

INSKIP ST. PETER'S C.E. PRIMARY SCHOOL

Learning, Loving and Living with Jesus



Keep your roots deep in Jesus Christ the Lord, build your lives on him
and always be thankful. *Colossians 2:7*

Compassion Friendship Respect Forgiveness Trust Truthfulness

Upper School (Years 5 and 6) Relationships and Sex Education Curriculum

Key question:	Topic	In this unit of work, pupils learn...
How can friends communicate safely?	Friendships; relationships; becoming independent; online safety	<ul style="list-style-type: none">• about the different types of relationships people have in their lives• how friends and family communicate together; how the internet and social media can be used positively• how knowing someone online differs from knowing someone face-to-face• how to recognise risk in relation to friendships and keeping safe• about the types of content (including images) that is safe to share online; ways of seeking and giving consent before images or personal information is shared with friends or family• how to respond if a friendship is making them feel worried, unsafe or uncomfortable• how to ask for help or advice and respond to pressure, inappropriate contact or concerns about personal safety

What will change as we become more independent?	Different relationships, changing and growing, adulthood, independence, moving to secondary school	<ul style="list-style-type: none">• that people have different kinds of relationships in their lives, including romantic or intimate relationships• that people who are attracted to and love each other can be of any gender, ethnicity or faith; the way couples care for one another• that adults can choose to be part of a committed relationship or not, including marriage or civil partnership• that marriage should be wanted equally by both people and that forcing someone to marry against their will is a crime• how puberty relates to growing from childhood to adulthood• about the reproductive organs and process - how babies are conceived and born and how they need to be cared for• how growing up and becoming more independent comes with increased opportunities and responsibilities• how friendships may change as they grow and how to manage this• how to manage change, including moving to secondary school; how to ask for support or where to seek further information and advice regarding growing up and changing
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