INSKIP ST. PETER'S C.E. PRIMARY SCHOOL

Learning, Loving and Living with Jesus



Compassion Friendship Respect Forgiveness Trust Thankfulness

Keep your roots deep in Jesus Christ the Lord, build your lives on him and always be thankful. Colossians 2:7

October 2024

WOW! What a lovely start we've had to the new school year. Everyone has settled in so well and it's lovely to see such fabulous learning. We have started the work to resurface our track on the school field and are very excited to see how fast we will be able to run around it once it's finished.

Library Van -

The library van will be in Inskip on **Friday 18**th **October**, it is an Inset day at school so please feel free to go to the YIP's centre at 12pm and exchange your Library books.

Bike Helmets - pupils cycling to school MUST wear a helmet.

Ear Piercing -

We are aware that a lot of pupils have had their ears pierced over the summer.

We are concerned that during PE and play activities these piercings may lead to unintentional injuries to a child.

We follow the 'Safe Practice in Physical Education, School Sport and Physical Activity' book which states that The Association for Physical Education strongly recommends the practice of removing earrings at the commencement of every PE lesson to establish a safe learning environment.

Applying for High School -

Is your child currently in Year 6, did you know that you need to apply for a High School place by **31**st **October 2024?**

Applications must be made online - https://www.lancashire.gov.uk/children-education-families/schools/apply-for-a-school-place/apply-online-for-a-school-place/

Happy Birthday to everyone celebrating in October ...

Mrs Billington on 9th October Evelyn on 15th October William on 22nd October Alice on 25th October

Friends of Inskip School – Please feel free to come along to the Friends AGM on Thursday, 3rd
October at 7pm to find out more about the brilliant fund-raising events they are planning for this year.



Asda cashpot for Schools –

Do you shop at Asda? On your Asda rewards app please opt in to cashpot for schools and select Inskip St. Peter's CE Primary School, the Friends of Inskip School will receive a share of the pot, our share is currently at £55. It doesn't cost anything to do so it's a win win for everyone!

Macmillan Cake Sale – Thursday 10th October from 3:30pm. All donations of cakes will be gratefully received on the day and don't forget to come into school and buy some cakes to take home with you at 3:30pm.

Parent Pay – all charges on parent pay are completely up to date, please log on and have a look. If you have any queries, please speak to Mrs Hill in the office.

School Lunches - After October Half Term we will be returning to school with a new lunch menu, all lower school children receive a free lunch. Children in middle School and upper School can choose to purchase a lunch at a cost of £2.70 per day.

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Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
Traditional Choice	Pork or Vegetarian Meatballs with Mild Chilli & Sweet Pepper Sauce Mixed Rice & Broccoli Florets	Lancashire Butter Pie with Garden Peas & Carrots or Baked Beans (V)	Roast Chicken or Roast Quorn Fillet & Gravy with Roast Potatoes & Seasonal Vegetables	Booths Beef or Vegetarian Burger in a Bun with Paprika Wedges, Sweetcorn & Tomato Ketchup	Golden Crumb Fish Fingers with Oven Baked Chips Garden Peas or Baked Beans
Alternative Choice	Macaroni & Cheese with Homemade Crusty Bread & Salad Selection (v)	Loaded Vegetable Quesadilla with Herby Wedges & Salad Selection (v)	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Pasta Twists & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips Garden Peas or Baked Beans (v)
Jacket & Sandwiches	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Oven Baked Chips Vegetable Sticks & Dips
Dessert	Toffee Bananas & Custard or Fruit Yoghurt Fruit Selection & Milk	Lancashire Cheese & Biscuits or Low Sugar Jelly ~ Fruit Selection & Milk	Raspberry Bun or Fruit Yoghurt Fruit Selection & Milk	Lemon Biscuit & Fruit Wedges or Low Sugar Jelly ~ Fruit Selection & Milk	Cocoa Krispie Cakes Fruit Selection & Milk
	MEAT FREE MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
Traditional Choice	Vegetarian Sausage Roll & Tomato Ketchup with Herby Potatoes & Baked Beans (v)	Crispy Chicken or Vegetable Burger in a Bun with Paprika Wedges Garden Peas & Sweetcorn	Booths Pork or Vegetarian Sausage Toad-in-the-Hole with Roast Potatoes, Seasonal Vegetables & Gravy	Cooks Choice of Chicken or Vegetarian Curry with Mixed Rice & Naan Bread	Harry Ramsden's Crispy Battered Fish with Oven Baked Chips & Mushy Peas
Alternative Choice	Loaded Pizza Pocket with Tortilla Chips Vegetable Sticks & Dips (v)	Pasta Spirals & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Oriental Vegetable Noodles with Spring Rolls & Sweet Chilli Sauce (v)	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips Sweetoom or Baked Beans (v)
Jackets & Sandwiches	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Oven Baked Chips Vegetable Sticks & Dips
Dessert	Toffee Traybake & Custard or Fruit Yoghurt Fruit Selection & Milk	Vanilla Biscuit & Fruit Wedges or Low Sugar Jelly ~ Fruit Selection & Milk	Strawberry Mousse or Fruit Yoghurt Fruit Selection & Milk	Lancashire Cheese & Biscuits or Low Sugar Jelly ~ Fruit Selection & Milk	Chocolate Cookie ~ Fruit Selection & Milk
	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
Traditional Choice	Big Brunch Booths Pork or Quom Sausages Free Range Omelette Crispy Potatoes & Baked Beans	Savoury Beef or Quom Minoe & Dumplings with Mashed Potatoes & Seasonal Vegetables	Roast Chicken or Roast Quom Fillet & Gravy with Roast Potatoes & Seasonal Vegetables	Puff Pastry Cheese Whirl with Herby Wedges & Baked Beans (v)	Golden Crumb Fish Fingers with Oven Baked Chips Garden Peas or Baked Beans
Alternative Choice	Golden Crumb Salmon Fillet Fingers with Crispy Potatoes Garden Peas & Sweetcorn	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Vegetable & Chick Pea Curry with Mixed Rice & Naan Bread (v)	Spaghetti Bolognaise with Homemade Dough Balls & Salad Selection	Homemade Pizza Margherita with Oven Baked Chips Garden Peas or Baked Beans (v)
Jackets & Sandwiches	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Oven Baked Chips Vegetable Sticks & Dips
Dessert	Rice Pudding & Fruit Jam or Fruit Yoghurt Fruit Selection & Milk	Lancashire Cheese & Biscuits or Low Sugar Jelly Fruit Selection & Milk	Oaty Flapjack or Fruit Yoghurt Fruit Selection & Milk	Shortbread Biscuit & Fruit Wedges or Low Sugar Jelly Fruit Selection & Milk	Chocolate Cupcake Fruit Selection & Milk

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. In a recommendation of the published menus and the first increases them to be already in it is made a school with a programme to analyse nutrition.

Dates for the diary:- New items are in RED

Thursday 3 rd October	Friends of Inskip School AGM – 7pm at School Lower School trip to Blackpool Zoo Macmillan Cake Sale - after school Open Afternoon - 3:45pm to 6pm School Closes for Autumn Half Term SCHOOL CLOSED – INSET Day School Reopens after Half term Parents' Evening – 3:45pm to 7:15pm School Photo Day Whole School Panto Trip School Closes for Christmas School Reopens after Xmas holidays		
Tuesday 8 th October			
Thursday 10 th October			
Tuesday 15 th October			
Thursday 17 th October			
Friday 18th October			
Monday 28 th October			
Tuesday 29 th October			
Friday 8 th November			
Tuesday 17 th December			
Friday 20 th December			
Monday 6 th January 2025			

Half Term Inspiration







