

INSKIP ST. PETER'S C.E. PRIMARY SCHOOL
Learning, Loving and Living with Jesus



Keep your roots deep in Jesus Christ the Lord, build your lives on him
 and always be thankful. *Colossians 2:7*

Compassion Friendship Respect Forgiveness Trust Thankfulness

Physical Education Learning Overview
 2022-23 Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Early Learning Goal: Gross Motor Skills Children at the expected level of development will: <ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others; • Demonstrate strength, balance and coordination when playing; • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. 					
EYFS Development of Fundamental Movement Skills	Elmer	How to catch a star	Castles	Hungry Caterpillar	Mini beasts	Seaside
Years 1 & 2 FMS – Fundamental Movement Skills	Dance – Moving along FMS – Catching & bouncing a ball	Dance – Three little pigs Gymnastics	Dance – Explorers FMS – Overarm throw	Gymnastics FMS – Bounce ball	Athletics Games – Net & wall	Dance – Seaside Games – Striking & fielding
Years 3 & 4	Creative games – Tag and target Gymnastics	Dance – Ironman Invasion games - handball	Gymnastics Invasion games - netball	Striking and fielding – cricket	Striking and fielding games – rounders	Athletics activities

OAA = Outdoor and Adventurous Activities				OAA – Trust and trails	Dance – Sparks might fly	OAA – Team work and problem solving
Years 5 & 6	Striking and fielding games – rounders Striking and fielding games - cricket	Gymnastic activities Orienteering	Gymnastic activities Creative games	Dance – Earthlings Badminton	Athletics OAA - teambuilding	Dance – seaside Net and wall tennis

2021-22 Cycle A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<p>Early Learning Goal: Gross Motor Skills</p> <p>Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others; • Demonstrate strength, balance and coordination when playing; • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. 					
EYFS Development of Fundamental Movement Skills	Elmer	How to catch a star	Castles	Hungry Caterpillar	Mini beasts	Seaside
Years 1 & 2	FMS - Underarm throw	Dance – Fire Fire	FMS - Supertato	Dance – Toystory	Athletics	Dance – Robots

FMS – Fundamental Movement Skills	FMS - Lost and Found	FMS & Gym – Jack and the Beanstalk	Gymnastic Activities	FMS - Zog	FMS - Catching & bouncing a ball	Games – Piggy in the middle
Years 3 & 4 FMS – Fundamental Movement Skills	Target games – Dodgeball FMS catch up – Catching and bouncing	Dance – Rock and roll FMS catch up – Overarm throw	FMS catch up – Rolling a ball Gymnastics	Target games – Boccia FMS catch up – Underarm throw	FMS catch up – Playground games in the 20th Century Games – Net and wall	Athletic activities FMS catch up – Bounce a ball
Years 5 & 6 OAA = Outdoor and Adventurous Activities	Invasion games	Gymnastics Hockey skills	Gymnastics/netball	Dance-The Highway Man/ Rugby skills	Net and wall Tennis/OAA	Striking and Fielding Games/Athletics