



## INSKIP ST. PETER'S C.E. PRIMARY SCHOOL NEWSLETTER

*Learning, Loving and Living with Jesus*

Keep your roots deep in Jesus Christ the Lord, build your lives on him

and always be thankful. *Colossians 2:7*

**Compassion Friendship Respect Forgiveness Trust Thankfulness**

**Week Beginning Monday 14th November 2022**



### Hothersall Lodge

What a fantastic day our children had yesterday at Hothersall Lodge!

They had a full day of activities which included canoeing, climbing and orienteering.

As you can see a wonderful time was had by all, exploring new sporting activities.



### **Inskip's Maths Week**

We are very much looking forward to hosting our first whole school Maths Week, **Monday 21st November to Friday 25th November**. The week is designed with all our little people in mind, with the aim of promoting a positive 'I'll give it a try' Maths culture across our school. We want children to enjoy working together, be enthusiastic about tackling new puzzles and problems, and above all, have lots of fun being immersed in our Maths week.

As part of our week, we are inviting children to come to school for '**Wear it Wednesday**' dressed mathematically! We will also be running a '**Maths and Me**' competition! Take a photo of your child doing maths, finding maths, noticing maths.

Details of these days were sent home on a letter last Friday. If you need another copy please ask Mrs Dalton in the school office.

### Job Vacancy

We have an exciting opportunity to become part of our caring, hard working team here at Inskip St. Peter's.

We are looking to appoint a **part time teaching assistant** working within Lower School, mornings only 9am—12pm. Please contact Miss Leyland for more details.

The owner of the driveway at Lodge Court (opposite school) has complained to us about drivers turning in the opening to his driveway. Please use Inskip Baptist Chapel car park (further up the road on the left) to safely turn around in instead.



### Children In Need

It's Children In Need day this **Friday 18th November**. To help raise money for it Upper School have decided to organise some fun time activities that each child can access for a **£1 donation**.

### Family Support

We recognise that families may be suffering during the cost of living crisis. We are building a page of support links for parents and carers to access, [Supporting Our Families](#).



### School Website

Please take a look at our school blogs and see lots of the inspiring learning your children have been doing in class. Click on the title of the blog to open it in a new window. Please comment at the bottom of the blog posts your thoughts of encouragement for the children to read.

## Christian Values

Our Christian value theme this half term is **'Trust'**.

Here's a way of exploring this theme at home.



### FASCINATING FACTS The Royal National Lifeboat Institute (RNLI)

When the crew and passengers of boats get into difficulty at sea, they can **trust** the lifeboat crews from RNLI to try their very best to rescue them. Many of the crew and coastguards are volunteers.

- There are over 230 lifeboat stations all around the coast of Britain & Ireland
- Crews are on call 24 hours a day, every day of the year. They must be ready to drop what they are doing at a moments notice to go out on their lifeboat



### Lower School

[Firework Mark Making](#)

[The Great Fire of London](#)

[Y2 Addition and Subtraction](#)

[Receptions Learning](#)

### Middle School

[Charcoal Exploration](#)

[German Speaking](#)

### Upper School

[Glow Dodgeball](#)

### Our Curriculum

Find out what your child will be learning in [Music](#) this term





## Online Activity

We all want our children to be safe online and with that in mind we will be providing you with information about online behaviours, apps and games which will be useful to you in supporting your child to stay safe. This will also support the daily teaching of online safety at school.


**This week is Anti-Bullying Week**, held during the third week in November which aims to raise awareness of bullying of children and young people. Recent findings from the Anti-Bullying Alliance revealed that 17% of children have been bullied online in the last year and 58% of parents are concerned about content their child might encounter.

Please also take a look on our website at [Our Safeguarding](#) page where you will discover a range of links to on-line safety information.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.



**1. GET CONNECTED**  
Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

**2. KEEP TALKING**  
Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people you know and trust, and why passwords should always remain secret (even from our best friends).

**3. STAY VIGILANT**  
Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

**4. MAKE YOURSELF AVAILABLE**  
If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

**5. BE PREPARED TO LISTEN**  
When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

**6. EMPOWER YOUR CHILD**  
Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through the options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

**7. REPORT BULLIES ONLINE**  
Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

**8. ENCOURAGE EMPATHY**  
Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

**9. SEEK EXPERT ADVICE**  
Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

**10. INVOLVE THE AUTHORITIES**  
If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

### FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5767 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**NOS National Online Safety®**  
#WakeUpWednesday

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

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## Friends Corner



We would love for as many of our families, neighbours and friends to get involved with all our exciting events and therefore we have a few dates that you may want to pencil in your diaries.



### Non-Uniform Day

Friends will be having non-uniform days on **Friday 25th November** in exchange for a **Tombola prize** for the Christmas Fayre. Your child can wear their home clothes for the whole day at school.

### Friends Meetings

A Friends meeting to discuss preparing for the Christmas Fayre will be held **on Tuesday 22nd-November**. Please contact Mrs Wright on 07944 510525 if you would like to attend.

### Christmas Raffle Tickets

There are more raffle tickets available in the school office. If anyone would like more please ask Mrs Dalton. If there are any unsold tickets, please could you return them to school. Please keep the ticket and **return all the completed stubs and money before the draw date on Tuesday 13th December**. Thanks so much for your continued support.

### Friend's Christmas Fayre



**SAT  
NOV  
26**

**11-2PM**

Come and join our festive fun

• **CAKES • GAMES • STALLS •**  
• **FOOD • RAFFLE • TOMBOLA •**

At St Peter's C of E Primary School  
~ Free Entry ~ All Welcome ~

### Easyfundraising

Its that time again when we start to think and plan for Christmas!

The Friends have an **easyfundraising** page which we would love for you to use when you do your Christmas shopping this year.

Over **4,300 shops and sites** will donate to Friends of Inskip St Peters CofE School for **FREE** when you use easyfundraising to shop with them.  
**PLEASE** use this link when doing your Christmas shopping.

[Easy fundraising](#)

## Dates for the diary:-

Monday 14th November	Hothersall Lodge for the Whole School
Tuesday 22nd November	Friends Meeting to prepare for Christmas Fayre
Friday 25th November	Non-Uniform Day in exchange for a Tombola Prize
Friday 25th December	Library Van
Saturday 26th November	School Christmas Fayre
Monday 12th December	Nativity Performance at 2pm
Tuesday 13th December	Nativity Performance at 6pm
Friday 16th December	School Closes for Christmas
Thursday 5th January	School Reopens for pupils at 8.50am
Monday 22nd May—Wednesday 24th May	Year 5/6 Borwick Hall Residential

## Clubs:-

MONDAY 14th	8:00am	Breakfast Club
	3:30pm	NO CLUB
TUESDAY 15th	8:00am	Breakfast Club
	3:30pm	Tennis with Simon Ardron
	3:30pm	Forest School with Mrs Nash
WEDNESDAY 16th	8:00am	Breakfast Club
	3:30pm	Forest School with Mrs Nash
THURSDAY 17th	8:00am	Breakfast Club
	3:30pm	Athletics with Corey from Fleetwood Town
FRIDAY 18th	8:00am	Breakfast Club
	3:30pm	Football Club with Corey from Fleetwood Town



### Birthdays this week:

JJ for 15th November

Tommy for 16th November

Theo for 18th November