

INSKIP ST. PETER'S C.E. PRIMARY SCHOOL
Learning, Loving and Living with Jesus



Keep your roots deep in Jesus Christ the Lord, build your lives on him
 and always be thankful. *Colossians 2:7*

Compassion Friendship Respect Forgiveness Trust Thankfulness

Our **PSHE** Progression Map

EYFS	<p>Early Learning Goal: Self-Regulation Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; • Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. <p>Early Learning Goal: Managing Self Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; • Explain the reasons for rules, know right from wrong and try to behave accordingly; • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. <p>Early Learning Goal: Building Relationships Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Work and play cooperatively and take turns with others; • Form positive attachments to adults and friendships with peers; • Show sensitivity to their own and to others' needs.
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	Years 1 and 2	Years 3 and 4	Years 5 and 6
Relationships	<ul style="list-style-type: none"> • Ourselves and others; similarities and differences; individuality; our bodies 	<ul style="list-style-type: none"> • Friendship; making positive friendships, managing loneliness, dealing with arguments 	<ul style="list-style-type: none"> • Friendships; relationships; becoming independent; online safety

	<ul style="list-style-type: none"> • Ourselves and others; people who care for us; groups we belong to; families • Friendship; feeling lonely; managing arguments • Behaviour; bullying; words and actions; respect for others 	<ul style="list-style-type: none"> • Families; family life; caring for each other • Respect for self and others; courteous behaviour; safety; human rights 	<ul style="list-style-type: none"> • Different relationships, changing and growing, adulthood, independence, moving to secondary school
Health and wellbeing	<ul style="list-style-type: none"> • Being healthy; hygiene; medicines; people who help us with health • Keeping safe; people who help us • Keeping safe; recognising risk; rules • Being healthy: eating, drinking, playing and sleeping • Feelings; mood; times of change; loss and bereavement; growing up 	<ul style="list-style-type: none"> • Keeping safe; at home and school; our bodies; hygiene; medicines and household products • Being healthy: eating well, dental care • Being healthy: keeping active, taking rest • Self-esteem: self-worth; personal qualities; goal setting; managing set backs • Feelings and emotion; expression of feelings; behaviour • Growing and changing; puberty • Keeping safe; out and about; recognising and managing risk 	<ul style="list-style-type: none"> • Identity; personal attributes and qualities; similarities and differences; individuality; stereotypes • Basic first aid, accidents, dealing with emergencies • Drugs, alcohol and tobacco; healthy habits • Careers; aspirations; role models; the future • Looking after ourselves; growing up; becoming independent; taking more responsibility

Living in the Wider World	<ul style="list-style-type: none">• Money; making choices; needs and wants• Ourselves and others; the world around us; caring for others; growing and changing• People and jobs; money; role of the internet	<ul style="list-style-type: none">• Community; belonging to groups; similarities and differences; respect for others• Caring for others; the environment; people and animals; shared responsibilities; making choices and decisions	<ul style="list-style-type: none">• Money; making decisions; spending and saving• Media literacy and digital resilience; influences and decision-making; online safety
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