

**INSKIP ST. PETER'S C.E. PRIMARY SCHOOL**  
*Learning, Loving and Living with Jesus*



Keep your roots deep in Jesus Christ the Lord, build your lives on him  
 and always be thankful. *Colossians 2:7*

**Compassion Friendship Respect Forgiveness Trust Thankfulness**

**PSHE Learning Overview 2021-22 Cycle A**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	<p>Early Learning Goal: <b>Self-Regulation</b>                      Children at the expected level of development will:</p> <ul style="list-style-type: none"> <li>• <b>Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;</b></li> <li>• <b>Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;</b></li> <li>• <b>Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</b></li> </ul> <p>Early Learning Goal: <b>Managing Self</b>                      Children at the expected level of development will:</p> <ul style="list-style-type: none"> <li>• <b>Be confident to try new activities and show independence, resilience and perseverance in the face of challenge;</b></li> <li>• <b>Explain the reasons for rules, know right from wrong and try to behave accordingly;</b></li> <li>• <b>Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</b></li> </ul> <p>Early Learning Goal: <b>Building Relationships</b>                      Children at the expected level of development will:</p> <ul style="list-style-type: none"> <li>• <b>Work and play cooperatively and take turns with others;</b></li> <li>• <b>Form positive attachments to adults and friendships with peers;</b></li> <li>• <b>Show sensitivity to their own and to others' needs.</b></li> </ul>					
<b>Years 1 &amp; 2</b>	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?

Years 3 & 4	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Years 5 & 6	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?		
Year 5					How can drugs common to everyday life affect health?	What jobs would we like?
Year 6					What will change as we become more independent? How do friendships change as we grow?	

### PSHE Learning Overview 2022-23 Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	<p>Early Learning Goal: <b>Self-Regulation</b> Children at the expected level of development will:</p> <ul style="list-style-type: none"> <li>• <b>Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;</b></li> <li>• <b>Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;</b></li> <li>• <b>Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</b></li> </ul> <p>Early Learning Goal: <b>Managing Self</b> Children at the expected level of development will:</p> <ul style="list-style-type: none"> <li>• <b>Be confident to try new activities and show independence, resilience and perseverance in the face of challenge;</b></li> <li>• <b>Explain the reasons for rules, know right from wrong and try to behave accordingly;</b></li> <li>• <b>Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</b></li> </ul> <p>Early Learning Goal: <b>Building Relationships</b> Children at the expected level of development will:</p> <ul style="list-style-type: none"> <li>• <b>Work and play cooperatively and take turns with others;</b></li> </ul>					

	<ul style="list-style-type: none"> <li>• Form positive attachments to adults and friendships with peers;</li> <li>• Show sensitivity to their own and to others' needs.</li> </ul>					
Years 1 & 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Years 3 & 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Years 5 & 6	How can we keep healthy as we grow?		How can the media influence people?			
Year 5					How can drugs common to everyday life affect health?	What jobs would we like?
Year 6					What will change as we become more independent? How do friendships change as we grow?	

**PSHE learning key:**

<b>Relationships</b>	<b>Health and wellbeing</b>	<b>Living in the wider world</b>
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