



## Catering Review

27<sup>th</sup> February 2019

Dear Parents,

We wanted to keep you updated with our focus on food within the Trust. As you know, parents were asked to complete a questionnaire at the end of the Christmas Term, and thank you again to all who took the time to do this. In addition, School Councils acted as focus groups to discuss food and healthy eating, and all classes were asked to complete a questionnaire. We had some great pupil feedback, so a huge thank you to them too.

As a result of all this work, a report was prepared, and presented to the CEO in January. We're going to take a number of actions, and we're excited about sharing these with you.



The first thing we're doing is reviewing all of our lunch time meals with a view to making them healthier and more balanced. Look out for some new look menus coming soon.



We've revamped our Care Club food to bring it in line with food offered within school, and with the School Food guidelines.



We've drafted a Whole Trust Food Policy, and a Packed Lunch policy, to clarify our thinking and ethos around food across the Trust. This will mean some changes outside of lunch time – for example, moving away from sweets as rewards, looking at ways of introducing healthier options to cake sales and end of term party food, and asking parents to send in non-food items instead of sweets if they wish to celebrate their child's birthday.



We will be introducing a reward scheme at lunchtimes, focusing on healthy choices, trying new foods, and table manners. More information on this will follow shortly.



We will be looking at packed lunches, and supporting parents and children to bring in healthy food.



We've partnered with Phunky Foods ([www.phunkyfoods.co.uk](http://www.phunkyfoods.co.uk)) to help us embed healthy food and lifestyle choices more firmly within our curriculum.



We will be introducing Food Ambassadors within each school, to support our food initiatives.

We're looking forward to the work we're going to do around healthy eating and food across our school, look out for more information on those listed above, and other changes we'll be making soon.

Best wishes

Headteacher