



INSKIP ST. PETER'S C.E. PRIMARY SCHOOL NEWSLETTER

Learning, Loving and Living with Jesus

Keep your roots deep in Jesus Christ the Lord, build your lives on him

and always be thankful. *Colossians 2:7*

Compassion Friendship Respect Forgiveness Trust Thankfulness

Week Beginning Monday 15th May 2023



REMINDER: Today (Wednesday 17th May) Lower School parents are invited to a reading workshop at 3.30pm in Lower School class to go through top tips for reading at home with your children.

Class Dojo

We have noticed that not all parents are reading messages from teachers on ClassDojo. **Please enable notifications on your phone** so that you can be kept up to date with how your child's progressing including through messages.

It is possible to add more than one family member to the app so please make sure that all parents and carers are added to your child's account. If you have any queries regarding the app please speak to Mrs Dalton.



Year 6 Celebrations

Last week the Year 6s completed their last SATs test! Well Done Everyone! The children were also presented with their end of Year 6 hoodies which were bought by the Friends of Inskip. They look amazing and very colourful.



ParentPay Accounts



As we quickly move to the end of our academic year please could you take a look at your ParentPay accounts and make any payments that are needed with a view of ending the academic year with nil balances. You are able to pay for items in advance. Mrs Dalton is available if you have any queries.

New 3 Choice Menu

The new menu is below and is published on our website. If you have any queries regards the new menu please feel free to contact Mrs Billington at morning drop off time.

Please check with your child daily that they know which choice they would like for lunch.

Please note that these menus may occasionally be subject to change.

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Option 1	Salmon with potatoes & veg	Meatball Sub Roll with potatoes & veg	Roast Beef, Yorkshire Pudding with Roast Potatoes & Veg	Chicken Curry with mixed rice & naan bread	Fish Finger with Chips or new potatoes & peas
	Option 2	Cheese Omelette with potatoes & baked beans	Jacket Potato with a choice of fillings	French Bread Pizza with wedges, veg sticks & dips	Jacket Potato with a choice of fillings	Pizza Margherita with chips or pasta salad & sweetcorn
	Option 3	Tomato & Mascarpone Pasta	Creamy Veggie & Cheese Pasta	Pasta Neapolitan	Cheese & Tomato Pasta Bake	Selection of wraps or sandwich rolls with chips or new potatoes & salad
	Dessert	Sponge & Custard	Shortbread	Cheese & Biscuits	Fruity Oat Cookie	Chocolate Muffin
	Sides	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Option 1	Sausage Roll with potatoes & veg	Pork & Veg Sausages with Mash & veg	Roast Chicken, Yorkshire Pudding with Roast Potatoes & Veg	Mild Chilli Beef Tacos with mixed rice and veg	Battered Fish with chips or new potatoes & veg
	Option 2	Jacket Potato with a choice of fillings	Toasted Panini	Jacket Potato with a choice of fillings	Puff Pastry Cheese Whirl with potatoes and baked beans	Pizza Margherita with chips or pasta salad & sweetcorn
	Option 3	Cheese & Tomato Pasta Bake	Pasta Arrabbiata	Creamy Macaroni & Cheese Bake	Pasta Neapolitan	Selection of wraps or sandwich rolls with chips or new potatoes & salad
	Dessert	Fruit Jelly	Carrot Cake Muffin	Chocolate Shortbread	Coconut Cookie	Summer Treat Dessert
	Sides	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Option 1	BBQ Chicken Melt Tortilla with potatoes & veg	Swedish Style Veggie Meatballs with potatoes & veg	Roast Pork, Yorkshire Pudding with Roast Potatoes & Veg	Beef Burger in a bun with wedges & veg	Fish Finger with Chips or new potatoes & peas
	Option 2	Butter Pie with baked beans & salad	Jacket Potato with a choice of fillings	French Bread Pizza with wedges, veg sticks & dips	Jacket Potato with a choice of fillings	Pizza Margherita with chips or pasta salad & sweetcorn
	Option 3	Tomato & Mascarpone Pasta	Pasta Neapolitan	Creamy Veggie & Cheese Pasta	Cheese & Tomato Pasta Bake	Selection of wraps or sandwich rolls with chips or new potatoes & salad
	Dessert	Chocolate Brownie	Cheese & Biscuits	Fruity Oat Cookie	Shortbread	Chocolate Cookie
	Sides	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts	Salad, Bread, Milk, Fruit & Yoghurts

School Website

Please take a look at our school blogs and see lots of the inspiring learning your children have been doing in class. Click on the title of the blog to open it in a new window. Please comment at the bottom of the blog posts your thoughts of encouragement for the children to read.

Lower School

[PE Games In LS](#)

[Class Dojo Monsters](#)

['And They All Got Stuck'](#)

Middle School

[Egg Drop Challenge](#)

[Frames Structures](#)

Upper School

[Year 6 Celebrations](#)

[Manga Drawing](#)

Christian Values

Our Christian value theme this half term is
'Respect'.

Here's a way of exploring this theme at home.

**FAMILY FOCUS**



Respect Detectives

It is important to show the same **respect** to other people that we would wish to be shown to us. It is also important to **respect** the built environment as well as the natural world. Go on a family walk in your village or town. Look around for signs that people **respect** the places where they live by looking after property and public spaces.

- Can you see any graffiti?
- Do dog owners clean up after their dogs?
- Do you notice litter anywhere?
- Are public facilities left clean and tidy – ie benches, telephone kiosks, toilets?

Write to your local council to let them know the results of your survey.



Lancashire Walk To School Day

Lancashire County Council is inviting all schools across the county to take part in 'Lancashire Walks to School Day' on **Friday 19 May** to commemorate the Coronation of His Majesty King Charles III and Her Majesty The Queen Consort, and to promote the benefits of choosing active travel options such as walking and cycling whenever possible.

If you are able to do so please encourage your child to walk, scooter or ride to school.



Birthdays this week:

Erin 16th May

Lilly for the 17th May

Miss Langley for the 19th May



Online Activity

We all want our children to be safe online and with that in mind we will be providing you with information about online behaviours, apps and games which will be useful to you in supporting your child to stay safe. This will also support the daily teaching of online safety at school. Please also take a look on our website at [Our Safeguarding](#) page.

This week we inform parents and carers about ‘Respect Online’.

10 Top Tips for Respect Online: INSPIRING CHILDREN TO BUILD A BETTER DIGITAL WORLD

Our ability to communicate with anyone in the world, at any time, via the internet has grown at breakneck speed. For teachers and parents, it can feel impossible to keep up. Worrying about our young people is understandable, and not unjustified: in 2020, for example, one in five 10- to 15-year-olds experienced bullying online. Our tips highlight ways that adults can support young people's positive online behaviours: by adopting and following 'netiquette', we can show them how to avoid getting into difficulty as they learn to negotiate the continually evolving digital landscape.

WHAT IS NETIQUETTE?

Just like etiquette is a set of rules which guides and governs our interactions with others in everyday life, netiquette – etiquette on the net – is the framework which helps inform how we communicate with people online. The rules of engagement often aren't the same as a face-to-face meeting, so it's important that we can accurately 'read' situations in the digital world and know how to act appropriately.

1 ACCEPT DIFFERENT RULES

A lot of our interaction with others is helped by non-verbal signals like body language and facial expressions. Online, of course, many of these clues are missing. Talk to your child about why this makes misunderstandings more likely to occur in the digital world and why keeping in mind that online communication is a very different process can help to prevent difficulties from arising.

2 PRESS 'PAUSE'

It's so easy to do things quickly online that most people (adults included) habitually send or respond to messages without considering the consequences. Pushing the 'pause' button buys a young person some time while they ponder the golden rule: "Would I still say this if the other person was right front of me?" You could practise this with your child on some made-up tricky situations.

3 THE INTERNET IS ADDICTIVE

Apps and sites use sophisticated algorithms and clever marketing to keep us engaged, while notifications to our devices are designed to draw us back in. It's no wonder that people continually return to the digital world, sometimes spending long periods of time there. You and your child could trial turning off notifications on certain apps and instead agree a time to check for updates manually.

4 BEWARE THE DARK SIDE

Getting a hurtful or unhelpful comment on social media or in a group chat can make the recipient feel publicly shamed. That's painful for anyone – but especially for a young person whose status in a group is integral to their sense of identity. Encourage your child to think about the best and safest way to send a message: for example, doing it as a private message rather than a public post.

5 HARMFUL INTERACTIONS

Unfortunately, it's very easy to send a hurtful message or to spread gossip and rumours online. We all know this happens regularly. Not having to deal with actually seeing the other person's distress usually doesn't help people to make a positive decision in the moment. It's important that trusted adults help children to visualise the potential consequences and have empathy for others.

Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who, through her research, specialises in promoting safe and ethical online communications. She consults with businesses and organisations to support positive and effective communication online, often by considering some of the more hidden aspects of the mediums.

6 APPRECIATE DIFFERENCES

We're all built differently; some people are simply more emotionally sensitive than others. Young people can be particularly affected by negative online communication, such as group shaming. Even a single message (which might seem trivial at face value) can cause deep anguish. Trusted adults should be prepared to be patient and listen to any difficulties their child might have had online.

7 ACCENTUATED ANXIETY

Young people's online lives create a lot of anxiety. Messages go into a 'black hole' until someone responds, there are more reasons to compare ourselves negatively, and social media can make us feel like we're missing out. Encourage activities such as sports and hobbies to balance this out, and remember that merely blocking out thoughts (by gaming, for instance) isn't the same as relaxation.

8 PRO-SOCIAL BEHAVIOUR

A huge positive for the internet is how it helps people to feel connected and makes being kind and helpful easy to spread. When young people get involved in pro-social behaviours online, it creates a positive feedback loop which makes them feel good. Show your child examples of when you've done or said something positive online, and praise and encourage them when they do the same.

9 BE A GOOD ROLE MODEL

One of the best things we can do as trusted adults is to role model positive online behaviour. Just letting your child see that you know when it's time to put your phone away and do something more productive can set a strong example. Some families set aside particular times of the week (such as mealtimes or a family walk) where digital devices aren't allowed and conversation takes precedence.

10 SHOW COMPASSION

Mistakes can feel much bigger online, because they're so public. If a young person does or says something regrettable on the internet, it's important to support them to forgive themselves, learn any lessons and move forward positively. Even as adults, we can often stumble when learning how things work in the fast-moving digital world, so it's important to have compassion for ourselves, too.

**National
Online
Safety**

#WakeUpWednesday

Source: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/845643/The_Crime_Coincidence_Report.pdf
<https://www.nationalonline-safety.org/>

Dates for the diary:-

Monday 22nd to Wednesday 24th May	Year 5 and 6 Residential at Borwick Hall
Friday 26th May	School closes for May Half Term
Monday 5th June	Inset Day
Tuesday 6th June	School reopens to pupils

This Week's Clubs:-

MONDAY 15th	8:00am Breakfast Club 3.30pm Sports Club with Corey
TUESDAY 16th	8:00am Breakfast Club 3.30pm Tennis with Simon (all places taken)
WEDNESDAY 17th	8:00am Breakfast Club 3.30pm Forest School with Claire
THURSDAY 18th	8:00am Breakfast Club 3.30pm Basketball Club with Corey
FRIDAY 19th	8:00am Breakfast Club 3.30pm Football Club with Corey

Does your family include a child or young person with SEND?

You are invited to attend a drop-in **Information Event** in your local area

SEND Information Events for Parents and Carers

Fun activities for children will be available – everyone welcome!

The Park Child and Family centre, Norfolk Grove, Accrington, BB5 4RY.
Tuesday 16th May, 10am – 2pm.

Twinkle House, 2 Gorsey Place, Skelmersdale, WN8 9UP.
Wednesday 7th June, 10am – 2pm

SEND Family Fun and Information Events

Clitheroe Football Club, Shawbridge, Pendle Road, Clitheroe, BB7 1LZ.
Wednesday 28th June, 10am – 2pm.

West Paddock Youth Zone, West Paddock, Leyland, PR25 1HR.
Monday 17th July, 10am – 2pm



- Find out what's on offer in your local area
- Understand what services are available
- Discover local support groups
- Refreshments will be provided

Representatives from the following services will be available at some or all of the events:

- Lancashire Parent Carer Forum
- Break Time
- Inclusion Service
- Specialist Teaching Service
- Lancashire Local Offer
- Designated Clinical Officer Service
- POWAR youth voice group
- SEND Information, Advice and Support Team
- FIND Newsletter
- Young people's groups
- Transitions
- Plus local service providers, support groups and lots more!

Between August 2022 and July 2023, we are planning 24 events, to take place in all districts of Lancashire.

Further dates will be shared on the Local Offer website and facebook page.

www.lancashire.gov.uk/SEND www.facebook.com/LancashireLocalOffer

