



THE HOWARD PRIMARY SCHOOL

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22nd December 2023

Dear Parent/Carer,

Class 3 Swimming Lessons

Class 3 children will commence swimming on Friday 12th January 2024. Swimming is during school time, on Friday afternoons from 2:00pm until 2:45pm and takes place at the Friary Leisure Centre, in Lichfield.

The swimming kit should consist of:

- Swimming costume: Rules stipulate that boys should wear traditional trunks, **not the long, baggy Bermuda shorts type**. Girls must wear full swimming costumes (one piece), **not bikinis**.
- **All children need swimming hats.**
- Towel.
- The wearing of goggles is discouraged for reasons of Safe Practice in School Sport as stated in the 'Guidance notes for the use of swimming goggles in schools (December 2008)'. If you wish your child to wear goggles please click on the link below or alternatively copy and paste the link into your browser and complete the Google form:

<https://forms.gle/Qwe2W2r1N4Y6Wa688>

- Jewellery is not permitted including earrings. Earrings **must be removed** – **taping over is not acceptable**. **If your child cannot remove their earrings, regrettably they will not be allowed to swim.**



Children with a verruca should be receiving treatment e.g. Bazuka. The swimming instructors carry out foot inspections, anyone with an untreated verruca, is not allowed to swim. To prevent the spread of infection to others verruca socks can be worn.

That is all the rules and regulations dealt with! We are very excited to start swimming lessons again with past experience showing that any reluctant swimmers are soon transformed into ducks! If anyone has any worries or queries then please contact the office.

Yours sincerely,

Mr Wynn