

Version 20 April 2022

# TAMWORTH DISTRICT

#### Venues

Leyfields Children's Centre, Masefield Drive, Tamworth, B79 8JB

Glascote Children centre, Hawksworth, Tamworth, B77 2ER

> Tamworth Library, Corporation St, Tamworth B79 7DN

Mile Oak Community Centre, Price Avenue, Tamworth, B78 3NL

St Peter's Church, Hawksworth, Silver Link Road, Tamworth B77 2HH

Please visit our
Facebook page to
find a full description
of the sessions



'Tamworth Children's Centre'



#### **MONDAY**

#### **Baby Massage**

#### Glascote Children's Centre

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch.

10.00am – 11.00am Ages 0—1 yr old £30.00 5 week course FPC Natalie Wadlow 07782 383 663. Email: natalie.wadlow@yahoo.com

#### MONDAY CONT ...

#### Playdays Baby & Toddler Group

#### Leyfield's Children's Centre

Come and join us for some sensory, messy, fun activities, with a lovely story time to end the session.

9.30 –10.30, 11.00—12.00, 13.00 –14.00 Ages birth to 3yrs. £5.00 1st child £2.50 additional children **FPC** 

Lorette <a href="www.facebook.com/">www.facebook.com/</a> PlaydaysBaby&ToddlerGroup

#### **FREE Simply Play**

#### Glascote Children's Centre

Fun activities, try new sensory ideas and early language activities. TT

12.00—13.00, 0-12 mths

14.00—15.30 12 mths plus or mixed ages

Birth—12months Free—FPC

Lynda Hartshorn on 07772614618

#### **FREE Pram to Primary**

#### Glascote Children's Centre

Struggling with your child's behaviour, mealtimes and bedtimes becoming a challenge? If your child is aged between 0 –11 yrs then this class could be for you. 9.45—11.45 TT FREE—FPC

Email: groupwork@staffordshire.gov.uk
TinyTalk Baby signing & Toddler

#### talking St Peter's Church

Learn how to using signing as a means of pre-verbal communication with your child to help develop language skills.

10-11am Birth to 18 months

11.30am-12.30pm 18 months plus. **Both groups:**£7.50 per class per family or **FPC £2.50** 

Felicity Haslewood on 07724626394 or email felicityh@tinytalk.co.uk

## Mini Athletics Teeny Athletes

#### **Glascote Children's Centre**

The perfect introduction into athletics based movement. Through a fun and imaginative format, the children will be developing their physical, cognitive, and social skills, without even realising it! 13.00-13.45. Walking to 2 yrs 13.45-14.30. Mini Athletes 2-4years

£5.00 per class. **FPC** Tel: Sarah 07968818313

Email:sburrow@miniathletics.com

#### **TUESDAY**

#### **Baby Yoga**

#### **Glascote Children's Centre**

A welcoming, relaxed class combining massage and movement for baby and Yoga for you. Incorporating songs, sensory play and relaxation for a fun and nourishing class.

10.00—11.00 Age 8wks—crawling £30.00 6 week course £5.00 weekly **FPC** Jemimah England .07704200702.

Email: movementwithmimah@outlook.com

#### **Baby Massage**

#### Leyfield's Children's Centre

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch.

10.00am – 11.00am Ages 0—1 yr old £30.00 5 week course **FPC** 

Natalie Wadlow 07782 383 663. Email: natalie.wadlow@yahoo.com

#### **Tots Play —Social & Discovery Tots**

#### **Mile Oak Community Centre**

Sensory, creative, physical and social activities to let you play, cuddle and connect with your little one.

9.30—10.15 8mths—2yrs, 10.45—11.30 8wks till crawling, 12.00—12.45 8wks till crawling. £6.75 per family **FPC** 

Email Lisa: <a href="mailto:lisag@totsplay.co.uk">lisag@totsplay.co.uk</a>

#### Lottie's Tots

#### Leyfield's Children's Centre

Fun & Friendly baby & toddler group. Free play, craft, dancing & bubbles. Music session for pre-walkers exploring physical, social & emotional & sensory dev. 12.30—14.00 0-4yrs £4.00 per child FPC Call or text Emma on 07453263157 or email office@lottiestots.co.uk

### **Homestart Twins & Multiples Club**

#### **Glascote Children's Centre**

Meet other multiple families for support, sensory, music, craft and outdoor play. 10.00—11.30 TT

Birth—Pre-School £1.50 per child **FPC** Text Kat to book on 07818 507027

#### WEDNESDAY

#### **Hokey Cokey Club**

#### **Glascote Children's Centre**

Friendly, interactive family group with lots of songs, messy, sensory, craft and outdoor play.

9.30—10.45 & 11.30— 12.45 Birth—5yrs £5.00 per family, up to 2 children **FPC** Call or text Hilary on 07546165595 or email hilaryhokeycokey@yahoo.com

#### **Kiddibops Music Play Classes**

#### Levfields Children's Centre

In our classes we sing, play, move, improvise and express ourselves musically using instruments and our bodies 12.30 –1.10 Babies—Pre-walkers 13.20—14.00 Walkers— pre-school age 14.10—14.50 Newborn Development

Course 0-12wks £5.50 and £2.50 for siblings **FPC** 

Rachel 07807551661 or

info@kiddibops.co.uk. https://kiddibops.class4kids.co.uk/

#### Tots Play —Social & Discovery Tots

#### **Mile Oak Community Centre**

Sensory, creative, physical and social activities to let you play, cuddle and connect with your little one.

9.30—10.15 8mths—2yrs

10.45—11.30 8 wks till crawling

£6.75 per family FPC

#### 6 week Baby Development Course

12.00—13.00 Birth—6mths

£60.00 per family for 6 weeks FPC £30.00

Email Lisa: lisag@totsplay.co.uk

## Mini Athletics Teeny Athletes

#### Leyfield's Children's Centre

An exciting, positive, and imaginative first experience of sport. Aim to enhance coordination, stability, strength, and functional skills. 9.00- 9.45, 10.30-11.15.Walking to 2

yrs. 9.45-10.30 or 11.15-12.00. 2– 4 yrs

Booking required. £5.00 per class.

Tel: Sarah 07968818313

Email: sburrow@miniathletics.com

#### WEDNESDAY CONT ...

#### Mini Athletics Teeny Athletes Leyfield's Children's Centre

An exciting, positive, and imaginative first experience of sport. Aim to enhance coordination, stability, strength, and functional skills.

9.00- 9.30, 10.30-11.15. Walking to 2 yrs.

9.45-10.30 or 11.15-12.00. 2– 4 yrs Booking required. £5.00 per class. **FPC** 

Tel: Sarah 07968818313 Email: <a href="mailto:sburrow@miniathletics.com">sburrow@miniathletics.com</a>

#### In It Together:

#### Parent & Carer SEND support group

#### Glascote Children's Centre

Join us for a cuppa and a chat. Make friends, share experiences and tips. Never feel judged. You're not alone, we are in this together.

Every 3rd Wednesday of each month. 10.00—12.00 Children welcome. Free to attend. Refreshments included.

Email: inittogether.tamworth@gmail.com or

Tel: Emma 07368835556

#### **THURSDAY**

## Just had a baby? Want to pop out and meet some friendly faces over a cuppa?

#### Tea & Talk with NEST CIC STARTS THURSDAY 28th April! Glascote Children's Centre

Join our friendly session which offers time for new parents to chat and enjoy relaxed play with their babies. Aged Birth—crawling

Tea & Biscuits included. 13.30—14.30 £1.00 donation **FPC** Tel: Jemimah England 07704200702.

FPC = Children's Centre Free Pass
Card Accepted

TT = Term Time

#### THURSDAY CONT...

#### **Baby Massage**

#### Glascote Children's Centre

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch.

10.00am – 11.00am Ages 0—1 yr old £30.00 5 week course **FPC** 

Natalie Wadlow 07782 383 663. Email natalie.wadlow@yahoo.com

#### Fourth Trimester Club with NEST CIC

#### Glascote Children's Centre

You're invited to the club! A class which focuses on nourishing new Mum, helping you to feel happy calm and confident through motherhood.

12.30—13.30 Aged Birth—crawling £24.00 for 4 week course FPC

Tel: Jemimah England 07704200702. Email: nest.cic@outlook.com

#### Free Basic Paediatric First Aid Workshop

#### Leyfields Children's Centre

Interactive workshop to teach families the basic skills of First Aid. Covering choking, breathing difficulties, burns/scalds and minor cuts/bruises.

Monthly Sessions, 12.00—14.00 Tel: 0182768750 or 01827304337.

Email: wendy.jones@southstaffs.ac.uk

#### Lottie's Tots

#### Glascote Children's Centre

Fun & Friendly baby & toddler group. Free play, craft, dancing & bubbles. Music session for pre-walkers exploring physical, social & emotional & sensory development. 10.00—11.30 & 12.30—14.00 0-4yrs £4.00 per child FPC

Call or text Emma on 07453263157 or email office@lottiestots.co.uk

## Tots Play —New baby Workshop Leyfields' Children's Centre

A fantastic one-hour workshop suitable for expectant parents or those with a new-born. You will be introduced to lots of simple ways to play, connect and communicate with your new baby.

## 1st Thursday of the Month 13.30—14.30

£6.00 per family FPC

Email Lisa: lisag@totsplay.co.uk

#### **FRIDAY**

#### Musical Babies

#### Glascote Children's Centre

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. What's not to love!

9.30 – 10.30 Ages birth—5yrs 11.00—12.00 & 12.30—13.30 Babies to prewalkers £5.00 per family, up to 2 children FPC Hilary 07546165595 or email hilary-hokeycokey@yahoo.com

#### **Kiddibops Music Play Classes**

#### St Peters Church

In our classes we sing, play, move, improvise and express ourselves musically using instruments and our bodies 9.45 Babies class 10.40 & 11.35 Walkers—pre-school class

£5.50 and £2.50 for siblings FPC

Rachel 07807551661 or info@kiddibops.co.uk. https://

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Call or text Emma on 07453263157 or email office@lottiestots.co.uk

#### WEEKENDS

## SEND Group In It Together: Stay & Play activity session

#### Glascote Children's Centre

Join us for fun for the whole family. Activities inc: Lego, K'nex, Games, Playdough, Sensory Play & more.

11.00—13.00 All age children welcome. Booking required.

Free to attend. Refreshments included. Email: <u>inittogether.tamworth@gmail.com</u> or Tel: Emma 07368835556

Once per month on a Saturday. For dates see our website: in-it-together.Weebly.com or email/telephone.

#### SUPPORT FOR FAMILIES

## FAMILY SUPPORT SERVICE BY MALACHI 1:1 FAMILY SUPPORT

Family support continues to support families during the COVID-19. As well as the Bookstart sessions they are also helping families create routines in the home and also support with strategies to manage child's behaviour in these ever changing times.

For more information contact: Malachi on: 0121 4414556 tamworth@malachi.org.uk



If you need to speak to a Health Visitor please call the Hub on 0300 303 3924

#### **ONLINE SUPPORT**



We've created a hub for families in Staffordshire. To keep them happy, healthy and safe. We can answer your questions and

help you find support and share ideas.

Click on the QR code to take you to our Family Hub page for more details.



#### **Kiddibops Interactive ZOOM classes**

We sing, rhyme, dance and use the toys in our home to music-play. A fully interactive group that is full of musical fun and learning. Book via: <a href="https://kiddibops.class4kids.co.uk">https://kiddibops.class4kids.co.uk</a>

While we endeavour to keep all sessions and information on this timetable up to date, we reserve the right to change sessions at any time.