st Half	2 nd Half	1 st Half	2 nd Half
1	Health Related Exercise	Improve Agility	Dance	Invictus	Athletics	Improve Catching
	Football	Improve Balance	Gymnastics	Orienteering	Improve Throwing	Striking and Fielding
2	Health Related Exercise	Improve Agility	Dance	Invictus	Athletics	Improve Catching
	Football	Improve Balance	Gymnastics	Orienteering	Improve Throwing	Striking and Fielding
3	Health Related Exercise	Basketball	Dance	Invictus	Athletics	Rounders
	Football	Netball	Gymnastics	Orienteering	Cricket	Tennis
4	Health Related Exercise	Basketball	Dance	Invictus	Athletics	Rounders
	Football	Netball	Gymnastics	Orienteering	Cricket	Tennis
5	Health Related Exercise	Basketball	Dance	Invictus	Athletics	Rounders
	Handball	Netball	Gymnastics	Orienteering	Cricket	Tennis
6	Health Related Exercise	Basketball	Dance	Invictus	Athletics	Rounders
	Handball	Netball	Gymnastics	Orienteering	Cricket	Tennis

