



## **What does Personal, Social and Health Education look like at Humberston Cloverfields?**

### **Intent**

It is our intention that when children leave Humberston Cloverfields, they have the necessary knowledge, understanding and emotional literacy to enable them to live an active life, contributing positively to the community they live in and today's diverse society. We want our children to be confident individuals with high aspirations, who know that they can achieve anything if they try their best. In a constantly changing world, it is important that they are aware of challenges they will face and that they learn how to deal with these effectively so that they can take care of their mental health and well-being.

At Humberston Cloverfields, PSHE supports children in acquiring both the knowledge and skills which enable them to access and enjoy learning beyond the curriculum. Additionally, it prepares them for life as an active citizen within a global community. PSHE promotes the personal and physical development of our children, as well as the spiritual, moral, cultural, and social preparing them for the opportunities, responsibilities and experiences later in life. Our Relationships and Sex Education ensures our children know to stay safe and develop healthy relationships, both currently and in the future.

### **Implementation**

At Humberston Cloverfields, PSHE is at the heart of our school curriculum. Therefore, we are dedicated to ensuring quality provision of this subject.

This is implemented through:

- a whole school, two yearly overview of the PSHE curriculum, which meets the requirements of Development Matters and the PSED Early Learning Goals in Foundation Stage and the National Curriculum.
- teachers being supported with their subject and pedagogical knowledge through resources from Jigsaw, a progressive scheme of work, which is organised into six half termly themes:

Autumn 1: Being Me in My World

Autumn 2: Differences (including anti-bullying)

Spring 1: Dreams and Goals

Spring 2: Healthy Me

## Summer 1: Relationships

## Summer 2: Changing Me (including Sex Education)

- Aspects of Sex Education being taught through our Science curriculum.
- PSHE, including SMSC and British Values being a significant part of the whole school curriculum, and is therefore often taught within another subject area.
- Visitors such as emergency services and beach safety offer additional learning to our PSHE curriculum.
- Mid-Week Me time is implemented in every class each week. It supports children in developing strategies they can use to look after their mental health.
- Whole school and Key Stage assemblies linked to PSHE, British Values and SMSC are used to reinforce key knowledge.
- Our ambitious school curriculum supports children to develop a growth mindset and the skills necessary for collaboration. This helps them build respect, resilience and confidence; embrace challenge and foster a love of learning. This is achieved through the language we use in class, praising children for their efforts, and using critique to encourage children to change their way of thinking to make their learning or behaviour even better.

## Impact

By the end of year 6, we ensure the children understand how to manage their emotions and know how to look after their mental health and well-being. They have a positive self-esteem and respect for themselves and others and know how to develop positive, healthy relationship with their peers. Children understand the physical aspects involved in RSE at an age appropriate level and have developed the foundations to enable them to flourish into healthy, open minded, respectful, socially and morally responsible, active members of society who appreciate and respect difference and diversity.