

Week 1



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Macaroni Cheese	Margherita Pizza with homemade coleslaw	Roast of the Day with Gravy	Chicken curry with brown rice	Jumbo Fish Fingers & Chips
Vegetables	Green Beans & Sweetcorn	Broccoli & Carrot Batons	Vegetable Medley & Roast Potatoes	Cauliflower & Carrots	Peas & sweetcorn
Dessert	Peach Melba Sponge & Custard Fruit Salad	Cherry shortcake & custard Fruit Pots	Ginger sponge & White sauce Fruit Kebabs	Apple Crumble & Custard Fruit Boats	Ice cream & Fruit cocktail Fruit Salad

Fresh Baked Jacket Potato with
Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily



Week 2



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Quorn Burger & Oven baked wedges	Spaghetti Bolognaise	Roast of the Day with Gravy	Lasagne & garlic bread	Fish Cake & Chips
Vegetables	Peas & Carrots	Broccoli & Carrot Batons	Carrots Cauliflower & Roast Potatoes	Broccoli or Salad	Sweetcorn & Baked Beans
Dessert	Fruit Flapjack Fruit Pot	Cornflake Tart & Custard Fruit Kebabs	Rice pudding With fruit compote Fruit Salad	Courgette sponge & custard Fruit Boats	Ginger Biscuit & Milk Fruit Salad

Fresh Baked Jacket Potato with
Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily

Week 3



WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Quorn Sausage in Bun With Oven Baked Wedges	Tuna Pasta Bake	Roast of the Day With Roast Potatoes	Chicken pasta in tomato sauce with garlic bread	Fish & Chips
Vegetables	Beans & Sweetcorn	Carrots & Broccoli	Vegetable Medley	Sweetcorn & Broccoli	Beans & Peas
Dessert	Carrot & Orange Cake Fruit Salad	Jam roly poly & custard Fruit Kebab	Mandarin orange sponge & Chocolate sauce Fruit Pot	Apple Crumble & Custard Fruit Boats	Ginger biscuit & milk Fruit Salad

Fresh Baked Jacket Potato with
Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily

