DISHES AND THEIR ALLERGEN CONTENT – Humberston Cloverfields Academy

items					De.	Lupin	Milk		MUSTARD			SISAMI		Beer
Every Day Options	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Yogurts muller thick and creamy							✓							
Ham Sandwich made with Hovis brown thick bread		✓											✓	
Cheese Sandwich made with Hovis brown thick bread		✓					✓						✓	
Tuna Sandwich made with Hovis brown thick bread		✓		✓	✓								✓	
Jacket potato with cheese, tuna, beans				✓	✓		✓							

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