

**INSKIP ST. PETER'S C.E. PRIMARY SCHOOL**  
*Learning, Loving and Living with Jesus*



Keep your roots deep in Jesus Christ the Lord, build your lives on him  
 and always be thankful. *Colossians 2:7*

**Compassion Friendship Respect Forgiveness Trust Thankfulness**

**Physical Education Learning Overview**  
 2021-22 Cycle A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	Early Learning Goal: <b>Gross Motor Skills</b> Children at the expected level of development will: <ul style="list-style-type: none"> <li>• <b>Negotiate space and obstacles safely, with consideration for themselves and others;</b></li> <li>• <b>Demonstrate strength, balance and coordination when playing;</b></li> <li>• <b>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</b></li> </ul>					
<b>EYFS</b> Development of Fundamental Movement Skills	Elmer	How to catch a star	Castles	Hungry Caterpillar	Mini beasts	Seaside
<b>Years 1 &amp; 2</b>  FMS – Fundamental Movement Skills	FMS - Underarm throw  FMS - Lost and Found	Dance – Fire Fire  FMS & Gym – Jack and the Beanstalk	FMS - Supertato  Gymnastic Activities	Dance – Toystory  FMS - Zog	Athletics  FMS - Catching & bouncing a ball	Dance – Robots  Games – Piggy in the middle

<p><b>Years 3 &amp; 4</b> FMS – Fundamental Movement Skills</p>	<p>Target games – Dodgeball</p> <p>FMS catch up – Catching and bouncing</p>	<p>Dance – Rock and roll</p> <p>FMS catch up – Overarm throw</p>	<p>FMS catch up – Rolling a ball</p> <p>Gymnastics</p>	<p>Target games – Boccia</p> <p>FMS catch up – Underarm throw</p>	<p>FMS catch up – Playground games in the 20th Century Games – Net and wall</p>	<p>Athletic activities</p> <p>FMS catch up – Bounce a ball</p>
<p><b>Years 5 &amp; 6</b>  OAA = Outdoor and Adventurous Activities</p>	<p>Invasion games</p>	<p>Gymnastics Hockey skills</p>	<p>Gymnastics/netball</p>	<p>Dance-The Highway Man/ Rugby skills</p>	<p>Net and wall Tennis/OAA</p>	<p>Striking and Fielding Games/Athletics</p>

2022-23 Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p><b>EYFS</b></p>	<p>Early Learning Goal: <b>Gross Motor Skills</b></p> <p>Children at the expected level of development will:</p> <ul style="list-style-type: none"> <li>• <b>Negotiate space and obstacles safely, with consideration for themselves and others;</b></li> <li>• <b>Demonstrate strength, balance and coordination when playing;</b></li> <li>• <b>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</b></li> </ul>					
<p><b>EYFS</b> Development of Fundamental Movement Skills</p>	Elmer	How to catch a star	Castles	Hungry Caterpillar	Mini beasts	Seaside
<p><b>Years 1 &amp; 2</b> FMS – Fundamental Movement Skills</p>	<p>Dance – Moving along FMS – Catching &amp; bouncing a ball</p>	<p>Dance – Three little pigs Gymnastics</p>	<p>Dance – Explorers FMS – Overarm throw</p>	<p>Gymnastics FMS – Bounce ball</p>	<p>Athletics Games – Net &amp; wall</p>	<p>Dance – Seaside Games – Striking &amp; fielding</p>

<p>Years 3 &amp; 4 OAA = Outdoor and Adventurous Activities</p>	<p>Creative games – Tag and target  Gymnastics</p>	<p>Dance – Ironman  Invasion games - handball</p>	<p>Gymnastics  Invasion games - netball</p>	<p>Striking and fielding – cricket  OAA – Trust and trails</p>	<p>Striking and fielding games – rounders  Dance – Sparks might fly</p>	<p>Athletics activities  OAA – Team work and problem solving</p>
<p>Years 5 &amp; 6</p>	<p>Striking and fielding games – rounders  Striking and fielding games - cricket</p>	<p>Gymnastic activities  Orienteering</p>	<p>Gymnastic activities  Creative games</p>	<p>Dance – Earthlings  Badminton</p>	<p>Athletics  OAA - teambuilding</p>	<p>Dance – seaside  Net and wall tennis</p>