



# INSKIP ST. PETER'S C.E. PRIMARY SCHOOL NEWSLETTER

*Learning, Loving and Living with Jesus*



Keep your roots deep in Jesus Christ the Lord, build your lives on him

and always be thankful. *Colossians 2:7*

Compassion Friendship Respect Forgiveness Trust Thankfulness

**Week Beginning Monday 15th January 2024**

## Library Van



This **Friday 19th January**, the library van will be coming to visit our school. Please could you bring in **all library books that you have at home**. If you wish you can renew them or exchange for a new book. Thank you.

## Happy New Year to all our families and friends!

We hope that you had a lovely break and are ready for the start of a wonderful New Year. We welcome **David** and **Delancey** as recent new pupils and **Mrs Kemp** to start our 2024 year with us.

# 2024

## Moments Matter, Attendance Counts!

Improving school attendance is everyone's business and, to tackle the challenge we face, we need to work together. **The Government has launched a national campaign** on the importance of school attendance. Their goal is to emphasise the pivotal role attendance has in enhancing a child's overall wellbeing. Their campaign tagline is **"moments matter, attendance counts"**.

When you attended school did something so funny or extraordinary happen that you can still remember that day like it was yesterday? Or the day that a subject just clicked for you and you understood everything so much better? **These are the moments that matter!**

We will be celebrating our attendance weekly in our newsletter and we hope that you will aim to book appointments outside of school time where possible and arrange holidays during the arranged school holidays taking full advantage of our Inset Days.

We know that some medical appointments unavoidably fall into the school day and If this is the case school **MUST** be provided with an **appointment letter or a screenshot of the appointment text**. This should be emailed to the school office [bursar@inskip.lancs.sch.uk](mailto:bursar@inskip.lancs.sch.uk) before the appointment.

We thank you for your continued support.

**MOMENTS  
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**"THIS MORNING, HE HAD A RUNNY NOSE... BUT LOOK AT HIM NOW!"**

**MOMENTS  
MATTER,  
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HM Government  
Head to the NHS website to find out more.

**NHS**

## Let's Go Sing!

The children in Middle and Upper School are very excited to be taking part in the **Let's Go Sing** concert at King George's Hall, Blackburn on **Friday 15th March at 6pm.**

They have been practising and no doubt you parents have been able to listen to some of their beautiful voices as they practise at home.

This concert is where children from schools around Lancashire come together to produce some amazing music. It really is a treat to be able to watch the children. We are always so proud of them representing our school and all the hard work they have put in.

We would love for you to come along and support the children as they perform in this exciting and uplifting event. Tickets for the concert are available via the King George's Hall website [www.bwdvenues.com](http://www.bwdvenues.com) and box office 01254 582579.

**LET'S GO SING!**  
at  
**King George's Hall  
Blackburn  
2024**  
Concerts start at 6pm

Monday, March 4  
Tuesday, March 5  
Wednesday, March 6  
Thursday, March 7  
Friday, March 8  
Monday, March 11  
Tuesday, March 12  
Wednesday, March 13  
Thursday, March 14  
Friday, March 15  
Monday, March 18

Tickets £8.00 (Adult) & £3.50 (under 18)  
Available now from King George's Hall, Blackburn  
Tel: 01254 582579 or [www.bwdvenues.com](http://www.bwdvenues.com)

## School Website

Please take a look at our school blogs and see lots of the inspiring learning your children have been doing in class. Click on the title of the blog to open it in a new window. Please comment at the bottom of the blog posts your thoughts of encouragement for the children to read.

### News & Events

[Inskip's Got Talent](#)

[Our Christmas Dinner](#)

### Lower School

[New Reading Buddies!](#)

[Our Author Focus](#)

[Receptions Busy Week of Learning](#)

[The Colour Monster](#)

### Middle School

[Where In The World Are We?](#)

[Starting On The Ukulele](#)

### Upper School

[Composing with Ukulele](#)



## Online Activity

We all want our children to be safe online and with that in mind we will be providing you with information about online behaviours, apps and games which will be useful to you in supporting your child to stay safe. This will also support the daily teaching of online safety at school. Please also take a look on our website at [Our Safeguarding](#) page.

**This week we share 'top tips for managing screen time'** Some of our children have said that they were gifted with new devices this Christmas.

# Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

**GET OUT AND ABOUT**  
If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

**TRY A TIMED TRIAL**  
When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

**GO DIGITAL DETOX**  
Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

**LEAD BY EXAMPLE**  
Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

**AGREE TECH-FREE ZONES**  
Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

**HOLD A SCREEN TIME AMNESTY**  
As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

**BE MINDFUL OF TIME**  
Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

**'PARK' PHONES OVERNIGHT**  
Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

**SWITCH ON DND**  
Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

**TAKE A FAMILY TECH BREAK**  
Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

**SOCIALISE WITHOUT SCREENS**  
When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

**WIND DOWN PROPERLY**  
Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

**Meet Our Expert**  
Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.

**DEVICE BOX**

**The National College**

**NOS National Online Safety**  
#WakeUpWednesday



### Lunch Item Reminder

We have a pupil at our school who has a severe allergies reactions to nuts and sesame, therefore we ask for your cooperation in **not sending nut and sesame food stuffs into school** in your child's lunchbox.

**Please do not make sandwiches using seeded bread, rolls with sesame seed topping, bread sticks with sesame, hummus or any products containing tahini or snack bars containing sesame.**

**Please do not send packs of nuts, Peanut butter sandwiches, fruit and cereal bars that contain nuts, chocolate bars or sweets that contain nuts or cakes made with nuts.**

If you are unsure if your foods include these ingredients please check the products allergen list on its packaging.

Children suffering from such allergies can be affected and then become seriously ill very quickly after accidentally eating, touching or coming into contact with surfaces which have been contaminated with nuts and sesame. Thank you for your support in helping us provide a safe environment for all our pupils.

Generosity is...

Encouraging the best in each other

Never selfish

Enjoying helping others

Raising support for a good cause

Offering what we can

Sharing our time and talents

Inviting someone to join in

Taking care of God's creations

You first, me last.

## Christian Values

Our Christian value theme this half term is  
**'Generosity'.**

Here's a way of exploring this theme at home.



### Are you a past pupil of our school?

If so then you could help us build up a picture of the careers that our ex pupils chose to follow.

Please would you kindly complete this questionnaire by scanning the QR code. Thank you.



## Dates for the diary:-

Friday 15th March	Let's Go Sing Concert, 6pm, King Georges Hall Blackburn
Friday 19th January	Library Van
Thursday 8th February	School Closes for pupils for Spring half term
Friday 9th February	Inset Day
Monday 19th February	School Re-opens
Friday 1st March	Library Van
Friday 15th March	Let's Go Sing Concert, 6pm, King Georges Hall Blackburn
Monday 18th March to 28th March	Swimming Pool at Inskip School for 2 weeks
Thursday 28th March	School Closes for Easter
Monday 15th April	School Re-opens
Monday 6th May	May Day Bank Holiday

## This Week's Clubs:-

<b>MONDAY 15th</b>	8:00am Breakfast Club 3.30pm <b>Bench Ball with Fleetwood Town</b>
<b>TUESDAY 16th</b>	8:00am Breakfast Club <b>3:30pm Tennis with Simon</b>
<b>WEDNESDAY 17th</b>	8:00am Breakfast Club <b>3:30pm Indoor Club with Corey</b>
<b>THURSDAY 18th</b>	8:00am Breakfast Club <b>3:30pm Forest School with Mrs Nash</b>
<b>FRIDAY 19th</b>	8:00am Breakfast Club <b>3:30pm Multi Sports with Fleetwood Town</b>

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

### Last Week's Attendance

**Lower School 99%**

**Middle School 98%**

**Upper School 100%**

**WELL DONE  
UPPER SCHOOL!**



**Birthdays last week and this week:**

**Emily on 13th January**

