



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meatless Meatball Pasta Bake	Sausage and Creamy Mash with Gravy	Roast Chicken served with, Roast Potatoes and Rich Gravy	Spaghetti Bolognese served with Garlic Bread	Battered Fish served with Chips
Vegetarian Main Course	Wholemeal Cheese and Tomato Pizza with Potato Wedges	Quorn Sausage and Creamy Mash with Gravy	Quorn Burger and BBQ sauce with lettuce and tomato	Chunky Vegetable Pasta Bake served with Garlic Bread	Cheese and Tomato Whirl served with Chips
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Baton Carrots	Sweetcorn & Cauliflower	Garden Peas & Baked Beans
Dessert	Banana Muffins Or Fruit Pot	Jam Roly Poly with Custard Or Fruit Kebabs	Mandarin Orange Cake served with Pouring Cream Or Fruit Boat	Lemon Shortcake Biscuit Or Fruit Pot	Fruity Flapjack Or Fruit boat
Selector 1	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen

Fresh Baked Jacket Potato with Choice of fillings Cheese, Tuna, Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily

Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit and Yoghurts available daily





WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meatless Beef Burger served with Potato Wedges	Homemade Chicken Curry with 50/50 Rice	Roast Gammon Served with Mashed Potatoes and Gravy	Wholemeal Margherita Pizza Served with Baby New Potatoes	Golden Crumb Fish Cake served with Chips
Vegetarian Main Course	Macaroni Cheese	Homemade Vegetable Curry with 50/50 Rice	Meatless Meatballs with Mashed Potatoes and Gravy	Wholemeal Margherita Pizza Served with Baby New Potatoes	Fishless Fish Fingers served with Chips
Vegetables	Carrot Batons & Broccoli	Carrots & Green Beans	Cauliflower & Peas	Sweetcorn & Beans	Garden Peas & Sweetcorn
Dessert	Ginger Biscuit OR Fruit pot	Ice Cream Or Fruit Kebabs	Rice Pudding with Fruit Compote Or Fruit Boat	Beetroot Brownie Or Fruit Pots	Cornflake Tart and Custard Or Fruit Boat
Selector 1	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen

Fresh Baked Jacket Potato with Choice of fillings Cheese, Tuna, Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily

Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit and Yoghurts available daily





WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetable Fingers served with Potato Wedges	Homemade Chicken Pie served with Mashed Potato and Gravy	Roast Turkey, Roasted Baby Potatoes served with Rich Gravy	Homemade Shepherd's Pie served with Gravy	Battered Jumbo Fish Fingers served with Chips
Vegetarian Main Course	Pizza style Wrap served with Potato Wedges	Vegetable Pasta	Linda McCartney Vegetarian Mince Cottage Pie	Quorn Sausage and Creamy Mash with Gravy	Fishless Fingers served with Chips
Vegetables	Peas & Baton Carrots	White Cabbage & Broccoli	Cauliflower & Diced Carrots	Parsnips & Savoy Cabbage	Peas & Baked Beans
Dessert	Fruit Scone served with Jam Or Fruit pot	Plain Sponge and Custard Or Fruit Kebab	Swiss Shortcake Or Fruit Boat	Strawberry Jelly Or Fruit Pot	Melting Moment Or Fruit Boat
Selector 1	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen

Fresh Baked Jacket Potato with Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily

