



# THE HOWARD PRIMARY SCHOOL

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7th March 2024

## IMPORTANT NUT ALLERGY INFORMATION

Dear Parents and Carers,

We have a number of pupils in our school who have nut allergies. Anaphylaxis (allergic reaction) can occur as a result of **digestion**, **inhalation** or **any other contact** with nut-based products. Children within our school can have severe reactions that may result in hospitalisation and *life-threatening* situations. For their safety, all nut-based products are banned from the school premises.

Please do not send your child into school with any nut-based product for packed lunch or snack – this includes products that may contain traces of nuts.

### **Potential allergens could include the following:**

Spreads, e.g. chocolate spread

Cereal bars

Some types of biscuit containing nuts

Condiments, e.g. satay sauce



Cakes containing nuts

Some snack pots containing nuts

It is important that you check the labelling of food products before sending your child into school with them – it is not always apparent that products contain nuts or traces of nuts but the consequences may be fatal.

We also ask that, if your child consumes any nut-based product before school, they wash their hands thoroughly and rinse their mouth before entering the school grounds. We understand that these measures may seem extreme; however, we want to ensure the health and safety of all our pupils, and some of the pupils with the allergy are severe enough that even the slightest of contact with nuts could cause a severe and potentially life-threatening reaction.

Due to the severity of the allergy, if any pupil is found with a nut-based product after this letter has been distributed, the school will confiscate it and contact parents straight away.

If children require snacks at break-time, these ***should only be fresh or dried fruit*** and healthy snack bars that have been checked carefully. Foundation Stage and Key Stage 1 pupils will continue to be provided with a piece of fruit, daily.

Thank you for your cooperation with this matter and ongoing support for our school.

Kind regards,



Mr Wynn