



	Autumn 1 Units	Autumn 2 Units	Spring 1 Units	Spring 2 Units	Summer 1 Units	Summer 2 Units
EYFS	Body Management: Dance 🧑🏻‍🎨	Body Management: Co-ordination 🏊	Co-operative: Solve Problems 🤖	Gymnastics: Co-ordination 🧘	Gymnastics: Speed, Agility & Travel ⚡	Dance: Speed, Agility & Travel ⚡
Year 1	Hit-Catch-Run 🏃	Hit-Catch-Run 🏃	Dance 🧑🏻‍🎨	Send & Return 🔄	Athletics 🏃	Football ⚽
	Target Games 🎯	Dodgeball 🏀	Gymnastics 🧘	Tennis 🎾	Run-Jump-Throw 🏃	Attack-Defend-Shoot 🏈
Year 2	Hit-Catch-Run 🏃	Hit-Catch-Run 🏃	Dance 🧑🏻‍🎨	Send & Return 🔄	Athletics 🏃	Football ⚽
	Target Games 🎯	Dodgeball 🏀	Gymnastics 🧘	Tennis 🎾	Run-Jump-Throw 🏃	Attack-Defend-Shoot 🏈
Year 3	Handball 🏐	Basketball 🏀	Dance 🧑🏻‍🎨	Hockey 🏑	Athletics 🏃	Rounders ⚾
	Cricket 🏏	Badminton 🏸	Gymnastics 🧘	Tennis 🎾	Football ⚽	Rugby 🏉
Year 4	Handball 🏐	Basketball 🏀	Dance 🧑🏻‍🎨	Hockey 🏑	Athletics 🏃	Rounders ⚾
	Cricket 🏏	Badminton 🏸	Gymnastics 🧘	Tennis 🎾	Football ⚽	Rugby 🏉
Year 5	Basketball 🏀	Dance 🧑🏻‍🎨	Badminton 🏸	Football ⚽	Athletics 🏃	Handball 🏐
	Hockey 🏑	Gymnastics 🧘	Cricket 🏏	Tennis 🎾	Rugby 🏉	Rounders ⚾
Year 6	Basketball 🏀	Dance 🧑🏻‍🎨	Badminton 🏸	Football ⚽	Athletics 🏃	Handball 🏐
	Hockey 🏑	Gymnastics 🧘	Cricket 🏏	Tennis 🎾	Rugby 🏉	Rounders ⚾

