



Safeguarding Curriculum and personal Development

At Ingrow Primary School, safeguarding and personal development is at the heart of everything we do. We believe that every child deserves an environment where they feel secure, valued, and empowered to thrive. Our overarching vision is simple : **to ensure all our pupils develop into happy, safe, and active citizens** who are ready to make a positive contribution to the world around them.

Our culture of vigilance and care is anchored in our core **Bee Values**:

- **Be Respectful:** We foster a culture where individual dignity, personal boundaries, and protected characteristics are celebrated. Children learn to value themselves and others, building healthy relationships rooted in mutual respect.
- **Be Safe:** We equip our pupils with the knowledge, skills, and critical thinking required to navigate physical, environmental, and digital risks.
- **Be Kind:** We nurture empathy, active bystander behavior, and compassion, ensuring our school is a warm, inclusive space free from bullying, discrimination, and harm.
- **Be Inquisitive:** We encourage our children to ask big questions, explore real-world safety scenarios, and think critically about their choices, their rights, and their responsibilities.



Year Group	Autumn 1: Be Safe and be Respectful. (Mental Health & Relationships) <i>Black History Month October</i>	Autumn 2: Be Safe and be Kind (Seasonal, Environmental & Road Safety) <i>Anti-Bullying Week (w/c 16th Nov)</i> <i>Road Safety Week Mid November.</i>	Spring 1: Be Kind (Online Safety & Relationships) <i>10th Feb Safer Internet Day</i> <i>Children's</i> <i>Mental Health Week w/c 1st Feb</i>	Spring 2: Be Respectful (Physical Health & Self-Care) <i>Sun Safe 11th May</i>	Summer 1: Be Safe (Community, Danger & Rail Safety) <i>Rail Safety Week w/c 15th June</i> <i>Water Safety week June.</i>	Summer 2: Be safe and Be Kind (Growth, Inclusion & Transitions) <i>Careers and Aspiration day.</i> <i>Sports Day safety</i>
EYFS	• NSPCC PANTS Rule (Privates are private, trusted adults) • Halloween Safety staying close and holding hands. • Purple Mash 2BeSafe: Self Image and Online Relationships • <i>Story Project Link:</i> Emotional regulation & friendship stories	• Bonfire Safety (Sparkler safety) • Anti-Bullying Week (Safe hands and kind words) • Road Safety: Stop, Look, Listen (Green Cross Code) • Purple Mash 2BeSafe: Online bullying and online reputation • <i>Story Project Link:</i> Exploring dark nights & firework noise	• Purple Mash 2BeSafe: Managing online information, health and wellbeing. MHST Workshop: CEOP - Jessie & Friends: online safety education for 4-7s • <i>Story Project Link:</i> Kindness & sharing	• Sun Safety: Hats, shade, and sun cream • Keighley Healthy Living visit: Handwashing & hygiene • Purple Mash 2BeSafe: Privacy and security • <i>Story Project Link:</i> Caring for our bodies	• Purple Mash 2BeSafe: Copyright and Ownership MHST Workshop: Water Safety • <i>Story Project Link:</i> Exploring the neighbourhood safely	• Purple Mash 2BeSafe: Copyright and Ownership • <i>Story Project Link:</i> Celebrating differences Transition
Year 1	• NSPCC PANTS refresh & identifying 5 trusted adults • Halloween Safety costumes, candles and Visibility • Purple Mash 2BeSafe: Self Image and identity • <i>Story Project Link:</i> Personal boundaries	• Bonfire & Firework Safety • Anti-Bullying Week: Safe actions and play. • Road Safety: Crossing with a lollipop helper & safe walking. • Purple Mash 2BeSafe: Online relationships • Story Project Link: Staying safe indoors	• Purple Mash 2BeSafe: Online bullying and online reputation CEOP - Jessie & Friends: online safety education for 4-7s MHST Workshop: • <i>Story Project Link:</i> Words that build up	• Keighley Healthy Living: Oral health & active living • Sun Safety Eye Protection Shade as a Safe Spaces. • Purple Mash 2BeSafe: Managing online information, health and wellbeing. • <i>Story Project Link:</i> Healthy choices & self-care	• Water Safety: Staying back from edges (rivers/ponds) • Purple Mash 2BeSafe: Privacy and Security • <i>Story Project Link:</i> Out & about awareness	• Purple Mash 2BeSafe: Copyright and Ownership • <i>Story Project Link:</i> Embracing individuality

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Year 2	• NSPCC Speak Out Stay Safe PANTS & Buddy Boxes • Halloween Safety - Street Smarts at Night • Purple Mash 2BeSafe: Self Image and identity MHST Workshop: • <i>Story Project Link:</i> Managing big emotions	• Bonfire Safety • Anti-Bullying Week (Verbal vs. physical bullying) • Road Safety: Pedestrian safety & safe street crossing • Purple Mash 2BeSafe: Online relationships <i>Story Project Link:</i> Following safety rules	• Purple Mash 2BeSafe: Online bullying and online reputation CEOP - _CEOP Safety Centre Jessie & Friends: online safety education for 4-7s MHST Workshop: • <i>Story Project Link:</i> Standing up for peers	Sun Safety Hydration & heat awareness. • Purple Mash 2BeSafe: Managing online information, health and wellbeing. • Keighley Healthy Living: Physical wellbeing • <i>Story Project Link:</i> Knowing when to ask for help	• National Rail Safety Week: "Stay Off the Tracks" rules • Water Safety: Cold Water Shock basic awareness • Purple Mash 2BeSafe: Privacy and Security • MHST Workshop: • <i>Story Project Link:</i> Assessing everyday risks	• Purple Mash 2BeSafe: Copyright and Ownership • First Aid: Asthma attacks MHST Workshop: Transition. • <i>Story Project Link:</i> Welcoming everyone
Year 3	• NSPCC Speak Out Stay Safe and Buddy Box. • Purple Mash 2BeSafe: Self Image and identity SeasonalSafety:Halloween House Rules: featuring a pumpkin and decorations. • <i>Story Project Link:</i> Understanding perspectives	• Seasonal Safety: Bonfire night and firework safety. • Road Safety: Safe cycling, helmet rules & pedestrian vigilance • Purple Mash 2BeSafe: Online relationships • <i>Story Project Link:</i> Making safe choices under pressure	• Purple Mash 2BeSafe: Online bullying and online reputation CEOP - CEOP - _CEOP Safety Centre Jessie & Friends: online safety education for 4-7s MHST Workshop: • <i>Story Project Link:</i> Digital empathy	Sun Safety - The "Peak Hours" Concept and self applying cream. • Keighley Healthy Living: Physical wellbeing • Purple Mash 2BeSafe: Managing online information, health and wellbeing. • <i>Story Project Link:</i> Mind-body connection	• National Rail Safety Week: Keighley Station and platform safety. • MHST Workshop: • Purple Mash 2BeSafe: Privacy and Security • <i>Story Project Link:</i> Navigating public spaces	• First Aid: Asthma attacks • Purple Mash 2BeSafe: Copyright and Ownership • <i>Story Project Link:</i> Celebrating identity

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Year 4	• NSPCC Speak Out Stay Safe and Buddy Box. • Seasonal Safety: Halloween staying with the group & Respecting the Community. • Purple Mash 2BeSafe: Self Image and identity and online relationships • <i>Story Project Link:</i> Equity, fairness & justice	• Bonfire & Firework Safety • Water Safety: Keighley canals, rivers & reservoirs • Anti-Bullying Week: Being an active bystander MHST Workshop: Friendships • Road Safety: Safe road crossing, cycle vigilance & pedestrian safety • Purple Mash 2BeSafe: Online bullying and online reputation • <i>Story Project Link:</i> Hidden environmental dangers	• Purple Mash 2BeSafe: Managing online information MHST Workshop: CEOP - Play Like Share: animated series and resources CEOP - _CEOP Safety Button • <i>Story Project Link:</i> Digital footprint & honesty	• Sun Safety: Sun cream reapplication timings. • Keighley Healthy Living: Physical wellbeing • Purple Mash 2BeSafe: Health, Wellbeing and lifestyle. • <i>Story Project Link:</i> Healthy habits & self-reliance	• National Rail Safety Week: Level crossings & platform lines • Water Safety: CRT Visit • MHST Workshop: • Purple Mash 2BeSafe: Privacy and Security • <i>Story Project Link:</i> Trusting your instincts	• First Aid: Asthma attacks • Purple Mash 2BeSafe: Copyright and Ownership • <i>Story Project Link:</i> Future goals & ambition
Year 5	• National Justice Service: Cyberbullying & online law • Purple Mash 2BeSafe: Self Image and identity and online relationships • Seasonal Safety: Halloweening unaccompanied, Mobile & Emergency procedures. • <i>Story Project Link:</i> Peer	• Seasonal Safety: Fireworks • Anti-Bullying Week: Relational & indirect bullying • Road Safety: Independent road safety & hazard perception • Purple Mash 2BeSafe: Online bullying and online reputation • <i>Story Project Link:</i> Understanding	• Prison? Me? No Way! Visit (Crime, choice, consequences) • Purple Mash 2BeSafe: Managing online information CEOP - Play Like Share: animated series and resources MHST Workshop:	• Step 2 Curriculum • Sun Safety: Checking SPF & UVA Ratings • Purple Mash 2BeSafe: Health, Wellbeing and lifestyle. • <i>Story Project Link:</i> Supporting a friend in distress	• Step 2 curriculum • Water Safety: Cold Water Shock & <i>Float to Live</i> • MHST Workshop: • Purple Mash 2BeSafe: Privacy and Security • <i>Story Project Link:</i> Challenging toxic	• Step 2 Curriculum • First Aid: Asthma attacks and allergies. • Puberty & Body Changes (Year 5 Curriculum) • Purple Mash 2BeSafe: Copyright and Ownership • <i>Story Project Link:</i>

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	pressure & choices Smoking and Vaping Dangers Visit 22/9	risk-taking	• <i>Story Project Link:</i> Online relationships		stereotypes	Financial awareness & independence
Year 6	• Purple Mash 2BeSafe: Self Image and identity and online relationships Smoking and Vaping Dangers Visit 22/9 • <i>Story Project Link:</i> Social justice & law	• Bonfire Night safety and anti-social behaviour. • Anti-Bullying Week: Harassment & grooming awareness MHST Workshop: Friendships • Road Safety: Road safety for independent travel & secondary transition • Purple Mash 2BeSafe: Online bullying and online reputation • <i>Story Project Link:</i> Decision-making under pressure	• Prison? Me? No Way! Visit • Purple Mash 2BeSafe: Managing online information MHST Workshop: CEOP - Connect: developing online independence and safer connections CEOP - _CEOP Safety Centre • <i>Story Project Link:</i> Personal boundaries online	• Keighley Healthy Living: Physical wellbeing Sun safe: Sunbeds & UV Risks • Purple Mash 2BeSafe: Health, Wellbeing and lifestyle. • <i>Story Project Link:</i> Substance risk awareness	• National Rail Safety Week: Independent travel & rail safety • Water Safety: Open water safety (Keighley waterways) • Purple Mash 2BeSafe: Privacy and Security • <i>Story Project Link:</i> Independence & responsibility	• College, Careers & Secondary Transition • Financial Wellbeing: Money management & budgeting • First Aid: Emergency response and CPR MHST Workshop: Transition • Purple Mash 2BeSafe: Copyright and Ownership • <i>Story Project Link:</i> Navigating major life changes

Implementation

1. **Integrating with The Story Project:** The safeguarding and personal development themes above serve as explicit learning woven directly into the timetable variations, assemblies, circle times and educational visits/visitors.
2. **Local Keighley Context: Teachers** Explicitly teach about local landmarks and environments during safety units:
 - **Water Safety:** Leeds and Liverpool Canal, River Worth, and local reservoirs (Cold Water Shock focus).
 - **Rail Safety:** Local Keighley train station lines and the Keighley & Worth Valley Railway line (taught during National Rail Safety Week in the Summer term).
 - **Local trip safety** at all opportunities throughout the year.
3. **Curriculum Enrichment:**
 - **Picture News & British Values:** Weekly topical sessions embedding Democracy, Rule of Law, Individual Liberty, and Mutual Respect. **Protected characteristics.**
 - **Online Safety: Purple Mash 2BeSafe** curriculum taught across **all terms in all year groups.**
 - **National College & National Online Safety (Wake Up Wednesday)** To further strengthen our digital safeguarding provision, the school actively utilizes resources from the National College and National Online Safety, specifically leveraging their weekly *Wake Up Wednesday* campaign. These guides provide timely, practical advice and actionable discussion prompts for staff, pupils, and parents to navigate emerging digital risks together.
 - **Anti-Bullying Week:** Held centrally across the whole school during **Autumn 2** (w/c 16th November).
 - **Road Safety:** Embedded across all year groups in **Autumn 2** alongside seasonal safety awareness.
 - **Puberty Education:** Explicitly delivered in **Year 5** (with consolidation and RSE in Year 6).
 - **Mental Health Support Team (MHST):** Whole-school mental health approach & targeted cohort workshops.
 - **NSPCC:** Pants Program and Annual **Speak Out Stay Safe** assemblies and age-appropriate workshops across key stages.
 - **Step 2:** Provides experienced professionals to lead age-appropriate classroom sessions on critical primary-level topics, including puberty, emotional wellbeing, positive relationships, online safety, and life transitions.
 - **Show Racism/Bullying the Red Card:** Inclusion and equality initiatives.
 - **Thrive and Brathhay**
 - **Prison me? No way ! (Year 5 and 6)** To directly address local contextual risks and empower our older pupils, Years 5 and 6 participate in the **Prison? Me? No Way! "Your Choice" Days.** These immersive, interactive sessions combine fun, high-energy activities with serious, age-appropriate learning about choices, consequences, and personal responsibility. Led by visiting professionals, the curriculum explores fundamental concepts of rules, laws, and the justice system—including the roles of the police, courts, and prison services. Tailored specifically to local priorities in Keighley and the Bradford District, the workshops tackle crucial safety topics such as Child Criminal Exploitation (CCE) and County Lines, knife crime, hate crime, and staying safe on the street and online. Pupils also examine issues like drug and alcohol awareness, tagging, bullying, domestic abuse awareness, and maintaining

positive mental health.

Assembly Schedule & Hooks

Each half-term, we rotate our focus across our core **Bee Values**, linking directly to our behaviour curriculum to explore what these expectations mean both in school and as active citizens.

Throughout the year, Ingrow Primary also welcomes a wide variety of guest speakers and visitors. They enrich our assemblies by sharing insights on key topics, including healthy eating, staying safe, and celebrating diverse cultures and beliefs.

- **Autumn 1:** *Be Safe and Be Respectful*
- **Autumn 2:** *Be Safe and Be Kind*
- **Spring 1:** *Be Kind*
- **Spring 2:** *Be Respectful*
- **Summer 1:** *Be Safe*
- **Summer 2:** *Be Kind*

Weekly Assembly Structure:

- **Tuesdays:** *Bee Values Assembly* focusing on the termly theme (*Be Safe, Be Respectful, or Be Kind*).
- **Wednesdays:** Singing and Inquisitive Cube.
- **Fridays:** *Celebration Assemblies* — Each class shares their **Be Inquisitive Cube**, connecting critical thinking to storybooks and real-world safety and linking to the wider curriculum.

Extra Curricular Opportunities