

# **Sun Safety Policy**

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12.01.2021	0.1	Scheduled Review	Update name & logo. J Bowman	scc
14.01.2021	0.2	Internal Lead Scheduled Review	Change to 3 year review. Minor changes to language. SLT	
14.02.21	0.3	Board Lead Scheduled Review	No changes. PL	
14.05.21	1.0	Board Scheduled Review	Ratified	

### **Sun Safety**

#### Rationale

Whilst we recognise that some sun is good for us, Sun Safety is an important health and safety issue for schools. Children spend almost half their childhood at school, with approximately 8 hours per week spent outdoors. During the warmer months of the year children are exposed to UV radiation from the sun, the majority of which is when UV penetration is at its strongest (between 11am and 3pm). Without adequate protection, a child's delicate skin can easily burn, causing accumulative and irreparable damage. This can significantly increase their risk of developing skin cancer in later life.

Skin cancer is the most common cancer in the UK with rates of the disease rising faster than any other cancer. Sun exposure in the first 15 years of life contributes significantly to a persons lifetime risk of skin cancer, highlighting the importance of schools and parents working together, to increase knowledge, influence behaviour, ensure children are protected against UV and learn how to enjoy the sun safely.

#### Procedure.

#### Sun Screen

We will actively remind parents to ensure they have applied a long lasting sun cream to their child before school, and that their child brings a quality sunscreen to school for application as required. Sunscreen can be left in school, labelled with a child's name.

We will actively encourage pupils to apply sunscreen when UV levels reach 3 or above before extended periods outdoors, such as PE or breaks.

Assistance with where to apply sunscreen will be provided where necessary, but staff are not able to put sunscreen on pupils.

The school will not provide sun screen to those children who do not have any due to potential allergies.

Children who do not have sun screen and/or a sun hat will have limited time outside, and will be asked to stay in the shade where possible.

#### Sun Hats & Clothing

We actively remind parents to ensure their child brings an appropriate sun hat to school. We encourage parents to supply hats that protect the back of the neck.

We actively encourage pupils to wear their sun hat when UV levels reach 3 or above.

We use sun safe strategies to encourage pupils to cover up, like "no hat, play in the shade".

We ensure pupils wear school and PE uniforms that keep shoulders covered. Sunglasses are optional for those with hayfever.

Children who do not have a sun hat and/or sun screen will have limited time outside, and will be asked to stay in the shade where possible.

#### Shade

We try to provide shaded areas outdoors where pupils can congregate for outdoor play, lessons and activities.

We are committed to investigating fundraising opportunities to improve shade available.

#### Monitoring UV

We are committed to monitoring UV levels daily during warmer months to ensure appropriate sun safety measures are implemented when necessary.

The school may limit time outside if the temperature is particularly high.

## Staff & Role Modelling

Staff role model good sun safety behaviours such as applying sun screen and wearing a hat when UV levels reach 3 or above.

All staff are actively involved in the implementation of this policy, and they consider the UV forecast and sun protection/control measures when planning outdoor activities or school trips.

## Sun Safety Education

We educate all pupils annually on sun safety using comprehensive, curriculum linked lesson plans, activities and resources provided by the Sun Safe Schools national accreditation scheme.

## *Informing the Trust Community*

We communicate sun safety through a range of channels, e.g. websites, newsletters, text messages, Worship, and staff meetings.