



Ingrow Primary School

Relationships and Health Education (RSE) Policy

Implementation Date: September 2026

Review Date: September 2027

Approved by: _____ (Headteacher)

Approved by: _____ (Chair of Governors)

1. Introduction & Ethos

At Ingrow Primary School, we believe that high-quality Relationships and Sex Education (RSE) is an entitlement for all children. It forms an integral part of our broader Personal, Social, Health and Economic (PSHE) education.

Our curriculum is designed to help children grow up as safe, kind, respectful, and responsible citizens. By providing clear, age-appropriate information, we empower our pupils to make informed choices, understand their bodies, and build healthy, positive relationships.

2. Statutory Framework

This policy has been written in accordance with the Department for Education's (DfE) statutory guidance on *Relationships Education, Relationships and Sex Education (RSE) and Health Education*.

As a primary school, we are required to provide **Relationships Education** and **Health Education**. There is no statutory requirement to teach the non-science aspects of Sex Education in primary schools.

3. Our Curriculum Structure

Our holistic PSHE and RSE provision is delivered through two core pillars alongside targeted external provision:

- **The Story Project:** Our core PSHE curriculum. It uses high-quality literature and storytelling to build empathy, emotional literacy, and a deep understanding of healthy relationships.
- **The Bees Curriculum:** Our unique supplementary safety and citizenship framework. It focuses explicitly on practical, real-world safety (including **fire safety, water safety, and trip safety**) and explicitly teaches children how to be **safe, kind, and respectful** in their everyday lives.

4. Key Stage Curriculum Allocation

Our RSE curriculum is carefully sequenced to ensure age-appropriate progression.

Early Years Foundation Stage (EYFS) & Key Stage 1 (Years 1 & 2)

Focuses on the building blocks of relationships, families, friendships, and keeping our bodies safe.

- **Relationships & Well-being:** Delivered through *The Story Project*, exploring feelings, sharing, and kindness.
- **Safety & Citizenship:** Delivered via the *Bees Curriculum*, introducing how to be safe at school, basic fire safety awareness, and how to treat others with respect.

Key Stage 2 (Years 3, 4, 5 & 6)

Focuses on broadening social circles, online safety, managing emotional changes, and physical development.

Puberty Education (Step 2 of Key Stage 2)

To ensure the highest standard of delivery and a sensitive environment, **puberty education is delivered via a specialist external service**. This is introduced at an age-appropriate point in Key Stage 2. It covers:

- Physical and emotional changes during puberty.
- The importance of personal hygiene.
- Developing a positive body image.

The Omission of Conception

Important Note on Science/Sex Education: In alignment with our school community values and curriculum flexibilities, **human conception is strictly omitted from the Year 6 curriculum**. The statutory science curriculum regarding life cycles and human development will be maintained, but explicit lessons regarding human sexual conception will not be taught.

KS2 Safety & Community

The *Bees Curriculum* deepens to prepare children for greater independence:

- **Water Safety:** Understanding flags, open water risks, and emergency steps.
- **Fire Safety:** Home escape plans and emergency calling.
- **Trip Safety:** Risk awareness, staying with groups, and navigating public spaces safely, kindly, and respectfully.

5. Right to Withdraw

Parents/carers have a statutory right to withdraw their children from any non-statutory components of Sex Education.

Because Ingrow Primary School has chosen to omit human conception from the Year 6 curriculum, our standard taught curriculum consists entirely of statutory **Relationships Education** and **Health Education** (which includes puberty). Therefore, **there are no non-statutory elements from which parents can withdraw their children**.

We encourage any parents with questions regarding the external service's puberty sessions to contact the RSE leader or a member of the senior leadership team to review the materials beforehand.

6. Inclusion, Diversity, and Equality

Ingrow Primary School allocates RSE to ensure accessibility for all pupils, including those with Special Educational Needs and/or Disabilities (SEND). We ensure that our teaching is sensitive, inclusive, and respectful of the diverse backgrounds, faiths, and family structures within our

school community.

7. Monitoring and Review

The delivery of RSE is monitored by the PSHE Lead and Senior Leadership Team through learning walks, book looks, and pupil voice. This policy will be evaluated annually to ensure it meets the evolving needs of our pupils.